

PROJECT: Butterfly Notebook Cover
Wrap a notebook for class or work with a cover that has a butterfly block front pocket.

INSPIRED BY: *Born to Fly* from designer Roseann Meehan Kermes
(rosebuds-cottage.com)

QUILT TESTER: Martha Gamm



FABRICS are from the Bloom and Grow collection by Simple Simon and Company for Riley Blake Designs (rileyblakedesigns.com).

NOTEBOOK COVER

Finished size: 9×11½"

Finished block: 6" square

MATERIALS

Yardages and cutting instructions are based on 42" of usable fabric width.

- ❑ ½ yard each maroon print and pink print (exterior cover, interior sleeve, lining)
- ❑ Scrap of yellow print (exterior cover)
- ❑ 9×21" piece (fat eighth) cream print (exterior cover)
- ❑ ¾ yard blue print (exterior cover, interior sleeves)
- ❑ 14×20" batting
- ❑ Air-soluble fabric pen
- ❑ Embroidery floss: black
- ❑ 4"-diameter embroidery hoop
- ❑ 7×10½" spiral notebook

CUT FABRICS

Cut pieces in the following order.

From maroon print, cut:

- 2—12×16" rectangles
- 2—3" squares

From yellow print, cut:

- 2—1¾" squares

From cream print, cut:

- 1—6½" square
- 4—3½" squares

From pink print, cut:

- 1—14×20" rectangle
- 1—6½×12" rectangle

From blue print, cut:

- 2—12×16" rectangles
- 1—12×12½" rectangle

ASSEMBLE BUTTERFLY BLOCK

Measurements include ¼" seam allowances. Sew with right sides together unless otherwise stated.

Press seams in directions indicated by arrows on diagrams. If no direction is specified, press seam toward darker fabric.

- 1) Use a pencil to mark a diagonal line on wrong side of maroon print 3" squares and yellow print 1¾" squares. (To prevent fabric from stretching as you draw lines, place 220-grit sandpaper under each square.)
- 2) Align a marked maroon print square with top left-hand corner of a cream print 3½" square (**Diagram 1**; note direction of drawn line). Sew on drawn line; trim excess fabric, leaving ¼" seam allowance. Press open attached triangle to make a maroon corner unit. The unit should be 3½" square including seam allowances. Repeat to make a second maroon corner unit.
- 3) Repeat Step 2 using marked yellow print squares to make two yellow corner units (**Diagram 2**).
- 4) Referring to **Diagram 3** for orientation of corner units, lay out maroon and yellow corner units in pairs; sew together units in pairs. Join pairs to make a butterfly block. The block should be 6½" square including seam allowances.
- 5) Tape Full-Size Antennae Embroidery Pattern, *page 6*, to a light box or sunny window. Referring to **Diagram 4** for placement, use air-soluble fabric pen to trace antennae embroidery pattern onto butterfly block.
- 6) Secure traced butterfly block in embroidery hoop. Using three strands of black embroidery floss, backstitch on marked lines. End each line of stitching with a French knot.
To backstitch, start from back of fabric and pull needle up at A (**Backstitch Diagram**). Insert it back into fabric at B, bring it up at C, and push it down again at D with

no gaps between stitches. Continue in the same manner to stitch antennae.

To make each French knot, start from back of fabric and bring needle up at A (**French Knot Diagram**), the point where knot is desired. Wrap floss around needle three times without twisting it. Insert tip of needle into fabric at B, ⅛" away from A. Gently push wraps down needle to meet fabric. Pull needle and trailing floss through fabric slowly and smoothly.

