

Project: Ships Ahoy!

DESIGNER: RHODA NELSON (DBRHODA.COM)



Think you'll make waves with a nautical-theme crib quilt? Our instructions for easy-to-piece sailboats and appliqué accents ensure smooth sailing.

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Materials

- 1 $\frac{1}{8}$ yards solid white (center block, star blocks, small boat blocks)
- $\frac{1}{2}$ yard navy polka dot (center block, star blocks, middle border)
- 18×22" piece (fat quarter) blue large boat print (center block)
- $\frac{1}{2}$ yard white polka dot (center block, inner border)
- $\frac{1}{3}$ yard blue tone-on-tone (center block, sashing)
- 9×22" piece (fat eighth) blue wave print (center block)
- $\frac{1}{3}$ yard blue small boat print (small boat blocks)
- 1 $\frac{7}{8}$ yards white boat print (outer border, binding)
- 2 $\frac{7}{8}$ yards backing fabric
- 51×63" batting

Finished quilt: 44 $\frac{1}{2}$ ×56 $\frac{1}{2}$ "

Finished star block: 3" square

Finished small boat block:
6" square

Quantities are for 44 $\frac{1}{4}$ "-wide,
100% cotton fabrics.

Measurements include $\frac{1}{4}$ " seam
allowances. Sew with right sides
together unless otherwise stated.

Cut Fabrics

Cut pieces in the following order.
Because the white boat print is a
directional print, cut long outer
border strips lengthwise (parallel
to the selvages) and short outer
border strips crosswise. Cut
binding strips lengthwise, as well.

Patterns are on page 7. To make
templates of the patterns, see
"Make and Use Templates" on page
8.

From solid white, cut:

- 1—1 $\frac{1}{2}$ ×16 $\frac{1}{2}$ " rectangle
- 3—1 $\frac{1}{2}$ ×14 $\frac{1}{2}$ " rectangles

- 1—8 $\frac{3}{8}$ ×9 $\frac{7}{8}$ " rectangle, cutting
it in half diagonally for 2 extra-
large triangles total
(you will use 1)
- 1—6 $\frac{7}{8}$ ×8 $\frac{3}{8}$ " rectangle, cutting
it in half diagonally for 2 large
triangles total (you will use 1)
- 1—3 $\frac{7}{8}$ " square, cutting it in
half diagonally for 2 medium
triangles total
- 1—2×6 $\frac{1}{2}$ " rectangle
- 1—1 $\frac{1}{2}$ ×8" rectangle
- 1—1 $\frac{1}{2}$ ×6 $\frac{1}{2}$ " rectangle
- 6—1 $\frac{1}{2}$ ×3 $\frac{1}{2}$ " rectangles
- 4—1×3 $\frac{1}{2}$ " rectangles
- 35—2 $\frac{3}{8}$ " squares, cutting each
in half diagonally for 70 small
triangles total
- 70—2" squares
- 16—1 $\frac{7}{8}$ " squares, cutting each
in half diagonally for 32 extra-
small triangles total
- 32—1 $\frac{1}{2}$ " squares

From navy polka dot, cut:

- 2—1 $\frac{1}{2}$ ×42 $\frac{1}{2}$ " middle
border strips
- 2—1 $\frac{1}{2}$ ×32 $\frac{1}{2}$ " middle
border strips
- 1—3 $\frac{1}{2}$ ×8 $\frac{1}{2}$ " rectangle
- 1—3 $\frac{7}{8}$ " square, cutting it in
half diagonally for 2 medium
triangles total
- 16—1 $\frac{7}{8}$ " squares, cutting each
in half diagonally for 32 extra-
small triangles total
- 8—1 $\frac{1}{2}$ " squares
- 1 of Pattern A

From blue large boat print, cut:

- 1—8 $\frac{3}{8}$ ×9 $\frac{7}{8}$ " rectangle, cutting
it in half diagonally (upper left-
hand corner to lower right-hand
corner for directional print) for 2
extra-large triangles total
(you will use 1)

From white polka dot, cut:

- 1—6 $\frac{7}{8}$ ×8 $\frac{3}{8}$ " rectangle, cutting
it in half diagonally (upper right-
hand corner to lower left-hand
corner, if substituting directional
print) for 2 large triangles total
(you will use 1)
- 10—6 $\frac{1}{2}$ " squares

