



GlobalCommUnity

TRAVEL UNTIL NO ONE IS FOREIGN



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Sample Global CommUnity Portugal Itinerary

May 15, 2021 - May 25, 2021

\$22,678

Portugal is one of Europe's most picturesque countries – colorful landscapes bursting with bougainvillea, stunning coastal cliffs, golden beaches, beautiful rivers, and remarkable historic architecture. There is a warm and creative energy here that is brought to life by the hospitality and welcoming spirit of the people, the love of design and culinary arts, and the obvious zest for outdoor adventure.

Each of our itineraries has unique offerings allowing for cultural engagement and community engagement. Here are some of the things that will make your trip to Portugal special.

Trip Summary

May 15 - Saturday

Why Travel with Global CommUnity?

Bon Voyage Letter: Join the Story of Portugal

Portugal: A Few Things To Know Before You Go - Portugal - Know Before You Go -6.2021.pdf, Portugal Conversation Cards.pdf

Welcome to Portugal!

Check in at Martinhal Chiado Family & Hotel Resort - Martinhal Chiado Family & Hotel Resort

2:30 PM Private Introduction to Lisbon Tuk-Tuk Tour

Dinner on the Town

May 16 - Sunday

9:00 AM Private Essential Lisbon Tour for Families

3:00 PM Traditional Pastel de Nata Cooking Class in a Bakery in Mafra

Dinner on you own

May 17 - Monday

Breakfast

Experience the Grandeur of Portugal in this Private Excursion to Sintra

6:00 PM Dinner

May 18 - Tuesday

Good Morning off to Alentejo!

Check in at São Lourenço do Barrocal - São Lourenço do Barrocal

Your 3-bedroom Cottage

Embracing a Slower Way of Living

Why We Love São Lourenço do Barrocal

May 19 - Wednesday

10:00 AM Private Cork and Castle Tour

May 20 - Thursday

Alentejo-Algarve

Check in at Vila Monte Farm House - Vila Monte Farm House

5:00 PM Family Pizza Class!

May 21 - Friday

9:00 AM Private Sailing Excursion: Is anyone here a marine biologist?

6:00 PM Dinner Tonight Sharing the Dinner Table

May 22 - Saturday

9:00 AM Local Family Farm Experience

5:00 PM Family Picnic on the Beach

May 23 - Sunday

9:00 AM CommUnity Impact: Private Cacela Velha Experience

6:00 PM Dinner

May 24 - Monday

Return to Lisbon

Optional Activities

Dinner on the Town

May 25 - Tuesday

Homeward Bound



Why Travel with Global CommUnity?

Global CommUnity is a thoughtful travel company created to help families map out and plan explorations around the world. Our mission is to create a Global CommUnity, first by fostering meaningful connections among family members, and then by engaging families with other cultures, all while leaving a positive footprint at home and abroad.

As you travel we introduce our to the must-see highlights at every destination, as well, as help you take a deeper look at culture and plan fun activities that align with your family's interests. We are looking forward to exploring together. We hope travel will; Open our hearts and minds to others, creating empathy; Give us insight on how others problem solve, sparking innovation; Create shared experiences, fostering community and life-long family memories.

Let's Travel No One Is Foreign!



Bon Voyage Letter: Join the Story of Portugal

Welcome to your Portuguese family adventure! We've crafted your upcoming trip to Portugal to be purposeful, highly engaging, and educational based on your family's interests and ages. Recognizing that vacation anticipation is a critical part of the travel experience, we also want to take a few moments to review the **pre-engagement materials** we sent to your home, also linked below, to better acquaint you with this lovely nation, abundant in spectacular beaches, world-renowned cuisine, and historic cities.

We want you to feel prepared for your experiences in Portugal and ready to engage with locals. After all, Portugal has been ranked by Expat Insider as the number one friendliest country in the world. So, spend some time practicing your Portuguese and exploring this nation's rich cultural heritage. With this knowledge, you'll pave the way for a more rewarding, captivating journey.

At Global CommUnity, we remain committed to reframing your family travel experiences so that you and your kids cultivate a truly global perspective. One way that we achieve this is through curated **CommUnity Impact experiences**. These experiences provide an inside look at what's being done in the country to renew social, ecological, economic, and cultural resources. These immersive, unique opportunities to interact with locals allow for the free exchange of ideas, customs, and problem-solving techniques. All within the context of mutual respect and camaraderie. And you'll be amazed by what you learn about local traditions and beliefs in the process.

