

Project: A Mother's Blessing

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A timeless and endearing piece, this heartwarming mother-and-child sampler is destined to become an heirloom.

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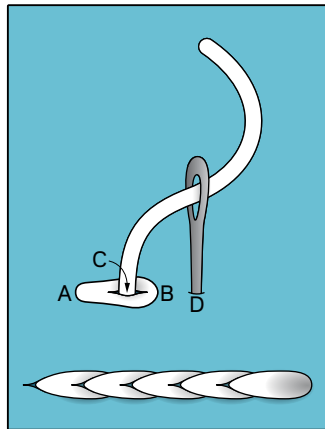
Materials

- 8½×15"-wide oval wooden quilting hoop
- 15×21" piece of white 100% cotton fabric
- DMC embroidery floss: #3821, #744, #3761, #807, #798, #304, #3806, #3713, #169, #168, #632, #436
- Embroidery needle

Instructions

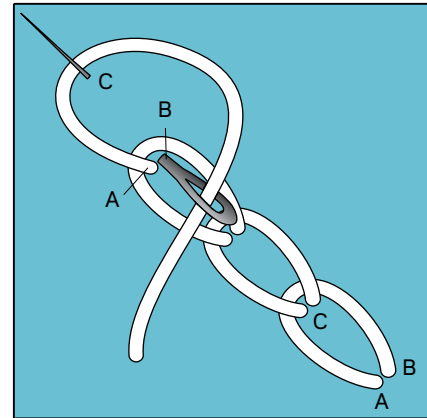
1. Pattern is on page 5. Using a lightbox or a sunny window, lightly trace the pattern onto white fabric with a sharp pencil. Place the fabric in the embroidery hoop if desired, centering the design inside the opening. Pull fabric taut and tighten the screw.
2. Referring to the color key on the pattern for embroidery floss colors, complete the solid lines with three strands of embroidery floss and a split stitch (including mother's and child's hair and faces, pillowcase, bunny ears, dress, loops on left side of quilt, quilt edges, waves on right side of quilt, and the word "Blessed"). To split stitch, see **Split Stitch Diagram**.
3. Referring to color key for stitch motifs and stitches, stitch the corresponding motifs on the quilt in the colors indicated. See the **Stitch Glossary** for instructions for each stitch.
4. Remove embroidery from hoop. Using a warm iron, press the finished embroidery. Insert the embroidery into the hoop, centering the design and pulling the fabric taut.
5. When all stitching is complete, turn the hoop over. Stitch a running stitch approximately 1½" outside the hoop in the fabric that extends past the hoop edges. Pull the thread to gather the fabric; knot the thread. Trim away the extra fabric approximately 1" outside the gathered line.
6. If desired, cut a felt circle that is slightly smaller than the back of the embroidery hoop. Whipstitch the felt circle to the gathered fabric on the back side of the hoop.

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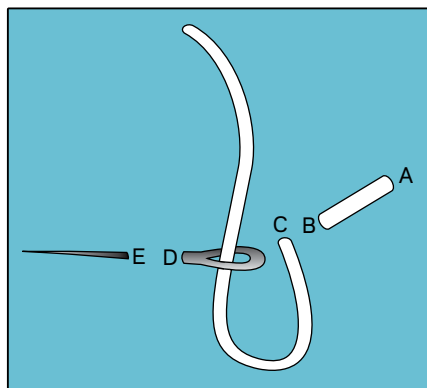
SPLIT STITCH

From the back of the fabric, pull the needle up at A, make a short straight stitch, and go back down at B. Push the needle up at C, piercing through the center of the first straight stitch; then make a straight stitch and go down at D. Continue in the same manner.



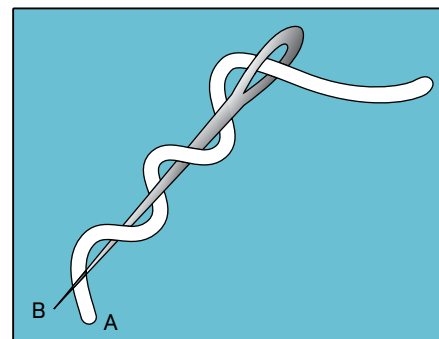
CHAIN STITCH

To chain-stitch, pull the needle up at A, form a U shape with the thread, and hold the shape in place with your thumb. Push the needle down at B, about $\frac{1}{8}$ " from A, and come up at C. Continue in the same manner.