From blue tone-on-tone, cut:

- 2—1 $\frac{1}{2}$ ×28 $\frac{1}{2}$ " sashing strips
- 2—1 $\frac{1}{2}$ ×18 $\frac{1}{2}$ " sashing strips
- 2—1 $\frac{1}{2}$ ×16 $\frac{1}{2}$ " sashing strips
- 1—1×10 $\frac{1}{2}$ " strip
- 1 of Pattern B

From blue wave print, cut:

- 1—5 $\frac{1}{2}$ ×16 $\frac{1}{2}$ " rectangle

From blue small boat print, cut:

- 35—2 $\frac{3}{8}$ " squares, cutting each
in half diagonally for 70 small
triangles total
- 20—2" squares

From white boat print, cut:

- 3—6 $\frac{1}{2}$ ×42" strips for outer
border (cut crosswise)
- 2—6 $\frac{1}{2}$ ×44 $\frac{1}{2}$ " outer border
strips (cut lengthwise)
- 5—2 $\frac{1}{2}$ ×44 $\frac{1}{2}$ " binding strips
(cut lengthwise)

Assemble Center Block

1. Sew together a solid white
medium triangle and a navy
polka dot medium triangle to
make a medium triangle-square
(Diagram 1). Press seam toward
navy polka dot. The triangle-
square should be 3 $\frac{1}{2}$ " square
including seam allowances.
Repeat to make a second
medium triangle-square.
2. Referring to Diagram 2, join
medium triangle-squares to navy
polka dot 3 $\frac{1}{2}$ ×8 $\frac{1}{2}$ " rectangle
to make boat bottom unit. Press
seams toward rectangle.
3. Referring to Diagram 3, join a
solid white extra-large triangle
to a blue large boat print extra-
large triangle to make a right-
hand sail rectangle. Press seam
toward blue triangle.
4. Sew solid white 1 $\frac{1}{2}$ ×8"
rectangle to bottom edge of
right-hand sail rectangle. Then
sew blue tone-on-tone 1×10 $\frac{1}{2}$ "
strip to left side edge of sail

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rectangle to make a right sail section (**Diagram 4**). Press seams toward added rectangles.

5. Referring to **Diagram 5**, join solid white and white polka dot large triangles to make a left-hand sail rectangle; press seam toward polka dot triangle.
6. Join solid white $2 \times 6\frac{1}{2}$ " rectangle to bottom edge of left-hand sail rectangle. Add solid white $1\frac{1}{2} \times 6\frac{1}{2}$ " rectangle to top edge to make a left sail section (**Diagram 6**). Press seams toward added rectangles.
7. Referring to **Diagram 7**, join sail sections to make sails unit; press seam toward blue tone-on-tone strip. Join sails unit to boat bottom unit to make pieced boat. Press seams toward boat bottom.
8. Referring to **Diagram 8**, sew a solid white $1\frac{1}{2} \times 14\frac{1}{2}$ " rectangle to top of pieced boat. Press seam toward solid white rectangle. Then sew solid white $1\frac{1}{2} \times 14\frac{1}{2}$ " rectangles to side edges of pieced boat. Join blue wave print $5\frac{1}{2} \times 16\frac{1}{2}$ " rectangle to bottom of pieced boat and solid white $1\frac{1}{2} \times 16\frac{1}{2}$ " rectangle to top edge to make center block. Press all seams toward added rectangles. The center block should be $16\frac{1}{2} \times 20\frac{1}{2}$ " including seam allowances.
9. Using thread that matches appliqués and turning under seam allowances as you go, hand-appliqué A flag and B circle to center block (**Diagram 8**).

Assemble Quilt Center

1. Join a navy polka dot extra-small triangle and a solid white extra-

small triangle-square (**Diagram 9**). Press seam toward navy triangle. The triangle-square should be $1\frac{1}{2}$ " square including seam allowances. Repeat to make 32 extra-small triangle-squares total.

