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Project: APQ Block of the Month, Block 7

DESIGNER: MONIQUE DILLARD OF OPEN GATE QUILTS (OPENGATEQUILTS.COM)



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### Materials

 9x22" piece (fat eighth) each of dark print, light print, and medium print

Finished block: 9" square

**Quantities** are for 100% cotton fabrics.

Measurements include 1/4" seam allowances. Sew with right sides together unless otherwise stated.

### **Cut Fabrics**

Cut pieces in the following order.

#### From dark print, cut:

- 2—3½" squares, cutting each diagonally twice in an X for 8 triangles total
- 8-1**%**" squares

#### From light print, cut:

- 1—3½" square, cutting it diagonally twice in an X for 4 triangles total
- 4-2**¾**" squares
- 8—1**5**/8×2**3**/4" rectangles
- 8—1**%**" squares

#### From medium print, cut:

- 1—3½" square, cutting it diagonally twice in an X for 4 triangles total
- 1—2¾" square
- 4—1**5**/8×2**3**/4" rectangles
- 4-1**%**" squares

### Assemble Corner Units

- Use a pencil or a white dressmaker's pencil to mark a diagonal line on wrong side of each each dark print 15/6" square.
- Align a marked dark print 15/8" square with one end of a light print 15/6×23/4" rectangle (Diagram 1; note direction of marked line). Sew on marked line. Trim excess fabric, leaving

- ¼" seam allowance. Press open attached triangle, pressing seam toward dark print to make a rectangle unit. The unit should still be 1⅓8×2¾" including seam allowances. Repeat to make four rectangle units total.
- Repeat Step 2 with marked line of dark print square running in opposite direction to make a reversed rectangle unit (Diagram 2). Repeat to make four reversed rectangle units total.
- 4. Referring to Diagram 3, sew together the following pieces in pairs: light print 2¾" square, rectangle unit, reversed rectangle unit, and medium print 1½" square. Press seams toward rectangle units. Join pairs to make a corner unit. Press seam toward top pair. The unit should be 3½" square including seam allowances. Repeat to make four corner units total.

## Assemble Hourglass and Flying Geese Units

- 1. Referring to Diagram 4, join one light print triangle, two dark print triangles, and one medium print triangle in pairs. Press seams toward dark print. Join pairs to make an hourglass unit; press seam in one direction. The hourglass unit should be 2¾" square including seam allowances. Repeat to make four hourglass units total.
- 2. Use a pencil to mark a diagonal line on wrong sides of light print 15/8" squares.

3. Align a marked light print square with one end of a medium print 1½×2¾" rectangle (Diagram 5; note direction of marked line). Sew on marked line. Trim excess fabric, leaving ¼" seam allowance. Press open attached triangle. In same manner, add a second marked light print square to other end of rectangle to make a Flying Geese unit. Press as before. The unit should be 2¾×1½" including seam allowances. Repeat to make four Flying Geese units total.

### Assemble Block

- 1. Referring to Diagram 6, sew a Flying Geese unit to medium print edge of an hourglass unit to make a star point unit. Press seam toward hourglass units. Repeat to make four star point units total.
- 2. Referring to Block Assembly
  Diagram, lay out corner units,
  star point units, and medium
  print 2¾" square in three rows.
  Sew together pieces in each
  row. Press seams away from
  star point units. Join rows to
  make a block. Press seams in
  one direction. The block should
  be 9½" square including seam
  allowances.

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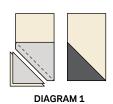








DIAGRAM 3 **DIAGRAM 4** 