In your itinerary, we've designed space to delve into the Portuguese experience, past and present, from Ancient Rome to the Age of Exploration and beyond. What will you come away with? A full measure of this charming nation's character and a better understanding of what it historically meant to be Portuguese and what it means today.

Wishing you safe travels!

Christie and the Global CommUnity Team



Portugal: A Few Things To Know Before You Go

In order to help you make the most of your trip to Portugal, **here are some tips and tricks you should know before you go. (See Document Attached)**

We have included a few fun links to enhance your knowledge of Portugal:

1. **Spotify Playlist of Traditional Fado Portuguese Music** **Fado music** is a form of **Portuguese** singing that is often associated with pubs, cafés, and restaurants. This **music** genre officially originated in **Portugal** around the 1820s, though it is thought to have much earlier origins. **Fado** is known to be expressive and profoundly melancholic.

2. **Global CommUnity Conversation Cards (Attached)** At Global CommUnity, we believe travel represents a powerful agent for positive change. We remain committed to connecting children and adults to the people and places they visit through authentic, culturally immersive engagement and meaningful experiences. That's why we've created this supplemental deck of cards to add to the game *How Do You See the World?*

We designed this deck to complement your trip to Portugal, from pre-engagement to post-trip reflection. Like the larger *How Do You See the World?* game, they contain questions to inspire reflection and focus on relationships, aspirations, life's purpose, and beliefs. All through the lens of your family vacation to Portugal.

We hope these cards will lead to many meaningful interactions before, during, and after your visit to Portugal. *Let's Travel Until No One is Foreign.*

3. **Paulina from Portugal Storybook** For our guests under the age of 12 we have designed a hand-made doll and storybook for each destination. These are mailed to the family before they travel. We have a picture of Paulina and a link to a digital copy of the storybook [Link found here](#) incase you want to read while you travel.

4. For our travelers we have taken the time to create a very special brochure for each of our destinations. In this brochure you will find a map, a timeline of the country and other unique details of history and modern culture that will help you become more acquainted with the culture before you travel. We think your whole family will enjoy taking a few minutes to have a look. [Link to our custom brochure found here.](#)



Welcome to Portugal!

Private Transfer to Hotel. Upon arrival at the Lisbon Airport, please collect your luggage and make your way into the Arrivals Hall, where the driver will be waiting for you with a sign saying your name. Enjoy a leisurely ride to your hotel.



Check in at Martinhal Chiado Family & Hotel Resort

Check-in to your spacious two-bedroom apartment for your stay in Lisbon. We have requested an early check-in.

These spacious two bedroom apartments comprise of one double room with en-suite bathroom (with shower), one kids room with 2 bunk beds (sleeps 4 children), living room, kitchen and 1 bathroom with bath. The kitchen is complete with a stove, dishwasher, washer-dryer, fridge and basic crockery, cutlery and pans.

AREA: over 78 sqm (839 sq ft) These spacious two bedroom design apartments comprise of one double room with en-suite bathroom (with shower), one kids room with 2 bunkbeds (sleeps 4 children), living room, fully equipped kitchen and 1 bathroom with bath.

Dining

At Martinhal, all restaurants are family friendly with a range of dishes on offer for little guests.



Martinhal Chiado Family & Hotel Resort

Rue Das Flores 44, Lisboa, Lisboa, PT, 1200



2:30 PM - Western European Summer Time - 1 hr 30 min

Private Introduction to Lisbon Tuk-Tuk Tour

Get to know one of Lisbon's most whimsical neighborhoods in an exciting tour today with your expert guide – via tuk-tuk! You'll be exploring the streets and alleyways of majestic Lisbon, bringing to life an ancient city full of legends, history, and lore. The tour will last 2 hours.

Pass through some of Lisbon's oldest neighborhoods, learning about each area as you stop in these historical quarters of the city. Discover what makes Lisbon the city it is today, from rich culinary traditions to current events in Portugal.

You'll zoom through Alfama, the most traditional and oldest neighborhood of Lisbon composed of a maze of narrow streets, alleyways, and steep flights of stairs. It's the birthplace of Fado, a traditional music of Lisbon classified as World Cultural Heritage by UNESCO.

