

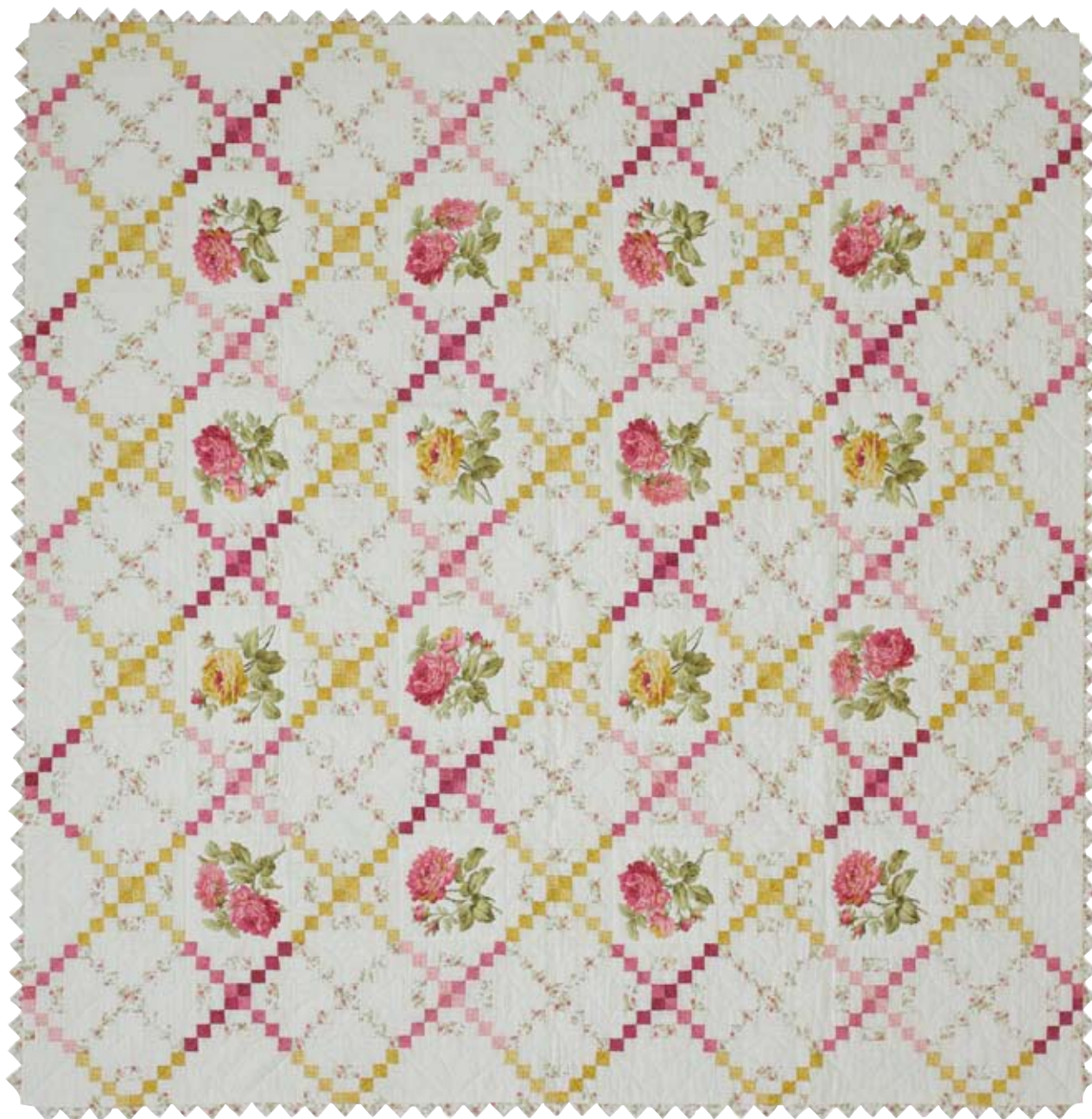
Project: Sweet Retreat

DESIGNER: HOLLY HOLDERMAN OF LAKEHOUSE DRY GOODS  
QUILTMAKER: KATHLEEN NITZCHER  
MACHINE QUILTER: CHERYL WINSLOW



Treat yourself to a room makeover complete with a pieced coverlet in flirty florals, dainty checks, and pretty prairie points.