2. Lay out four extra-small triangle-squares, four solid white $1\frac{1}{2}$ " squares, and a navy polka dot $1\frac{1}{2}$ " square in three rows (**Diagram 10**). Join pieces in each row; press seams in one direction, alternating direction with each row. Join rows to make a star block. Press seams in one direction. The star block should be $3\frac{1}{2}$ " square including seam allowances. Repeat to make eight star blocks total.
3. Sew blue tone-on-tone $1\frac{1}{2} \times 16\frac{1}{2}$ " sashing strips to top and bottom edges of center block (**Quilt Assembly Diagram**). Press seams toward sashing.
4. Referring to **Diagram 11**, join four star blocks and three solid white $1\frac{1}{2} \times 3\frac{1}{2}$ " rectangles in a row, alternating blocks and rectangles. Press seams toward solid white rectangles. Sew a solid white $1 \times 3\frac{1}{2}$ " rectangle to each end of row to make a star block sashing row. Press seams toward solid white rectangles. The row should be $3\frac{1}{2} \times 16\frac{1}{2}$ " including seam allowances. Repeat to make a second star block sashing row.
5. Join star block sashing rows to top and bottom edges of center block (**Quilt Assembly Diagram**). Press seams toward blue tone-on-tone sashing strips.

6. Sew blue tone-on-tone $1\frac{1}{2} \times 28\frac{1}{2}$ " sashing strips to side edges of center block

(**Quilt Assembly Diagram**). Join blue tone-on-tone $1\frac{1}{2} \times 18\frac{1}{2}$ " sashing strips to remaining edges to make quilt center. Press all seams toward sashing strips. The quilt center should be $18\frac{1}{2} \times 30\frac{1}{2}$ " including seam allowances.

Assemble Small Boat Blocks

1. Sew together a blue small boat print small triangle and a solid white small triangle to make a small triangle-square (**Diagram 12**). Press seam toward blue triangle. The triangle-square should be 2" square including seam allowances. Repeat to make 70 small triangle-squares total.
2. Lay out seven small triangle-squares, seven solid white 2" squares, and two blue small boat print 2" squares in four rows (**Diagram 13**). Join pieces in each row. Press seams in one direction, alternating direction with each row. Join rows to make a small boat block. Press seams in one direction. The block should be $6\frac{1}{2}$ " square including seam allowances. Repeat to make 10 small boat blocks total.

Assemble and Add Borders

1. Sew together three white polka dot $6\frac{1}{2}$ " squares and two small boat blocks, alternating squares and blocks, to make a side inner border strip (**Quilt Assembly Diagram**). Press seams toward polka dot squares. Repeat to make a second side inner border strip. Join side inner border strips to side edges of quilt center; press seams toward quilt center.

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2. Join three small boat blocks and two white polka dot 6½" squares, alternating blocks and squares, to make a top inner border strip (**Quilt Assembly Diagram**). Press seams toward polka dot squares. Repeat to make a bottom inner border strip. Join top and bottom inner border strips to remaining edges of quilt center. Press seams toward quilt center.
3. Sew navy polka dot 1½×42½" middle border strips to long edges of quilt center. Join navy polka dot 1½×32½" middle border strips to remaining edges. Press all seams toward middle border.
4. Cut and piece crosswise-cut white boat print 6½×42" strips to make:
 - 2—6½×44½" pieced outer border strips
5. Join lengthwise-cut white boat print outer border strips to side edges of quilt center. Sew pieced outer border strips to remaining edges to complete quilt top. Press all seams toward outer border.

Finish Quilt

1. Layer quilt top, batting, and backing; baste.
2. Quilt as desired. Designer Rhoda Nelson machine-quilted a horizontal wave pattern across the quilt top.
3. Bind with white boat print binding strips.

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DIAGRAM 1

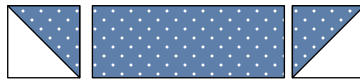


DIAGRAM 2

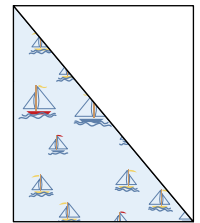


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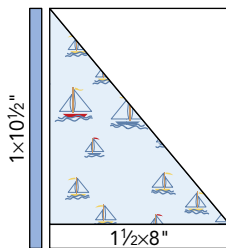