RUNNING STITCH

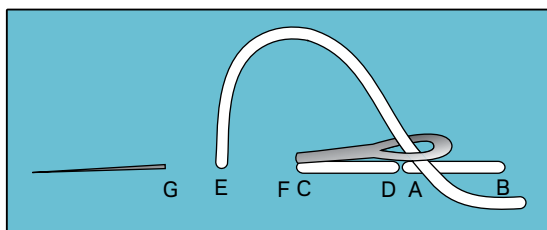
From the back of the fabric, pull the needle up at A and insert it back into fabric at B; pull the needle up again at C and insert it back into the fabric at D. Continue in the same manner, loading several stitches on needle at a time.



FRENCH KNOT

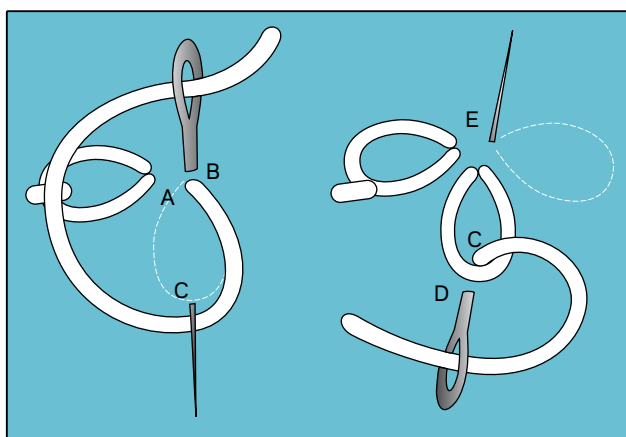
To stitch a French knot, pull the thread through at the point where the knot is desired (A). Wrap the thread around the needle two or three times. Insert the tip of the needle into the fabric at B, slightly away from A. Gently push the wraps down the needle to meet the fabric. Pull the needle and trailing thread through the fabric slowly and smoothly. Repeat for as many French knots as desired.

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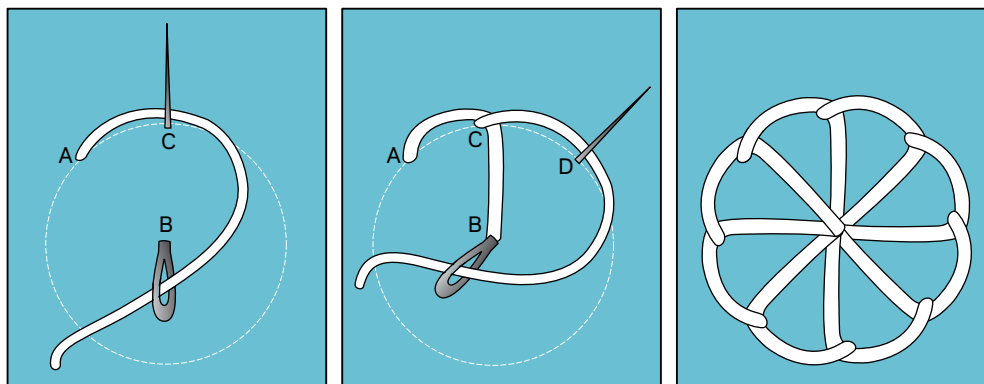
BACKSTITCH

From the back of the fabric, pull the needle up at A. Insert it back into the fabric at B, and bring it up again at C. Push the needle down again at D, bring it up at E, and so on.



LAZY DAISY

From the back of the fabric pull the needle up at A and form a loop of thread. Holding the loop in place, insert the needle back into the fabric at B, slightly away from A. Bring the needle tip out at C and cross it over trailing thread, keeping thread flat. Gently pull needle and trailing thread until loop lies flat against fabric. Push needle through to back of fabric at D to hold loop in place.



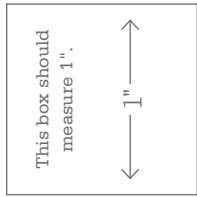
PINWHEEL STITCH







Lightly draw a circle on the fabric the size of the desired pinwheel. From the back of the fabric, pull the needle up at A, form a reverse L shape with the thread, and hold angle of L shape in place with your thumb. Push the needle down at B (the center of the circle), come up at C, and, crossing over the trailing thread to secure the stitch, again form an L shape with the thread. Push the needle down again at B, come up at D, and secure the stitch in the same manner.

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*** NOTE:**

When printing a downloadable pdf, set Page Scaling preference to NONE to print patterns at 100%. Do NOT "Shrink to Fit" or "Fit to Printable Area."



-  = Lazy Daisy Stitch
-  = Running Stitch
-  = Chain Stitch
-  = Straight Stitch or Back Stitch
-  = French Knot
-  = Wagon Wheel



BLESSED EMBROIDERY