Project: Sweet Retreat





## Project: Sweet Retreat

## Materials

- 5½ yards white tone-on-tone (Irish Chain blocks, setting blocks)
- 2⅞ yards small floral (Irish Chain blocks, setting blocks, prairie points)
- ½ yard each of pink tone-on-tone, gold tone-on-tone, and gold gingham (Irish Chain blocks)
- ¼ yard each of dark pink tone-on-tone and pink gingham (Irish Chain blocks)
- 1⅓ yards large floral (setting squares)
- 7¼ yards backing fabric
- 87" square batting

Finished quilt: 82" square

Finished blocks: 8" square

Quantities are for 44/45"-wide, 100% cotton fabrics.

Measurements include ¼" seam allowances. Sew with right sides together unless otherwise stated.

## Cut Fabrics

Cut pieces in the following order.

## From white tone-on-tone, cut:

- 6—6½×42" strips
- 2—4½×42" strips
- 4—3½×42" strips
- 18—2½×42" strips
- 9—1¼×42" binding strips
- 34—1½×42" strips
- 16—4½×8½" rectangles
- 4—4½" squares

## From small floral, cut:

- 6—2½×42" strips
- 19—1½×42" strips
- 156—2½" squares for prairie points

## From each of pink tone-on-tone, gold tone-on-tone, and gold gingham, cut:

- 8—1½×42" strips

## From each of dark pink tone-on-tone and pink gingham, cut:

- 4—1½×42" strips

## From large floral, fussy-cut:

- 16—8½" squares

## Assemble Setting Blocks

1. Referring to **Diagram 1**, sew together two small floral 1½×42" strips and one white tone-on-tone 6½×42" strip to make Strip Set A. Press seams toward floral strips. Repeat to make a second Strip Set A.
2. Cut A strip sets into fifty 1½"-wide A segments total.
3. Join two white tone-on-tone 1½×42" strips, two small floral 1½×42" strips, and one white tone-on-tone 4½×42" strip to make Strip Set B (**Diagram 2**). Press seams toward floral strips. Repeat to make a second Strip Set B.
4. Cut B strip sets into fifty 1½"-wide B segments total.
5. Sew together three white tone-on-tone 2½×42" strips and two small floral 1½×42" strips to make Strip Set C (**Diagram 3**). Press seams toward floral strips. Repeat to make a second Strip Set C.
6. Cut C strip sets into fifty 1½"-wide C segments total.
7. Join two white tone-on-tone 3½×42" strips and one small floral 2½×42" strip to make Strip Set D (**Diagram 4**). Press seams toward floral strip. Repeat to make a second Strip Set D.
8. Cut D strip sets into twenty-five 2½"-wide D segments total.

9. Referring to **Diagram 5**, sew together two each of A, B, and C segments and one D segment to make a setting block. Press seams in one direction. The block should be 8½" square including seam allowances. Repeat to make 25 setting blocks total.

## Assemble Four-Patch Units

1. Sew together a dark pink tone-on-tone 1½×42" strip and a pink tone-on-tone 1½×42" strip to make a pink Strip Set E (**Diagram 6**). Press seam toward dark pink strip.
2. Cut pink E strip set into twenty-five 1½"-wide E segments total.
3. Join two E segments to make a dark pink Four-Patch unit (**Diagram 7**). Press seam in one direction. The unit should be 2½" square including seam allowances. Repeat to make 10 dark pink Four-Patch units total (save five remaining E segments to make dark pink half blocks).
4. Using a pink tone-on-tone 1½×42" strip and a pink gingham 1½×42" strip, repeat steps 1 through 3 to make 10 pink Four-Patch units (save five remaining E segments to make pink half blocks).
5. Using gold tone-on-tone 1½×42" strips and gold gingham 1½×42" strips, repeat Step 1 to make two gold E strip sets.
6. Cut gold E strip sets into fifty 1½"-wide E segments total. Repeat Step 3 to make 20 gold Four-Patch units (save 10 remaining E segments to make gold half blocks).

## Project: Sweet Retreat

## Assemble F Segments

1. Referring to **Diagram 8**, sew together two white tone-on-tone  $1\frac{1}{2}\times 42$ " strips and one small floral  $1\frac{1}{2}\times 42$ " strip to make Strip Set F. Press seams toward floral strip. Repeat to make seven F strip sets total.
2. Referring to **Diagram 8**, cut F strip sets into eighty  $2\frac{1}{2}$ "-wide F segments (wide) and forty  $1\frac{1}{2}$ "-wide F segments (narrow).