You will visit the famous Barrio Alto neighborhood, one of the most picturesque districts of Lisbon where the coexistence of the old and young create a unique and lively atmosphere. This is also reflected in the local businesses, as you'll find small shops, designers' ateliers, and tattoos parlors all nestled together. Bairro Alto is also famous for its many restaurants, bars, and nightlife.

You will also visit the Belem area.

After the tour you will have free time to enjoy dinner at your own. We can recommend a nice place for your family.



Dinner on the Town

Family friendly restaurant suggestions within walking distance will be included in the final program. We would be happy to make dinner reservations.

May 16 - Sunday



9:00 AM - 3 hr

Private Essential Lisbon Tour for Families

Set out on a discovery adventure with your family this morning, starting in the Baixa neighborhood with your expert guide! **You'll be exploring the oldest parts of Portugal's capital city for a morning filled with legends, tales, and more!**

We will introduce you to the most important sights of the city center and invite you to discover some hidden treasures. In a fun way you and your kids will get to know the neighborhoods of Baixa, Ribeira, Bica, Bairro Alto and Chiado, some of the fascinating stories that are being told about Lisbon and its inhabitants (the 'alfacinhas'), the most important symbols of the city, the main events in our history and much more.

Get lost in the maze of narrow alleys and discover some important historical buildings, such as the Sé Cathedral, the National Pantheon, and Saint Anthony's Church, all while discovering hidden clues and learning about the history of Lisbon in a fun and unique way!

This tour includes a ride on a traditional yellow tram!



3:00 PM - 2 hr

Traditional Pastel de Nata Cooking Class in a Bakery in Mafra

Ready for some baking fun this afternoon? We are going to join João in his bakery in Mafra for some hands-on fun!

Meet João

João is a fifth generation baker who grew up inside the food business. Born and raised in the countryside outside of Lisbon, João grew up inside the restaurant and then bakery that his parents ran. He first started baking seriously at the age of 13 with his family, and then went on to study hospitality and hotel management. Following in the footsteps of his parents, who are about to open their third bakery and have won awards for their Pão de Mafra, a traditional Portuguese bread, João recently opened his own bakery that specializes in pastel de nata. Pastel de nata is an iconic Portuguese egg tart dessert famous in Lisbon and beyond. Join João in his bakery where he will share the secrets of how to make incredible pastel de nata from scratch.

The Experience

Your traditional pastel de nata cooking class will begin at João's bakery near Lisbon, in the historical area of Mafra. Gather in the bakery at a group table where you will enjoy a tasting of Portuguese sweets as João introduces the iconic pastel de nata. Then get dressed, donning an apron and hair net, and enter into the bakeries production area where your pastel de nata cooking class will begin. First, learn to make the puff pastry that is the base of this rich and delectable dessert. João will lead the puff pastry making process but you will also participate and be able to try some of the essential steps. Then learn to make the pastel de nata custard, at the heart of this traditional dessert. This will be a collaborative effort with the custard being made jointly in one large cooking pot. After the custard is made, receive your own molds and learn how to shape the dough and fill the molds with your custard before they are baked. Each person will have the opportunity to make three of these bite-sized desserts. João will teach you what to look for while the tarts are baking in the oven as you learn more about the history of the dessert. As you allow the tarts to cool, go back to the café to enjoy a coffee or a traditional Portuguese sour cherry liqueur, ginjinha. Then enjoy your perfect pastel de nata together! Recipes will be provided after the class so you can recreate these desserts at home.



Dinner on you own

We would be happy to make some restaurant recommendations that would best suit your family's tastes and make those reservations for you.

May 17 - Monday



Breakfast

Breakfast is included each morning for your family. Enjoy your first meal of the day before you head out on your next adventure!



Experience the Grandeur of Portugal in this Private Excursion to Sintra

Mom and day, your family will enjoy a day away from the hustle and bustle of Lisbon on a visit to nearby sites of natural and architectural beauty. You'll be met in your hotel lobby by your driver and personal guide to begin this full-day, private tour to Sintra, a short drive away.

Enter the beautiful Pena Palace first thing in the morning, as royalty should, before the rush of the crowds. Exploring this unique building will leave you feeling like royalty as you wander through grand ballrooms and quiet quarters. Find a moment to take your gaze away from flamboyant decoration to take in the breathtaking views of the surrounding landscapes, including the ruins of a Moorish castle.

