

**PROJECT: Return of the Swallows Block**

**FINISHED BLOCK: 14"**

**MATERIALS**

Yardages and cutting instructions are based on 42" of usable fabric width.

- 1/4 yard solid white
- 1/8 yard *each* solid aqua and solid red

**CUT FABRICS**

Cut pieces in the following order.

**From solid white, cut:**

- 16-4" squares

**From solid aqua, cut:**

- 4-4x7 1/2" rectangles

**From solid red, cut:**

- 4-4x7 1/2" rectangles

**ASSEMBLE BLOCK**

Measurements include 1/4" seam allowances. Sew with right sides together unless otherwise stated.

Press seams in directions indicated by arrows on diagrams. If no direction is specified, press seam toward darker fabric.

**1.** Use a pencil to mark a diagonal line on wrong side of each solid white 4" square.

**2.** Align a marked solid white square with one end of a solid aqua 4x7 1/2" rectangle (**Diagram 1**; note direction of drawn line). Sew on drawn line, then trim excess, leaving a 1/4" seam allowance. Press open attached triangle, pressing seam toward triangle. In same manner, add a marked solid white square to opposite end of rectangle (**Diagram 1**; again note direction of drawn line). Stitch, trim, and press as before to make a Flying Geese unit. The unit should be 7 1/2"x4" including seam allowances. Repeat to make four aqua Flying Geese units total.

**3.** Using solid red 4x7 1/2" rectangles, repeat Step 2 to make four red Flying Geese units total.

**4.** Sew together one teal and one red Flying Geese unit to make a Flying Geese pair (**Diagram 2**). Press seam in one direction. The pair should be 7 1/2" square including seam allowances. Repeat to make four matching Flying Geese pairs total.

**5.** Referring to **Diagram 3**, sew together Flying Geese pairs in pairs. Press seams in opposite directions. Join pairs to make a Return of the Swallows block. Press seam in one direction. The block should be 14 1/2" square including seam allowances.

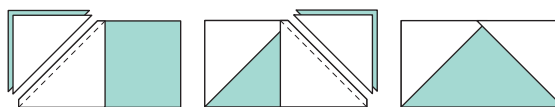


DIAGRAM 1

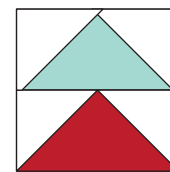


DIAGRAM 2

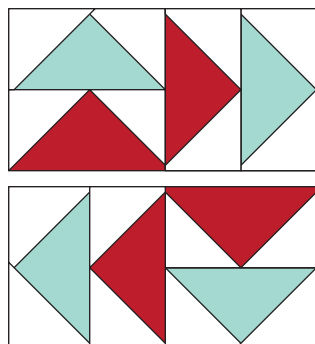
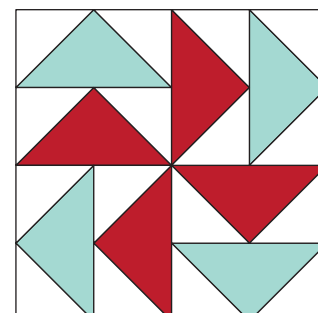


DIAGRAM 3



BLOCK ASSEMBLY DIAGRAM

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