## Assemble Irish Chain Blocks

1. Referring to **Diagram 9**, sew together a dark pink tone-on-tone  $1\frac{1}{2}\times 42$ " strip, white tone-on-tone  $6\frac{1}{2}\times 42$ " strip, and pink tone-on-tone  $1\frac{1}{2}\times 42$ " strip to make Strip Set G. Press seams away from white strip.
2. Cut G strip set into twenty-five  $1\frac{1}{2}$ "-wide G segments total.
3. Join four white tone-on-tone  $1\frac{1}{2}\times 42$ " strips, one dark pink tone-on-tone  $1\frac{1}{2}\times 42$ " strip, one pink tone-on-tone  $1\frac{1}{2}\times 42$ " strip, and one small floral  $2\frac{1}{2}\times 42$ " strip to make Strip Set H (**Diagram 10**). Press seams away from white strips.
4. Cut H strip set into twenty-five  $1\frac{1}{2}$ "-wide H segments total.
5. Sew together three white tone-on-tone  $2\frac{1}{2}\times 42$ " strips, one dark pink tone-on-tone  $1\frac{1}{2}\times 42$ " strip, and one pink tone-on-tone  $1\frac{1}{2}\times 42$ " strip to make Strip Set I (**Diagram 11**). Press seams away from white strips.
6. Cut I strip set into twenty-five  $1\frac{1}{2}$ "-wide I segments total.

7. Referring to **Diagram 12**, lay out two each of G, H, I, and wide F segments; and one dark pink Four-Patch unit in vertical rows. Sew together pieces in middle row; press seams toward Four-Patch unit. Join rows to make a dark pink Irish Chain block. Press seams in one direction. The block should be  $8\frac{1}{2}$ " square including seam allowances.

8. Repeat Step 7 to make 10 dark pink Irish Chain blocks total.

9. Referring to **Diagram 13**, lay out one each of E, G, H, and I segments, and two narrow F segments in horizontal rows. Sew together pieces in bottom row. Join rows to make a dark pink half block. Press seams in one direction. The half block should be  $8\frac{1}{2}\times 4\frac{1}{2}$ " including seam allowances.

10. Repeat Step 9 to make five dark pink half blocks total.

11. Using pink tone-on-tone instead of dark pink tone-on-tone and pink gingham instead of pink tone-on-tone, repeat steps 1 through 10 to make 10 pink Irish Chain blocks (**Diagram 14**) and five pink half blocks.

12. Using gold tone-on-tone instead of dark pink tone-on-tone and gold gingham instead of pink tone-on-tone, repeat Step 1 to make two G strip sets. Cut into fifty  $1\frac{1}{2}$ "-wide G segments total.

13. Using gold tone-on-tone instead of dark pink tone-on-tone and gold gingham instead of pink tone-on-tone, repeat Step 3 to make two H strip sets. Cut into fifty  $1\frac{1}{2}$ "-wide H segments total.

14. Using gold tone-on-tone instead of dark pink tone-on-tone and gold gingham instead of pink tone-on-tone, repeat Step 5 to make two I strip sets. Cut into fifty  $1\frac{1}{2}$ "-wide I segments total.

15. Referring to **Diagram 15**, repeat Step 7 to make 20 gold Irish Chain blocks total.

16. Repeat Step 9 to make 10 gold half blocks total.

## Assemble Quilt Top

1. Referring to **Quilt Assembly Diagram**, lay out Irish Chain blocks, half blocks, setting blocks, large floral  $8\frac{1}{2}$ " squares, and white tone-on-tone  $4\frac{1}{2}\times 8\frac{1}{2}$ " rectangles and  $4\frac{1}{2}$ " squares in 11 rows.
2. Sew together pieces in each row. Press seams in one direction, alternating direction with each row.
3. Join rows to make quilt top. Press seams in one direction.

## Finish Quilt

1. Layer quilt top, batting, and backing; baste.
2. Quilt as desired. Machine-quilter Cheryl Winslow stitched through the centers of the pink and gold  $1\frac{1}{2}$ " squares, making an 8" diagonal grid (**Quilting Diagram**). In each fussy-cut floral setting square, she outline-quilted around the rose motif, and in the remaining areas, she stitched a fleur-de-lis design.
3. Fold a small floral  $2\frac{1}{2}$ " square in half, then in half again, and press to make a prairie point (**Diagram 16**). Repeat to make 156 prairie points total.

## Project: Sweet Retreat

4. Trim quilt top even with batting and backing. Lay out 39 prairie points on each edge of quilt top, aligning raw edges and starting about 1" from each corner (Diagram 17). Baste in place.
5. Using diagonal seams, sew together white tone-on-tone  $1\frac{1}{4} \times 42$ " strips to make one long binding strip. With right sides together, sew binding strip to quilt edges, overlapping strips at corners. Turn binding strip entirely to quilt back, exposing prairie points. Turn under raw edge of binding strip and hand-sew in place.

