

PROJECT: Flying Geese Table Runner  
Flying Geese point in all directions in this  
playful table runner.

DESIGNER: Sherri McConnell of A Quilting Life ([www.aquiltinglife.com](http://www.aquiltinglife.com))



**FABRIC:** Painter's Palette Solids  
collection from Fabri-Quilt  
([fabri-quilt.com](http://fabri-quilt.com))

## TABLE RUNNER

Finished size: 60½"×12½"

Finished block: 12" square

## MATERIALS

Yardages and cutting instructions are based on 42" of usable fabric width.

- ❑ 18×21" piece (fat quarter) each solid maroon, green, mustard, light pink, white, dark pink, taupe, and teal (blocks, binding)
- ❑ ½ yard each solid tan and aqua (blocks, binding)
- ❑ 1 yard backing fabric
- ❑ 21×69" batting

## CUT FABRICS

Cut pieces in the following order.

From *each* solid maroon, green, mustard, light pink, white, dark pink, taupe, and teal, cut:

- 10—3½" squares

From *each* solid tan and aqua, cut:

- 20—3½×6½" rectangles

From remaining scraps of solids, cut:

- Enough 2½"-wide strips to total 195" in length for binding

## ASSEMBLE FLYING GEESE UNITS

Measurements include ¼" seam allowances. Sew with right sides together unless otherwise stated.

Press seams in directions indicated by arrows on diagrams. If no direction is specified, press seam toward darker fabric.

- 1) Use a pencil to mark a diagonal line on wrong side of each solid maroon, green, mustard, light pink, white, dark pink, taupe, and teal 3½" square. (To prevent fabric from stretching as you draw lines, place 220-grit sandpaper under each square.)

- 2) Align a marked solid maroon square with one end of a solid tan 3½×6½" rectangle (**Diagram 1**; note direction of drawn line). Sew on drawn line, then trim excess, leaving ¼" seam allowance. Press open attached triangle.
- 3) In same manner, add a marked solid maroon square to opposite end of rectangle (**Diagram 1**; again note direction of drawn line). Stitch, trim, and press as before to make a maroon Flying Geese unit. The unit should be 6½×3½" including seam allowances.
- 4) Repeat steps 2 and 3 to make five maroon Flying Geese units total.
- 5) Repeat steps 2 and 3 using marked solid green, mustard, and light pink 3½" squares and remaining solid tan 3½×6½" rectangles to make five each of green, mustard, and light pink Flying Geese units.
- 6) Repeat steps 2 and 3 using marked solid white, dark pink, taupe, and teal 3½" squares and solid aqua 3½×6½" rectangles to make five each of white, dark pink, taupe, and teal Flying Geese units.

## ASSEMBLE BLOCKS

- 1) Lay out one each of maroon, green, mustard, light pink, white, dark pink, taupe, and teal Flying Geese units in two rows (**Diagram 2**; note orientation of Flying Geese units).
- 2) Sew together units in each row. Join rows to make a block. The block should be 12½" square including seam allowances.
- 3) Repeat steps 1 and 2 to make five blocks total.

## ASSEMBLE TABLE RUNNER TOP

- 1) Referring to **Table Runner Assembly Diagram**, lay out blocks in a row, rotating every other block as shown.
- 2) Sew together blocks to complete table runner top. Press seams in one direction.

## FINISH TABLE RUNNER

- 1) Layer table runner top, batting, and backing; baste.
- 2) Quilt as desired. Kaitlyn Howell machine-quilted an allover Baptist Fan design across the table runner top.
- 3) Join assorted solid 2½"-wide strips to make a 155"-long pieced binding strip. Bind table runner with pieced binding strip.

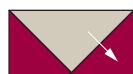
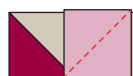
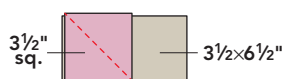


DIAGRAM 1

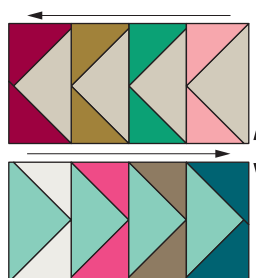


DIAGRAM 2

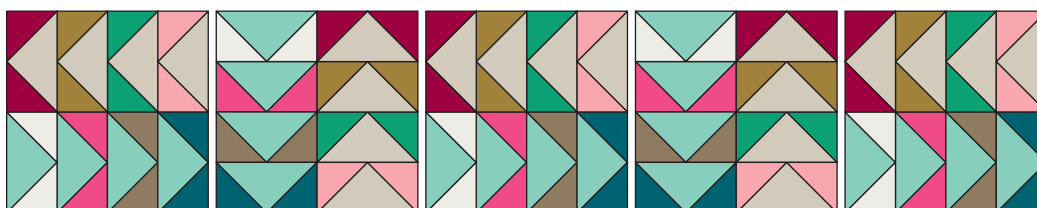


TABLE RUNNER ASSEMBLY DIAGRAM