2 For the Road

Designer **Lindsay Conner**

2 FOR THE ROAD

Any travel is first-class with a comfy and chic
travel pillow and shawl.

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**MATERIALS FOR
NECK PILLOW**

½ yard yellow plush fabric

Pellon Neck Rest pillow
form (available at
pellonprojects.com)

**MATERIALS FOR
REVERSIBLE TRAVEL
SHAWL**

⅔ yard *each* of solid gray
plush fabric and gray-and-
white floral plush fabric

FINISHED PILLOW:
17×12½"

FINISHED SHAWL:
20×59"

Yardages and cutting
instructions are based on
60" of usable fabric width.
Measurements include
½" seam allowances. Sew
with right sides together
unless otherwise stated.

CUT FABRICS

Cut pieces in the following order. Patterns A
and B are on *pages 5–7.*

To make paper templates, trace desired
pattern onto paper and cut out. Transfer notes
on pattern to paper templates. The notes
include additional instructions for placing and
cutting directional fabrics. Pin templates to
plush fabrics and cut around edges.

From yellow plush, cut:
- 1 *each* of patterns A and B

From *each* solid gray plush and gray-and-white
floral plush, cut:
- 1—21×60" rectangle

sew MUCH BETTER

Working with plush fabric

- Plush fabric has a nap. Run your hand up and down each length of plush fabric. The direction of the nap is whichever direction feels smoothest and makes the pile lie flat when you run your hand across the fabric. Join the pieces so the nap runs in the same direction.

- Plush fabric sheds when cut; use a rotary cutter to minimize fuzz. After cutting, place pieces in a dryer with a damp washcloth on low heat for about 10 minutes. Or, keep a lint roller or vacuum handy. Keep fabric edges and cutting mat clean as you cut.

- Plush fabric stretches on the crosswise grain but very little along the lengthwise grain (parallel to the selvages). Pin together pieces before you stitch to minimize stretching.

- Use an even-feed foot (also called a walking foot) to prevent the fabric pieces from slipping.

- Use a 90/14 ballpoint (stretch) needle and a longer-than-normal stitch—3.0 to 3.5 millimeters—to keep seams from puckering.

- Finger-press seams only; do not press with an iron. Polyester plush fabrics, especially those that are textured, can be damaged from the heat of an iron.

—Tips courtesy of Shannon Fabrics *(shannonfabrics.com)*.

ASSEMBLE PILLOW

1) Turn under ¾" along straight edge of one half of the yellow plush A piece; pin (**Diagram 1**). Stitch ¼" from fold. Sew a second line ¼" from just-stitched line to make a pillow back unit. Repeat with remaining half of yellow plush A piece to make a second pillow back unit.
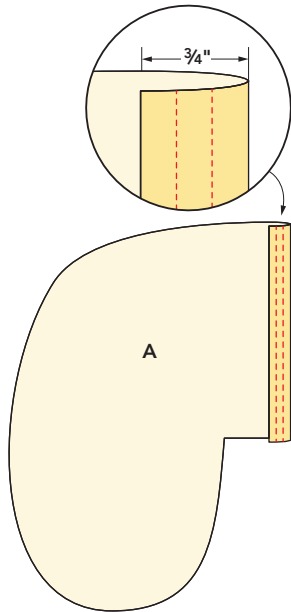

DIAGRAM 1

2) Lay yellow plush B piece faceup on a flat surface. Place a pillow back unit facedown on one side, aligning curves; pin in place (**Diagram 2**). Repeat with remaining pillow back unit on opposite side, slightly overlapping stitched edges for pillow back opening.
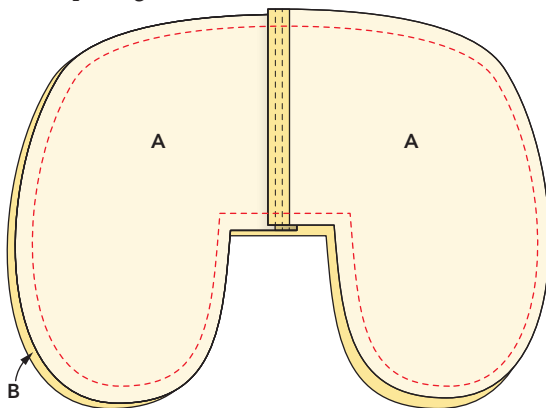

DIAGRAM 2

3) Stitch around all edges to make a pillow cover (**Diagram 2**). Turn right side out. Insert pillow form through opening in back to complete pillow.

ASSEMBLE SHAWL

1) Layer solid gray plush and gray-and-white floral plush 21×60" rectangles with right sides together; pin. Sew together rectangles, leaving a 6" opening along one long edge for turning (**Diagram 3**).
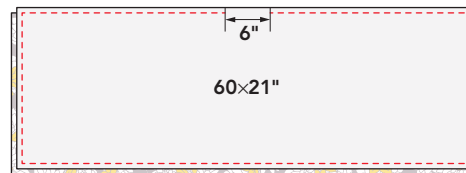

6"

60×21"

DIAGRAM 3

2) Clip corners to reduce bulk (**Diagram 4**). Turn right side out through opening. Use the eraser end of a pencil or a chopstick to gently push out corners.
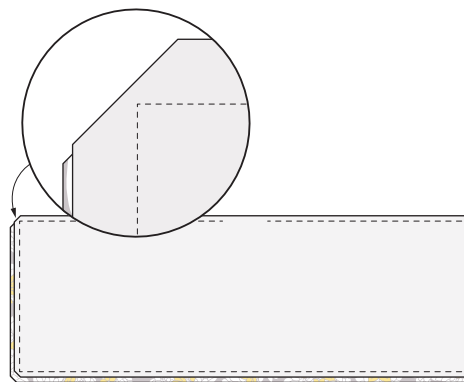

DIAGRAM 4

3) Hand-stitch opening closed to complete shawl.