MAKE NOTEBOOK COVER

- 1) Referring to **Diagram 4**, sew together cream print 6½" square and butterfly block to make a 6½×12½" pieced rectangle. Fold pieced rectangle in half to make a 6½×6¼" pocket. Place pocket atop bottom half of pink print 6½×12" rectangle; align raw edges (**Diagram 5**). Using a ⅛" seam allowance, sew raw edges, leaving folded edge unsewn, to make exterior cover pocket unit.
- 2) Sew together exterior cover pocket unit and blue print 12×12½" rectangle to make exterior cover (**Diagram 5**). Press seam toward blue print. The exterior cover should be 12×18½" including seam allowances.
- 3) Place pink print 14×20" rectangle on a flat surface with wrong side up. Top with 14×20" batting rectangle. Center exterior cover right side up on batting. Referring to **Diagram 6**, machine-stitch one vertical line down the center of exterior cover and one between exterior cover pieced sections. Stitch a horizontal line just above the exterior pocket. Trim lining and batting even with edges of exterior cover.

- 4) Fold a blue print 12×16" rectangle in half with wrong side inside to make a 6×16" rectangle. Referring to **Diagram 7**, place it atop bottom half of maroon print 12×16" rectangle; align raw edges. Using an 1/8" seam allowance, sew raw edges, leaving folded edge unsewn, to make an interior pocket unit.
- 5) Repeat Step 4 to make a second interior pocket unit.
- 6) Fold an interior pocket unit in half with wrong side inside to make an 8×12" interior sleeve. Referring to **Diagram 8** for placement, layer interior sleeve atop left-hand end of exterior cover, matching raw edges; pin. Sew together raw edges, leaving folded edge unsewn.
- 7) Repeat Step 6 with remaining interior pocket unit and right-hand end of exterior cover.
- 8) Using a short zigzag stitch, sew together outer edges (**Diagram 9**). Trim corners, turn right side out, and press.
- 9) Tack down seam allowances at the top and the bottom of the center fold to complete notebook cover. Insert notebook.

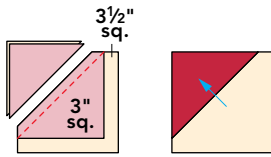


DIAGRAM 1

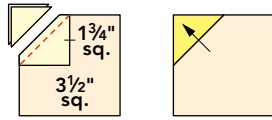


DIAGRAM 2

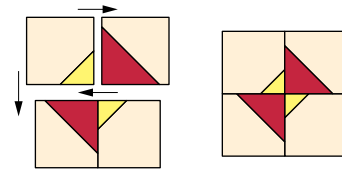


DIAGRAM 3

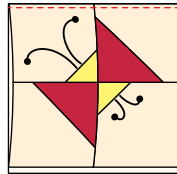
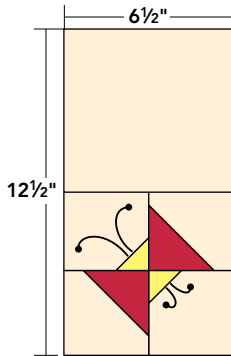
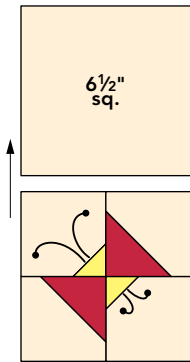


DIAGRAM 4

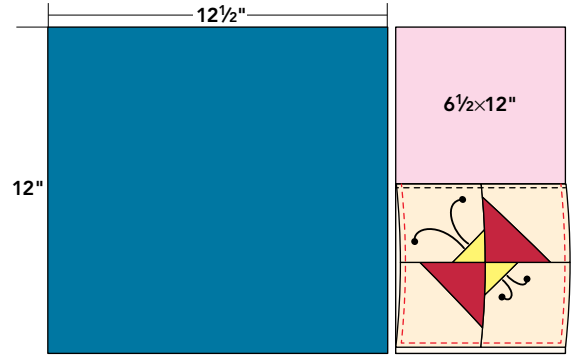
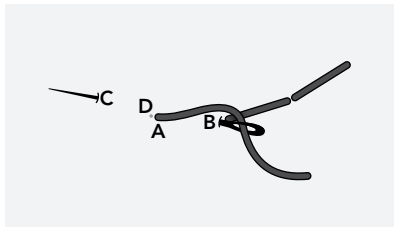
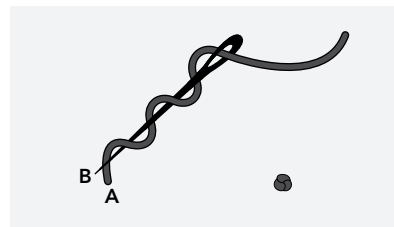