*The word **Moorish** refers to the culture of the Muslim people who dominated the Iberian Peninsula, today's Spain and **Portugal**, between the eighth and the fifteenth centuries. The **Moorish** period in **Portugal** lasted until the twelfth century when the Arabs were expelled by the Catholic armies. [Learn more here.](#)*

Afterward, enjoy a short walk through the whimsical and lush Sintra-Cascais Natural Park.

Next, you'll explore the charming, medieval village of Sintra, taking in the local shops and perhaps tasting a few products made in the region! You'll then have free time for lunch in the village.

After lunch, you'll head to the great cliffs at Cabo da Roca, which is the westernmost point of continental Europe. Enjoy the breathtaking views over the Atlantic before heading back to Lisbon. On the way, you'll make a detour stop at Guincho Beach and the charming maritime village of Cascais.

After your fun day visiting these lovely towns, you will be taken back to Lisbon to spend your final evening there.



6:00 PM

Dinner

Dinner at your hotel tonight

May 18 - Tuesday



Good Morning off to Alentejo!

Please meet your driver at the hotel lobby for a private transfer to Alentejo. The drive will take 2 hours approximately.



Check in at São Lourenço do Barrocal

Please check in at 5* São Lourenço do Barrocal Hotel, 3-bedroom barn cottage reserved for 2 nights, including breakfast, services, and tax.

Tucked away in the foothills of the medieval village of Monsaraz, close to Lake Alqueva, is where you can find São Lourenço, a 200-year-old farming estate that has been transformed into one of Portugal's top luxury hotels, awarded for its authenticity and hospitality.

Surrounded by countryside and with everything you could need onsite (including a winery), the hotel features both hotel-style rooms and separate cottages so guests can truly get away from it all and experience country living. From horseback riding to family treasure hunts, wine tastings and romantic picnics, the only disadvantage to São Lourenço is having to leave.

Have a little adventure of your own and enjoy a one hour ride through the estate in our horse-drawn carriage. Fit for the countryside terrain, it will take you and the kids to some of the most beautiful locations of São Lourenço do Barrocal. Be on the look-out for birds, hares and cows!



São Lourenço do Barrocal

Monsaraz, Évora, 7200-177



Your 3-bedroom Cottage

Delight in the amplexness of this cottage, where you and your family can have dinner and enjoy the comfort of its three bedrooms. Enter a contemporary space, imbued with stories about its agricultural past – once large barns, horse stables and cowsheds, these cottages mirror even today the latitude necessary to the farm work; appreciate the beauty of huge arches and high ceilings while gathering your family at the communal table.

- Sleeps 6
- Cots can be provided for children under 4

Single or two-storey, these cottages have large areas (185 to 220 sq. m.), and unique features for hosting families or groups of friends. They give access to an outdoor patio (30 to 85 sq. m.), offering views to the countryside and to life unfolding in the 'monte'. They comprise bathrooms with shower cabin or bathtub and underfloor heating, a spacious living room with sofas, television and coffee table, a fully equipped kitchen with Gaggenau and Smeg appliances and a dining area with a table for 6 people.

Inclusions

- Farm breakfast for six guests (with local artisanal bread and other selected foods), if taken in the restaurant
- Spa (relaxation room, dry saunas, cedar hot bath and studio)

- Outdoor swimming pools (Spring/Summer)
- Free classical bicycles for cycling through the 'monte'
- Children's facilities (playroom) and treasure hunt
- Walks around the estate (including working farm)
- Full access to all gardens, including organic vegetable garden, at all times



Embracing a Slower Way of Living

Mom and dad may enjoy the wine tasting and learning about the vineyard's conversion to organic production, while the kids will have an opportunity to learn about gardening and orchard care. But above all else, everyone is invited to slow down and experience a different way of living, freedom from time and let lose to roam unencumbered in nature.

Not only are there special activities we can arrange for your family onsite, there is a little something for everyone.

- Picnic baskets and scenic walks
- Guided tours to the organic winery and wine tasting
- Horse riding and lessons with Lusitano horses (suitable for children and adults)
- Fishing
- Boat tours on Lake Alqueva
- Custom bike tours around the region
- Archeological guided visits
- Pottery workshops
- Stargazing
- Birding
- Hot air balloon rides
- Balance and pilates classes



Why We Love São Lourenço do Barrocal

Welcome to a whole new way of life at São Lourenço do Barrocal.

Discover our megalithic heritage, important heritage sites which can be found inside the estate or in the local area, working as aide-memoirs for ancient times. For a true journey through the ages, join Manuel Calado, one of the most relevant Portuguese archaeologists, in a conversation about the incredible history of these pre-historic monuments and the rich heritage of this landscape.