A

To make an entire pattern,
cut out partial patterns on outside
lines and tape together, matching
dots and letters.

This box should
measure 1".

← 1" →

✳ NOTE:

When printing a
downloadable pdf, set Page
Scaling preference to NONE
to print patterns at 100%.
Do NOT "Shrink to Fit"
or "Fit to Printable Area."

Pattern A: Place on fold, cut in half

Pattern B: Place on fold, do not cut in half

**2 FOR THE ROAD
PART 1 OF 3**

← stretch →

C

B

A

This box should
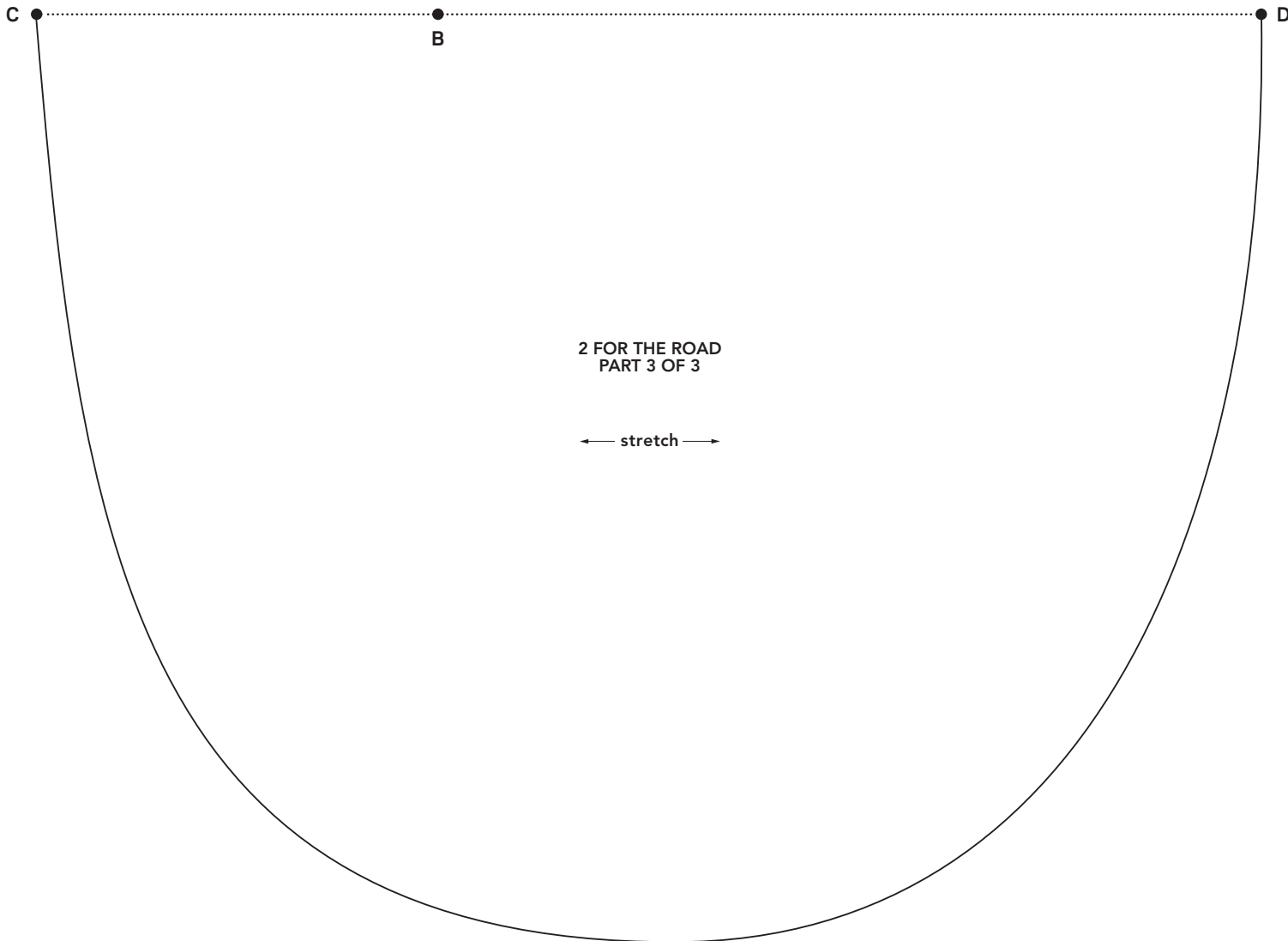measure 1".

←——— 1" ———→

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2 FOR THE ROAD
PART 2 OF 3

←—— stretch ——→

D

B

C • ⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯⋯ • D
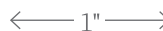   B

2 FOR THE ROAD
PART 3 OF 3

← stretch →

To make an entire pattern,
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dots and letters.

This box should
measure 1".

←—— 1" ——→

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