

Project: APQ Block of the Month, Block 5

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FABRICS are from the Memories of Provence collection by Monique Dillard for Maywood Studio (maywoodstudio.com).

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**Materials**

- $\frac{1}{8}$  yard dark print
- Scrap of medium print No. 1
- $\frac{1}{8}$  yard medium print No. 2
- 9×22" piece (fat eighth) light print

**Finished block:** 9" square

**Quantities** are for 100% cotton fabrics.

**Measurements** include  $\frac{1}{4}$ " seam allowances. Sew with right sides together unless otherwise stated.

**Cut Fabrics**

Cut pieces in the following order.

**From dark print, cut:**

- 2—3" squares, cutting each in half diagonally for 4 small triangles total

**From medium print No. 1, cut:**

- 1— $3\frac{1}{2}$ " square

**From medium print No. 2, cut:**

- 4— $2\frac{3}{8}$ " squares
- 8—2" squares

**From light print, cut:**

- 2—4" squares, cutting each in half diagonally for 4 large triangles total
- 4— $2\times 3\frac{1}{2}$ " rectangles
- 4— $2\frac{3}{8}$ " squares
- 4—2" squares

**Assemble Square-in-a-Square Units**

1. Sew dark print small triangles to opposite edges of medium print  $3\frac{1}{2}$ " square (**Diagram 1**). Press seams toward triangles. Add remaining dark print small triangles to remaining edges to make a small Square-in-a-Square unit. Press seams toward triangles. The unit should be  $4\frac{3}{4}$ " square including seam allowances.

2. Referring to **Diagram 2**, sew light print large triangles to opposite edges of small Square-in-a-Square unit. Press seams toward light print triangles. Join remaining light print large triangles to remaining edges to make a large Square-in-a-Square unit. Press seams toward light print triangles. Trim unit to  $6\frac{1}{2}$ " square including seam allowances.

**Assemble Flying Geese Units**

1. Use a pencil to mark a diagonal line on wrong side of each light print  $2\frac{3}{8}$ " square and medium print 2" square.
2. Layer a marked light print  $2\frac{3}{8}$ " square atop a medium print  $2\frac{3}{8}$ " square. Sew together with two seams, stitching  $\frac{1}{4}$ " on each side of drawn line (**Diagram 3**). Cut pair apart on drawn line to make two triangle units. Press each triangle unit open, pressing seam away from light print, to make two triangle-squares. Each should be 2" square including seam allowances. Repeat to make eight triangle-squares total.
3. Align a marked medium print 2" square with one end of a light print  $2\times 3\frac{1}{2}$ " rectangle (**Diagram 4**; note direction of marked line). Sew on marked line. Trim excess fabric, leaving  $\frac{1}{4}$ " seam allowance. Press open attached triangle, pressing seam toward medium print. In same manner, add a second marked medium print 2" square to opposite end of rectangle to make a Flying Geese unit. The unit should be  $3\frac{1}{2}\times 2$ " including

seam allowances. Repeat to make four Flying Geese units total.

**Assemble Block**

Referring to **Diagram 5**, lay out four light print 2" squares, eight triangle-squares, four Flying Geese units, and large Square-in-a-Square unit in sections. Sew together pieces on each side of large Square-in-a-Square unit. Press seams in one direction. Then join pieces in three horizontal rows. Press seams toward light print squares and Square-in-a-Square unit. The block should be  $9\frac{1}{2}$ " square including seam allowances.

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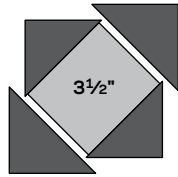


DIAGRAM 1

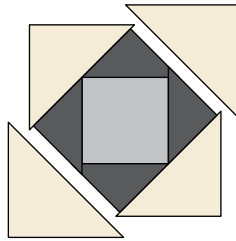


DIAGRAM 2

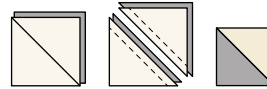


DIAGRAM 3

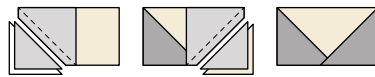


DIAGRAM 4

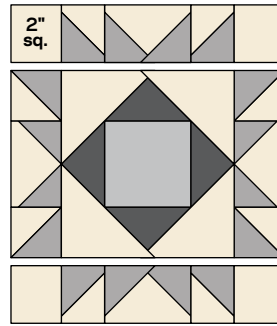


DIAGRAM 5