And what about wine and olive oil?

Have you ever thought of how wine and olive oil have come about in this region? Think of the Phoenicians and of the Romans and their amphorae! Manuel Calado will tell you stories about these centuries-old agricultural productions, after which our resident oenologist will introduce you to our winery and offer you a tasting of our wines and olive oil.

Self-sustaining pioneering spirit since 1820

São Lourenço do Barrocal wines are made with extreme care from grapes produced on the estate and harvested by hand, following an organic production method*. These are high-quality wines, which continue a cycle of self-sustainability, present in this agricultural property since its foundation in 1820, and which represent the innovative impulse of its founder, Manuel Mendes Papança, whose efforts led to the creation of the wine community of Monsaraz and the region as a demarcated winemaking area.

Manual, natural production, with its own identity

The creation of products of excellent quality has an unequivocal origin in the manual detail with which we approach all the stages of the process of making our wines, in a closed cycle taking place entirely inside the estate. Each plot of the vineyard is worked individually, with greater optimisation of resources, the vast majority of plots being watered only by the action of the few drops of rain of the Alentejo. The grapes suffer less during harvesting and selection, both handmade with meticulousness. The contemporary and fresh profile of the wines demonstrates the preservation of the identity of the Alentejo vineyards and the unique terroir of Monsaraz, where foreign varieties also thrive, as well as the balance that can only be obtained by natural processes, which privilege acidity and the non-presence of additives.



May 19 - Wednesday



10:00 AM - 2 hr

Private Cork and Castle Tour

Meet your knowledge guide as you will be venturing deep into a cork forest where you learn everything there is to know about this fascinating material; you will be able to find out how cork is grown and harvested, while your guide explains to you the many uses of this diverse wonder!

We propose with this experience to introduce you to this wealth of Alentejo, with a private visit, accompanied by a guide specialized in biology that will show you a cork processing factory and show you the natural environment (montado) characteristic of the Alentejo in one of the most beautiful Portuguese views high above the amazing castle of Évora Monte.

Enjoy the rest of the day at your gorgeous hotel.



May 20 - Thursday



Alentejo-Algarve

Please meet your driver at the hotel lobby for a private transfer to Algarve. The drive will take 3 hours approximately.



Check in at Vila Monte Farm House

Check in at the 5* Vila Monte Farmhouse Hotel. Welcome to a classically timeless atmosphere of the traditional Portuguese farmhouse, where simplicity, authenticity, and the natural spirit reign. This renovated homestead offers tranquil gardens, outdoor swimming pools, and local cuisine created with fresh herbs and fruits from the hotel's own orchard. The hotel is nestled in a typical orange grove, and you'll find Fuseta Beach just 10 minutes away by car. Enjoy an exquisite lunch fresh from the wood oven, curl up with a book in the evening at the onsite library, or take advantage of the hotel's daily activities, including fishing excursions, bike rides, and more. You'll have a family suite reserved for 3 nights, including breakfast, services, and tax. City tax not included.

The epitome of the classic FARM HOUSE: a timeless simplicity, a local, genuine atmosphere and a BOHO- CHIC spirit. A reinterpretation of the Algarve lifestyle, with the perfect integration of its emblematic elements.

Your family suite, a bright suite, where all the details were designed so that one can enjoy a rural but refined Algarve. Enjoy the terrace at the back of the suite to get away from it all or watch the slow passage of time in the front patio, overlooking the Laranjal. This space, specially designed for families, has an outside entrance, independent from the rest of the building - which makes this accommodation a more exclusive space - and gives access to the two bedrooms, one with double bed while the other has two single beds.

A place that combines the features needed for a family holiday – with games, crayons and other surprises for children – with the architecture and design that are the postcard of the Suite Collection – bright and clean rooms with white walls and floors with Algarvian tiles that help the natural air conditioning, which refer to the region's traditional traditions, from wooden lanterns to the frameworks.

Here, from the moment you enter the Family Corner Suite, you breathe the Algarve. Take the opportunity to deepen ties and create memories that will last in time. And because your well-being is the most important thing for us, we offer you a babysitting service, for a special rate.





Vila Monte Farm House

Sítio dos Calicos, Moncarapacho, Algarve, PT, 8700-069
+351 289 790 790



5:00 PM - Western European Summer Time - 1 hr 30 min

Family Pizza Class!

