

WHAT TO INCLUDE IN YOUR CAPSULE WARDROBE

Edit your clothing to these essential pieces to fashion a minimal yet winning wardrobe.

INTRODUCED IN THE 1970s by Susie Faux, a British boutique owner, the capsule wardrobe system focuses on creating multiple outfits from a few well-made, coordinating basics. Everyone's capsule wardrobe needs will vary based on lifestyle, but here is a suggested list of items to get you started.

HIS CAPSULE PIECES

HANGING CLOTHES

- 2 sports coats: 1 dark and 1 neutral
- 2 neutral sweaters
- 2 long-sleeve shirts: 1 white and 1 dark
- 4 dress shirts: 1 pattern, 1 blue, 1 stripe, 1 white
- 3 short-sleeve shirts: 1 neutral button-down, 2 polos (include a pop of color)
- 2 dress pants: 1 dark and 1 light pair

FOLDED CLOTHES

- Sweaters
- Chinos
- Jeans
- Shorts
- T-shirts
- Workout clothes

SHOES & ACCESSORIES

- 1 pair of dress shoes
- 1 pair of sandals
- 1 pair of casual shoes
- 1 pair of workout shoes
- Ties and belts

HER CAPSULE PIECES

HANGING CLOTHES

- 3 jackets: 1 denim, 1 black, and 1 pattern
- 2-3 cardigans
- 2 long-sleeve shirts
- 5 blouses
- 4 short-sleeve shirts (include a pop of color and one with $\frac{3}{4}$ -length sleeve)
- 2 skirts: 1 black, 1 with pop of color
- 2 dress pants: 1 light, 1 dark
- 2 dresses: 1 black and 1 casual/other color
- 1 kimono-style cardigan

FOLDED CLOTHES

- Sweaters
- Jeans
- Casual pants
- Shorts
- T-shirts
- Workout clothes
- Camis

SHOES & ACCESSORIES

- 1 pair tall boots
- 1 pair flats
- 1 pair black pumps
- 1 pair open-toe heels
- 1 pair flip-flops
- 1 pair casual shoes
- 1 pair workout shoes
- Purses/clutches