DIAGRAM 4

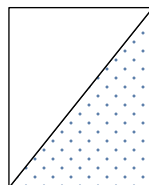


DIAGRAM 5

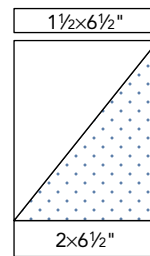


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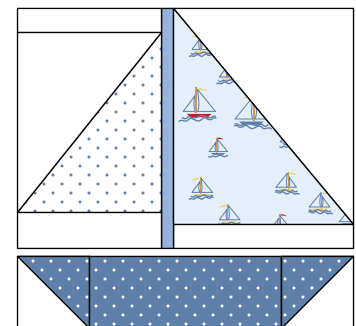


DIAGRAM 7

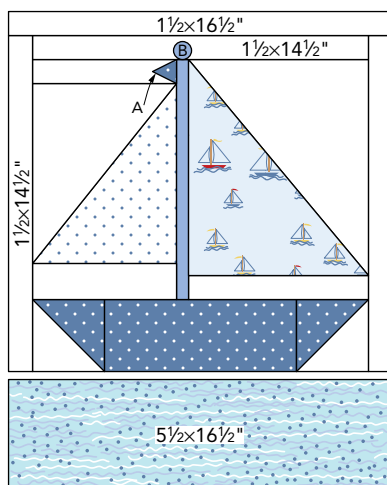


DIAGRAM 8



DIAGRAM 9



DIAGRAM 10

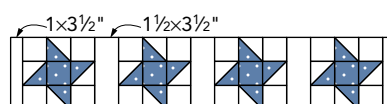


DIAGRAM 11



DIAGRAM 12

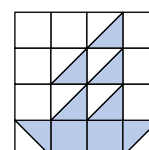
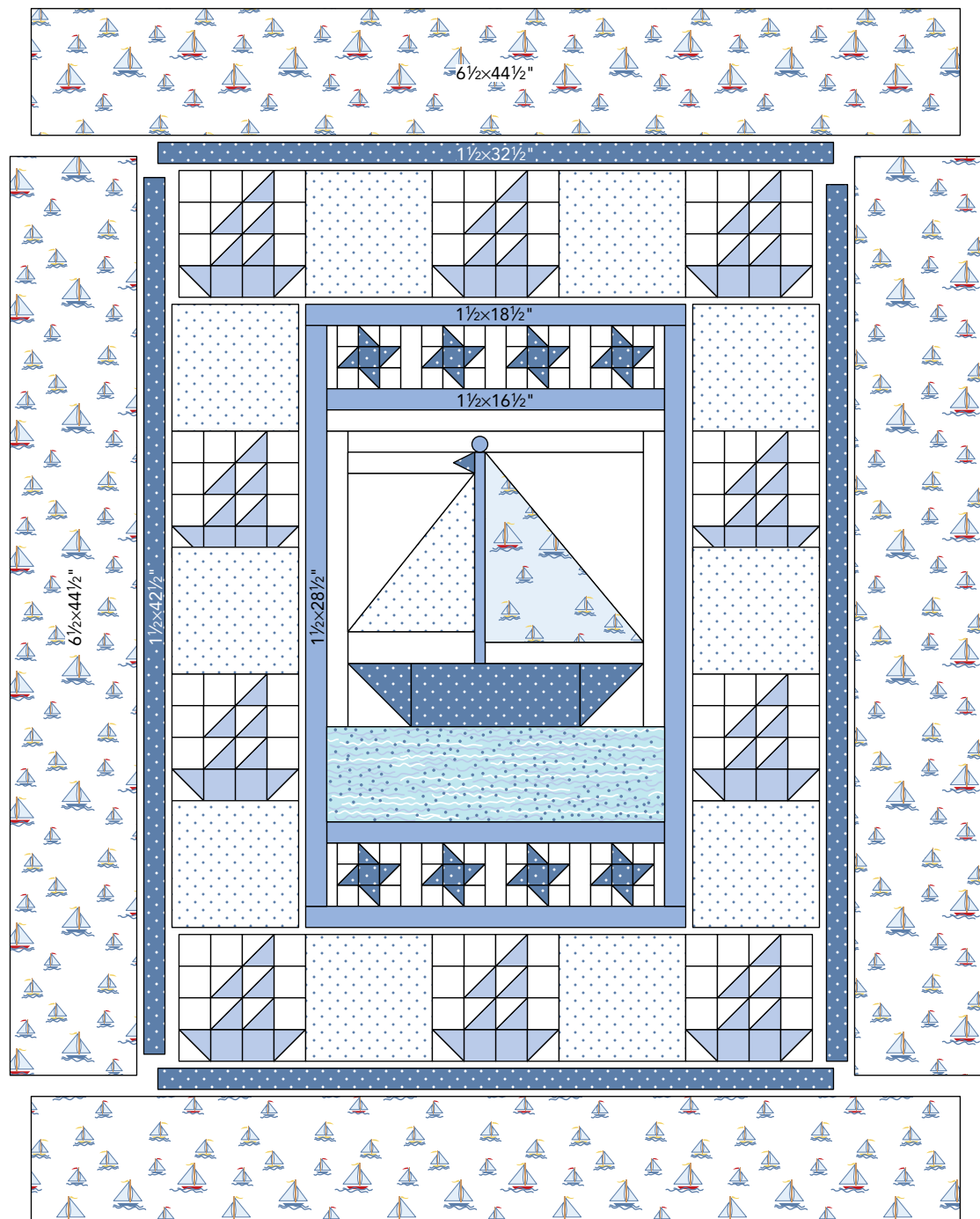