Later meet the hotel chef for a hands-on pizza cooking class with Chef. The traditional wood oven and the Josper grill are the main “players” in this fornaria. Here you will find pizzas, bruschettas and various roasts prepared in old, traditional ways.



May 21 - Friday



9:00 AM - 4 hr

Private Sailing Excursion: Is anyone here a marine biologist?

Spend the day on the ocean helping to command your own sailing vessel while you learn about the amazing life that lives under the sea!

Your guide will meet you in the hotel lobby to take you on a lovely 4-hour sailing excursion. Your English-speaking skipper has a vast knowledge of the Portuguese waters, as well as a great sense of fun and adventure! He'll take you to the hidden treasures of the Algarve coastline, many of which are only accessible by water.

During this hands-on sailing charter, your skipper will assign roles and responsibilities to each family member as you head out to sea. You will pass a tuna breeding site while you learn about the breeding process, as well as a mussel farm, where you will learn all about their production process. On your journey, you may have the chance to see sea turtles, dolphins and a variety of fish species.

Admire the varied landscape of the southern coast of Portugal, as you will be taken to explore the most beautiful caves and rock formations of the region. You'll also have the opportunity to observe the marine biodiversity along the Algarve when you jump in for a swim! Don't be surprised if you're joined by some of the local dolphins that call the Algarve home.

At the end, toast to the successful expedition with champagne or "special drink" just for the kids!



6:00 PM

Dinner Tonight Sharing the Dinner Table

Enjoy the amazing restaurants at the hotel, inspired in nature's products, based on homemade, delicious, healthy and rustic food. Based on the concept of sharing, it includes a continuous all-day service and uses many local ingredients such as olive oil, "flor de sal" (pure salt), figs, carobs, oranges, mushrooms, eggplants, tomatoes, coriander and others alike.

May 22 - Saturday



9:00 AM - 4 hr 30 min

Local Family Farm Experience

Meet your local driver at the hotel lobby for a day out in a local farm.

Did you know more than 90% of agricultural activities in Portugal are family based? Today you will spend a day on a local farm learning all about farm life in Portugal.

Monte das Farrobas is a rural space with a personalized welcome and whose philosophy is based on the most genuine traditions, culture and history of the region. It is a Pedagogical* Farm is a playful space for children, young people and families who wish to spend a day in the countryside, in contact with nature and farm animals, participating in daily activities typical of a farm such as farming, vegetable gardens and orchards, daily tasks related to domestic animals, composting, discovering and living the bread, jam, cheese and butter routes.

Later in the day, your driver will take you back to your hotel.

Pedagogical Pedagogy, most commonly understood as the approach to teaching, is the theory and practice of learning, and how this process influences, and is influenced by, the social, political and psychological development of learners.*



5:00 PM - 2 hr 30 min

Family Picnic on the Beach

We have planned a fun surprise for your family! Courtesy of Global CommUnity we have prepared a picnic for your family to enjoy on the beach. Enjoy a sunset swim and a delicious dinner!

May 23 - Sunday



9:00 AM - 4 hr

CommUnity Impact: Private Cacela Velha Experience

Today we will tie in your family's love of fishing to the rich historical, cultural and culinary diversity of the coast while touring the lagoons of Cacela Velha by boat, and wandering the village streets by foot. This unique experience is capped off by an special family picnic of typical seafood tapas and Vinho Verde on a deserted sand island. We will time the start to our day around the tides.

During this unique CommUnity Impact experience your family will meet Justino, who grew up in the village of Cacela Velha and on the ocean, learning the traditional Portuguese fishing craft from his father.

Justino will guide you through the stories of the past and present of this tiny fishing village. You will learn why the village of Cacela Velha has shrunk down to a total of eleven local residents while tracing its history through the centuries from its founding in the 1700's, to the height of it's growth, to today.

Learn why Justino has decided to stay in Cacela Velha, choosing to fish with the same techniques passed down from his father. Discover why it is important for Portuguese culture to keep these crafts and skills alive and what you can do to help keep villages like Cacela Velha flourishing.



6:00 PM

Dinner

Dinner at your hotel tonight

May 24 - Monday



Return to Lisbon

Good morning! Enjoy your breakfast, then pack up, check out and settle any incidentals. Please drive back to Lisbon and return the car at the SIXT rental office. You can walk to your hotel. Drive should take about 2.5 hours.

