

Project: Blowing in the Wind

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Long straight stitches dotted with French knots radiate from the center of this graceful dandelion pouf. Wispy fly-stitch florets create a sense of movement.

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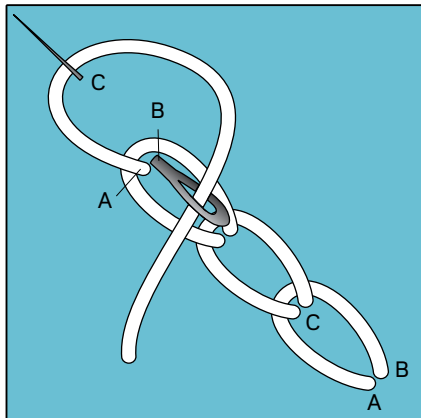
Materials

- 12" square of blue linen
- 6"-diameter wooden embroidery hoop
- Embroidery floss: white
- Embroidery needle
- Matching sewing thread

Instructions

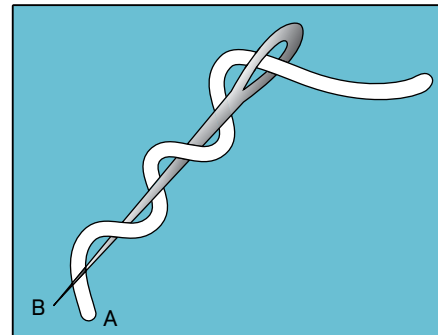
1. Pattern is on page 4. Using a light box or a sunny window, trace the pattern onto the center of the fabric using a sharp pencil.
2. Place blue linen square in embroidery hoop, centering traced design inside hoop and pulling fabric taut. Tighten screw.
3. Using four strands of white embroidery floss and beginning at the bottom of dandelion stem, chain stitch stem. To chain-stitch, see the **Stitch Glossary**.
4. Using two strands of white embroidery floss and a long straight stitch, stitch each dandelion pouf line. Add a double-wrapped French knot to end of each long stitch. To make a French knot, see **Stitch Glossary**.
5. Fly-stitch floating dandelion florets with one strand of embroidery floss. Modify stitched slightly to look as if they are floating in the wind.
6. Remove embroidery from hoop. Using a warm iron and working on wrong side, press finished embroidery. Insert embroidery into hoop, centering design and pulling fabric taut.
7. When all stitching is complete, turn the hoop over. Stitch a running stitch approximately $1\frac{1}{2}$ " outside the hoop in the fabric that extends past the hoop edges. Pull the thread to gather the fabric; knot the thread. Trim away the extra fabric approximately 1" outside the gathered line.
8. If desired, cut a felt circle that is slightly smaller than the back of the embroidery hoop. Whipstitch the felt circle to the gathered fabric on the back side of the hoop.

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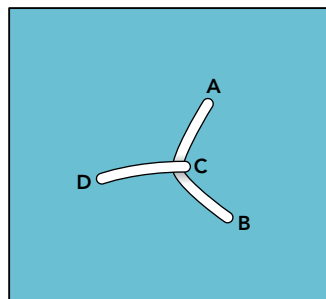
CHAIN STITCH

To chain-stitch, pull the needle up at A, form a U shape with the thread, and hold the shape in place with your thumb. Push the needle down at B, about $\frac{1}{8}$ " from A, and come up at C. Continue in the same manner.



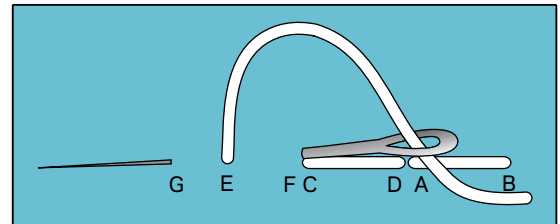
FRENCH KNOT

To stitch a French knot, pull the thread through at the point where the knot is desired (A). Wrap the thread around the needle two or three times. Insert the tip of the needle into the fabric at B, slightly away from A. Gently push the wraps down the needle to meet the fabric. Pull the needle and trailing thread through the fabric slowly and smoothly. Repeat for as many French knots as desired.



FLOATING FLORET STITCH

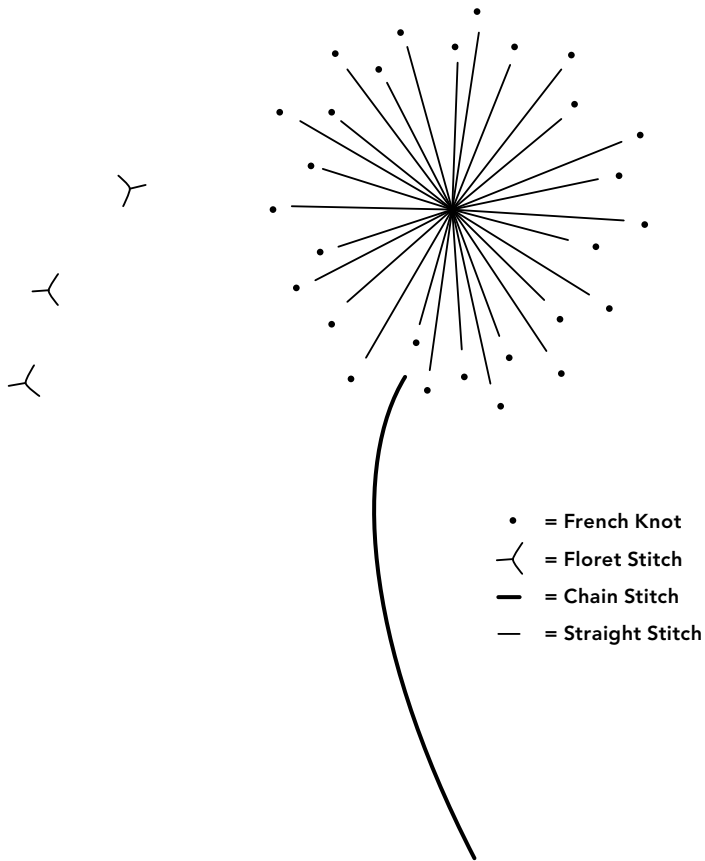
From the back of the fabric, pull the needle up at A and form a loop of thread. Holding the loop in place, insert the needle back into the fabric at B and pull it up again inside the loop at C. Push the needle down again at D to make a straight stitch that will hold the loop in place.



BACKSTITCH

From the back of the fabric, pull the needle up at A. Insert it back into the fabric at B, and bring it up again at C. Push the needle down again at D, bring it up at E, and so on.

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DANDELION EMBROIDERY

This box should measure 1".

← 1" →

*** NOTE:**

When printing a downloadable pdf, set Page Scaling preference to NONE to print patterns at 100%. Do NOT "Shrink to Fit" or "Fit to Printable Area."