## Project: Sweet Retreat

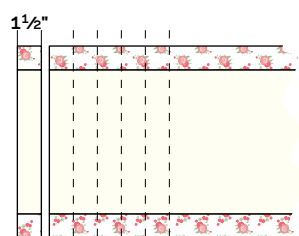


DIAGRAM 1  
Strip Set A

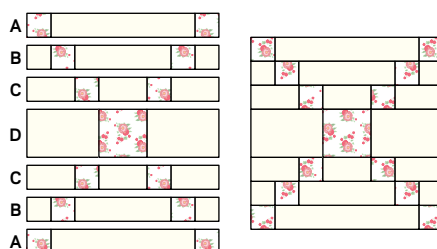


DIAGRAM 5

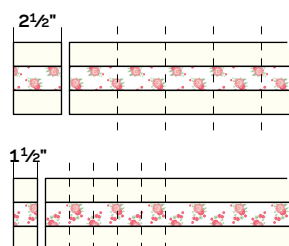


DIAGRAM 8  
Strip Set F

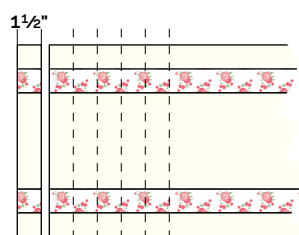


DIAGRAM 2  
Strip Set B

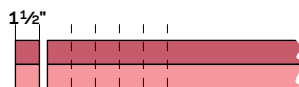


DIAGRAM 6  
Strip Set E

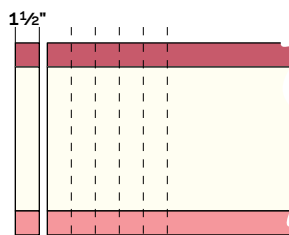


DIAGRAM 9  
Strip Set G

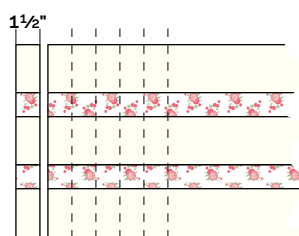


DIAGRAM 3  
Strip Set C



DIAGRAM 7

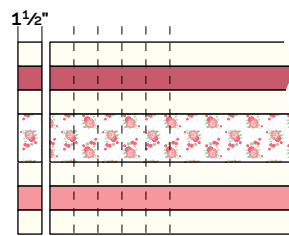


DIAGRAM 10  
Strip Set H

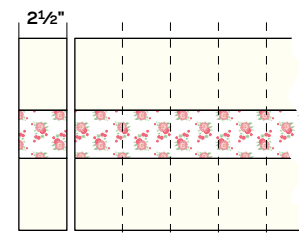


DIAGRAM 4  
Strip Set D

## Project: Sweet Retreat

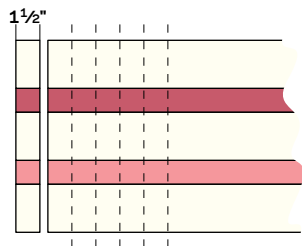


DIAGRAM 11  
Strip Set I

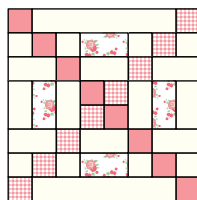


DIAGRAM 14

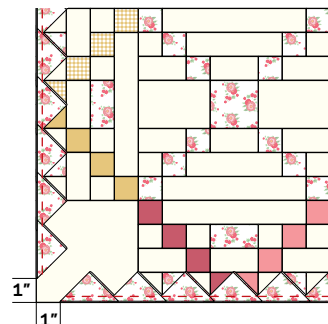


DIAGRAM 17

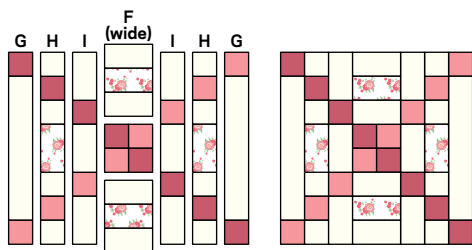


DIAGRAM 12

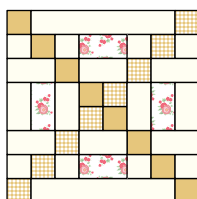
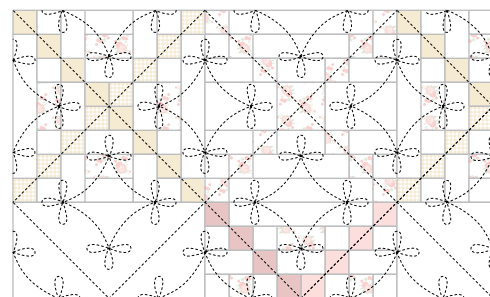