Upon your return to Lisbon check into 4* Avani Avenida Liberdade Hotel. A central location and contemporary style make the Avani Liberdade a fantastic choice for visitors to Portugal's vibrant capital. The hotel is just 10 minutes from Rossio Square, and guests are welcome at the rooftop bar in the sister hotel next door, with fantastic views of the city's skyline. Guests also enjoy the Avani Liberdade's proximity to one of Lisbon's main shopping streets. You'll have a family room reserved for 1 night, including breakfast, services, and tax. City tax not included.



Optional Activities

If your family is looking for a final unique experience in Lisbon we recommend one of the following:

Bike ride along the river. This can be escorted or self-guided. Explore Lisbon at your own pace, enjoying all the freedom as you ride through the city's picturesque streets. The ideal way to go along the river side and enjoy the beautiful views.

Tagus River Sunset River Cruise - 2 hours

See Lisbon from a different perspective during a Tagus River cruise at sunset, undoubtedly the most magical time to see the city. From the boat, you can enjoy unobstructed views of Belém Tower (Torre de Belém), Lisbon Cathedral (Sé de Lisboa), Castelo de Sao Jorge (St. George's Castle), and many more Lisbon attractions and enjoy free-flowing white wine. Plus, several departure times throughout the day allows for flexibility.

Portuguese home cooking with a local Lisbon mom

Cristina is a private elementary school teacher and a loving mom who always enjoyed cooking for her family. An avid traveler, Cristina enjoys trying different foods from around the world. Cristina learned to cook from her mother, and friends in the food business who encouraged her passion for cooking. One of her favorite things to do is share food with family and friends. She lives in a quiet, residential neighborhood of Lisbon where you can also find truly local shops and cafes. Here, you will get a glimpse of how local Portuguese live, away from the tourist path.

Meet Cristina at her apartment and walk 10 minutes to the local, covered market for your market tour. This is a neighborhood market where locals shop for regional produce and seafood. Cristina will introduce you to her favored vendors where you will purchase a few ingredients for your cooking class. Your market tour will last about an hour after which you will walk back to Cristina's apartment to start your cooking class. Join Cristina for a market tour where you will pick out the food you will prepare tonight.

Using her family's traditional recipes, you will learn to cook three dishes from scratch that might include a typical Portuguese appetizer or soup, a fish or meat main dish, and a dessert. Your hands-on cooking class will last about an hour and a half before you sit down to enjoy the meal you helped prepared with Cristina.



Dinner on the Town

Family friendly restaurant suggestions within walking distance will be included in the final program. We would be happy to make dinner reservations.

May 25 - Tuesday



Homeward Bound

After your breakfast, check-out and meet your driver in the hotel lobby for your transfer to the airport.

We have enjoyed showing you the amazing country of Portugal. We hope you have enjoyed learning new things, seeing new sights and creating new, life-long, family memories with us!

We look forward to traveling with you again, *Until No One is Foreign*. Safe travels!

Information & Documents



Resources While You Travel

Sometimes the unexpected happens while you are traveling. The Global CommUnity Team is here to support you. Please feel free to use these resources as you travel.

1. You have been provided with the contact information of your daily guides. Please reach out to your guides if you are having issues with start times of your tours or need immediate assistance related to that day's activities. See your daily itinerary for these numbers.
2. In-Country contact. If any emergency arises with your schedule, or otherwise this is your first line of support. For everything from needing medical support if someone is sick to a question about local culture.
3. Your travel advisor is following your travels. Feel free to reach out for support. Remember that there will be delays in response due to time zones.



Terms and Conditions

PAYMENTS AND CANCELLATION. Global CommUnity payment policy is 30% deposit due upon booking and final payment is due 90 days prior to travel unless otherwise specified in final documentation. If final and full payment is not received by the applicable due date, reservations are subject to cancellation and deposits shall be forfeited. In some cases there is NO REFUND once a booking is made and paid for. All cancellation requests must be sent to Global CommUnity in writing. As a result of cancellation, Global CommUnity's and third-party supplier's cancellation penalties will apply, which are detailed in your travel documentation. Cancellation penalties are advised at time of booking and provided to you upon confirmation. If you have any questions, or any penalties are unclear, please contact your Global CommUnity advisor. All cancellation fees will be charged to the credit card you authorized to pay for travel services. We offer travel insurance for unforeseen circumstances.

Complete terms and conditions are available on our [website](#).