DIAGRAM 5



BACKSTITCH DIAGRAM



FRENCH KNOT DIAGRAM

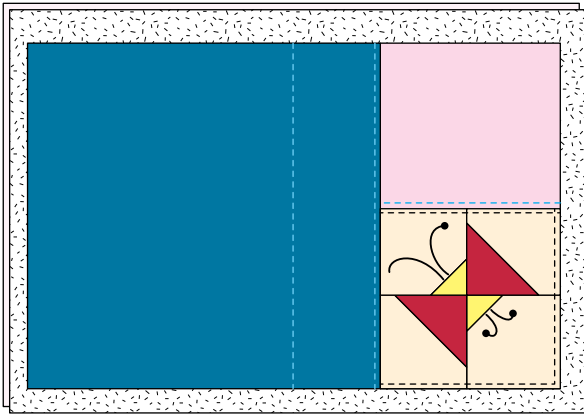


DIAGRAM 6

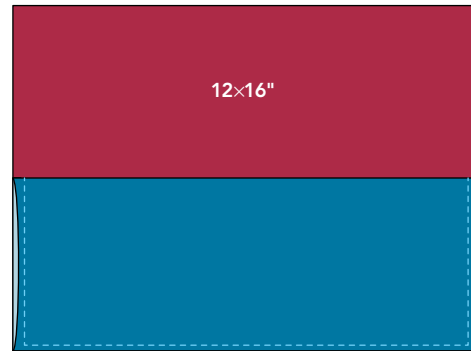


DIAGRAM 7

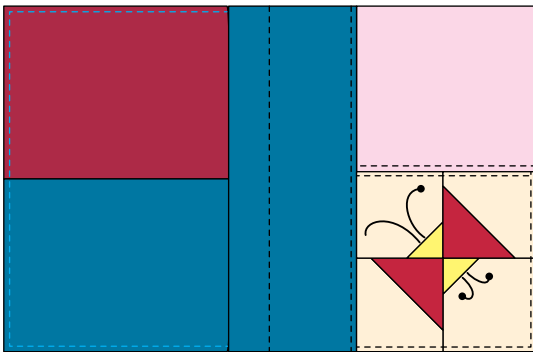


DIAGRAM 8

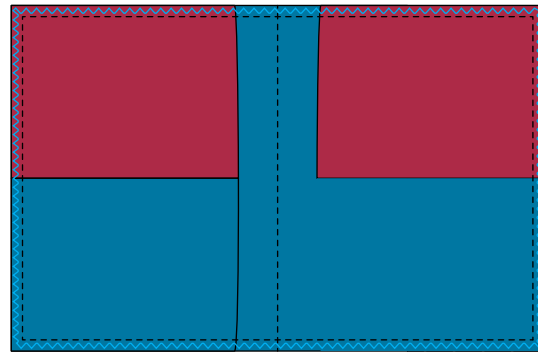
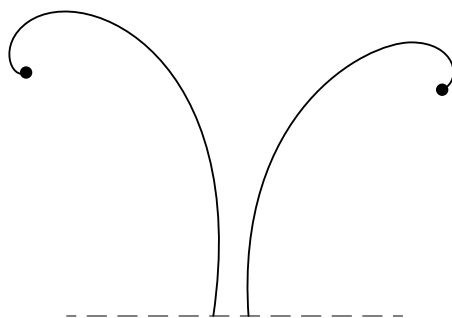
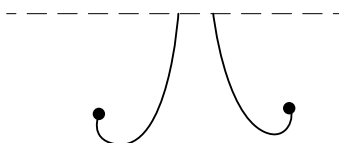


DIAGRAM 9



BUTTERFLY NOTEBOOK COVER
FULL-SIZE ANTENNAE EMBROIDERY PATTERN



This box should measure 1".

← 1" →



When printing a downloadable PDF, set Page Scaling preference to None to print patterns at 100%. Do not use Shrink to Fit or Fit to Printable Area.