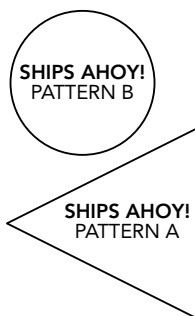
DIAGRAM 13

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QUILT ASSEMBLY DIAGRAM

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This box should
measure 1".

← 1" →

*** NOTE:**

When printing a downloadable pdf, set Page Scaling preference to NONE to print patterns at 100%. Do NOT "Shrink to Fit" or "Fit to Printable Area."

Make and Use Templates

Make Templates

A template is a pattern made from extra-sturdy material so you can trace around it many times without wearing away the edges. Acrylic templates for many common shapes are available at quilt shops. Or you can make your own by duplicating printed patterns on template plastic.

To make permanent templates, purchase easy-to-cut template plastic, available at quilt shops and crafts supply stores. Lay the plastic over a printed pattern. Trace the pattern onto the plastic using a ruler and a permanent marker to ensure straight lines, accurate corners, and permanency.

For hand piecing and appliqué, make templates the exact size finished pieces will be (without seam allowances). For piecing, this means tracing the patterns' dashed lines.

For machine piecing, make templates that include seam allowances by tracing the patterns' solid and dashed lines onto the template plastic.

For easy reference, mark each template with its letter designation, grain line (if noted on the pattern), and block name. Cut out the traced shapes on their outside lines. Verify each template's shape and size by placing it over its printed pattern. Templates must be accurate; errors, however small, will compound many times as you assemble a quilt. To check templates' accuracy, make a test block before cutting the fabric pieces for an entire quilt.

Use Templates

To mark on fabric, use a pencil, white dressmaker's pencil, chalk, or a special fabric marker that makes a thin, accurate line. Do not use a ballpoint or ink pen; it may bleed if washed. Test all marking tools on a fabric scrap before using them.

To make pieces for hand piecing or appliqué, place a template facedown on the wrong side of the fabric and trace. Then reposition the template at least $\frac{1}{2}$ " away from the previous tracing (**Diagram 1**), trace again, and repeat. The lines you trace on the fabric are sewing lines. Mark cutting lines $\frac{1}{4}$ " away from the sewing lines, or estimate the distance by eye when cutting out the pieces with scissors. For hand piecing, add a $\frac{1}{4}$ " seam allowance; for hand appliqué, add a $\frac{3}{16}$ " seam allowance.

Because templates used to make pieces for machine piecing have seam allowances included, you can use common tracing lines for efficient cutting. Place a template facedown on the wrong side of the fabric and trace. Then reposition the template without a space between it and the previous tracing (**Diagram 2**); trace again and repeat. Using a rotary cutter and ruler, cut pieces out, cutting precisely on the drawn lines.

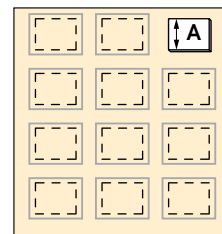


DIAGRAM 1

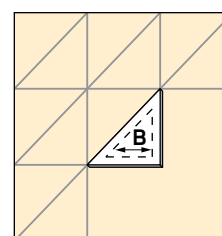


DIAGRAM 2