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Project: Fabric Rosette Embellishments

INSPIRED BY DECOR WITH A TWIST BY VANESSA CHRISTENSON OF V AND CO. (VANESSACHRISTENSON.COM) PROJECT TESTERS: MARIA CHARBONNEAUX AND ELIZABETH STUMBO



Update a purchased plain-Jane cardigan with fabric rosettes to give it a fashion-forward look. These fabrics are from the Innocent Crush Voile collection by Anna Maria Horner for FreeSpirit Fabrics (freespiritfabric.com).

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Materials

- 9x22" piece (fat eighth) each light blue, navy, and yellow prints (rosettes)
- Purchased blue cardigan

Finished rosette: approximately 2½" diameter

Quantities are for 44/45"-wide, 100% cotton fabrics.

Measurements include ¼" seam allowances. Sew with right sides together unless otherwise stated.

Cut Fabrics

From each light blue, navy, and yellow print, cut:

■ 1—5×19" strip

Assemble Rosettes

- 1. Using a long running stitch (Photo 1), gather one short edge of print 5×19" strip.
- 2. Lightly twist fabric strip while holding down gathered end on a solid surface (Photo 2).
- **3.** Twist and fold over gathered end to make rosette center (Photo 3).
- 4. On back of rosette center, tack fold in place (Photo 4), being careful that stitches do not appear on front.
- Continue twisting and wrapping fabric strip around rosette center, tacking at each turn (Photo 5), until only a 1" tail remains.
- **6.** Tack tail to back **(Photo 6)** to complete rosette.
- 7. Using remaining print 5×19" strips, repeat steps 1-6 to make three rosettes total.

8. Referring to photo on page 1, position rosettes on lapel of cardigan; pin. Hand-stitch in place, being careful that the stitches do not appear on the front side of rosettes.

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PHOTO 1



PHOTO 2

РНОТО 3



PHOTO 4

PHOTO 5

PHOTO 6

More Ideas for Using Rosettes

Now that you know how to make fabric rosettes, use them to embellish other items in your home and wardrobe.

HOME

- Adorn the rim of a lampshade.
- Top napkin rings made of wood or fabric.
- Arrange a cluster at the corner of a picture frame.
- Jazz up a purchased tea towel.
- Adhere to a magnet or flat-head tack.

WARDROBE

- Glue a single rosette to a headband or barrette.
- Stitch multiple rosettes to a length of ribbon to fashion a necklace, bracelet, or belt.
- Embellish the collar of a crew-neck T-shirt.
- Attach to a pin back to make a brooch that can be worn on the lapel of a coat or on a purchased or handmade tote bag.

ATTACH IT!

To apply fabric rosettes to hard surfaces or items that aren't easily stitched, use a hot-glue gun and glue sticks or permanent fabric adhesive, such as Fabri-Tac by Beacon Adhesives, Aleene's Fabric Fusion by Duncan, or Liquid Stitch by Dritz. To prevent adhesive from seeping to the front of a rosette, hand-stitch a scrap of felt to the back of the rosette and apply the adhesive to the felt.