PROJECT: Soup Bowl Cozy
Protect hands and furniture from hot soup, chili, and oatmeal with a soup bowl cozy that’s as cute as it is functional.

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FINISHED SOUP BOWL COZY:  
fits a 6"-diameter bowl

MATERIALS FOR ONE  
SOUP BOWL COZY  
Yardages and cutting instructions are based on 42" of usable fabric width.

- 2—10" squares of fabric
- 2—10" squares of batting (We used Pellon's Wrap N Zap.)
- Air- or water-soluble marking pen

Note: If you plan to place your soup bowl cozy in the microwave, only use 100% cotton fabric, batting, and thread. Anything polyester or metallic with set on fire. If you use a batting that you're unsure about, you can still use it to hold hot bowls—just don’t heat it in the microwave with the bowl. Transfer the bowl to the cozy after heating.

SIZE OPTIONS  
You can make this bowl cozy in different sizes by simply changing the size fabric and batting squares you start with, as well as the dart measurements (step 3).

- 9" squares; put darts 1" across and 2" down (snuggly fits 6"-diameter bowl)  
- 12" squares; put darts 1" across and 2⅙ " down (8"-diameter bowls)  
- 15" squares; put darts 1" across and 3" down (12"-diameter bowls)

ASSEMBLE SOUP BOWL COZY

1. Layer each fabric square on top of a batting square. Pin around the square (Photo 1).

2. Machine-quilt an X through each fabric/batting square (Photo 2).

3. Fold one fabric/batting square in half with batting side out. Using a marking tool, mark a dot one inch from the fold and two inches from the top. Draw a line between them (Photo 3).

4. Repeat Step 3 on the bottom corner of the folded square (Photo 4).

5. Sew along both drawn lines. Trim seam allowance to ⅛" to prevent bulk (Photo 5).

6. Fold the fabric/batting square in half in the opposite direction (so the sewn darts are touching each other), and mark the fold edge one inch from the fold and two inches from the top and bottom. Draw a line between them (Photo 6).

7. Sew along both drawn lines. Trim seam allowance to ⅛" to prevent bulk (Photo 7).

8. Open the square. It should sit up like a bowl (Photo 8).

9. Repeat steps 3-8 with second fabric/batting square to make a second bowl shape (Photo 9).

10. Turn one bowl shape right side out (Photo 10).

11. Layer both bowl shapes with right sides together, making sure to align corners and side seam lines (Photo 11).

12. Sew around the edges of the layered bowl shapes with a ¼" seam allowance. Leave a 3" opening along one side for turning (Photo 12).

Note: If your machine is having trouble sewing through all the layers in this project, you have a few options to help. You can cut the batting squares at 9⅝" and center them on the fabric 10" squares before sewing. This will eliminate extra batting bulk in the seam allowance. You can trim the seam allowance to ⅛" before turning and topstitching to eliminate bulk in the seam allowance. You can also try sewing with a walking foot to more easily glide over the layers when sewing.

13. Turn the bowl right side out through the opening. Push out corners (Photo 13).

14. Topstitch around the edge of the bowl, turning the opening in for a ¼" seam when you get to it (Photo 14).

Note: The bowl cozies are completely washable. Wash in cold water, then lay the cozy flat to dry. If you'd prefer to dry it on low in the dryer, you can use an iron and a little steam to reshape the cozy.