DIAGRAM 15



QUILTING DIAGRAM

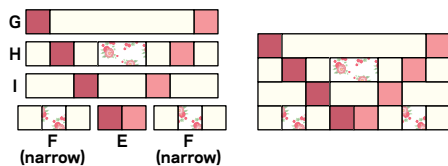
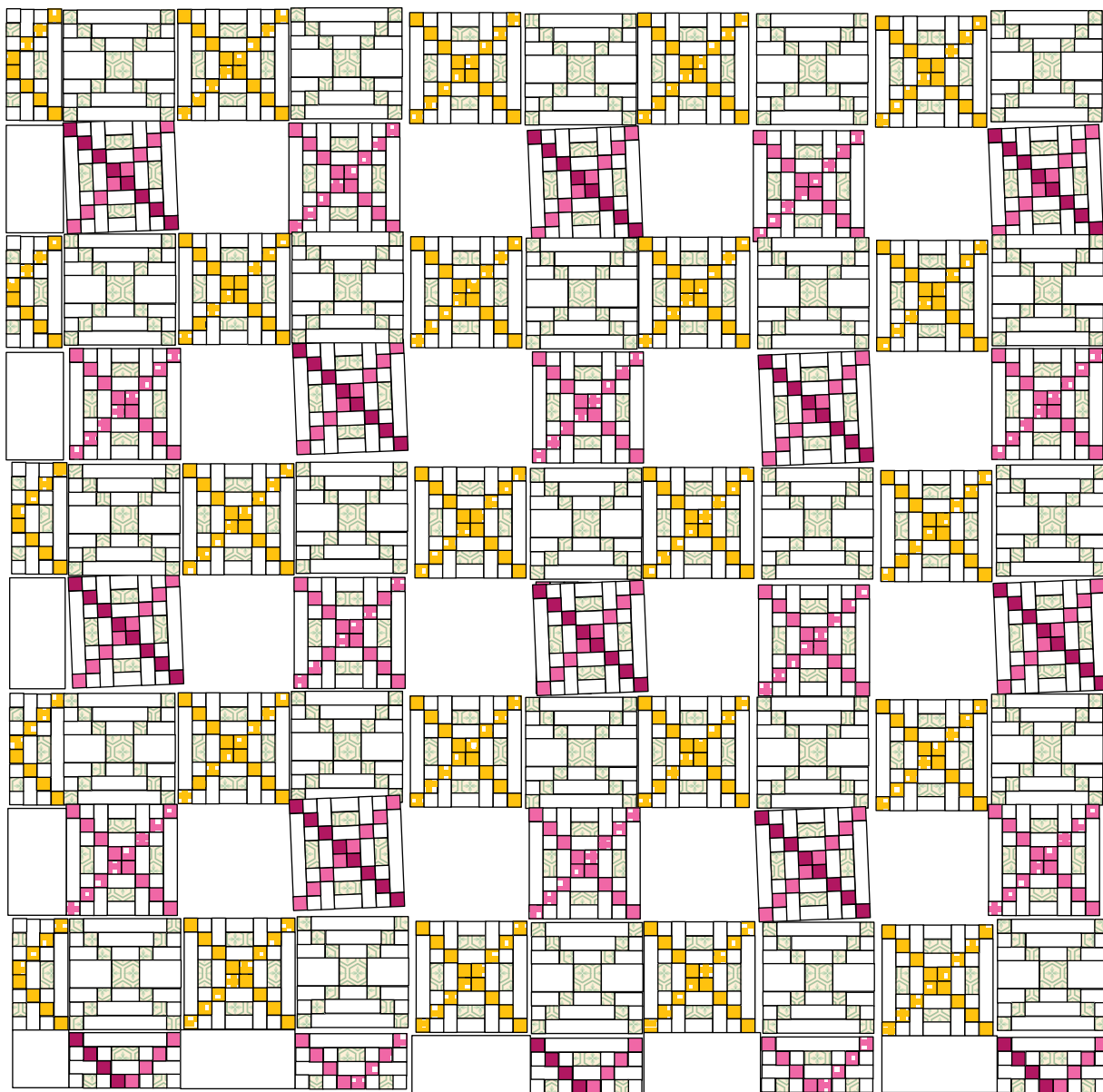


DIAGRAM 13



DIAGRAM 16

Project: Sweet Retreat



Quilt Assembly Diagram