

Materials

- 10½" square of solid cream
- Solid blue, solid pink, solid yellow, blue print, pink print, yellow print, and green print scraps
- 18×22" (fat quarter) of solid green

Finished block: 9" square

Cut the Fabrics

Patterns are on pages 2-5.

Before beginning, read All About Appliqué on page 7. Choose a method of appliqué, then refer to the instructions for your chosen appliqué method to make templates (if necessary), cut fabric pieces, and prepare them.

To make a template of Pattern D, which is added to the block with curved piecing, refer to Make and Use Templates, page 6.

From each solid blue, pink, and yellow, cut:

1 of Pattern B

From each blue, pink, and yellow print, cut:

1 of Pattern C

From green print, cut:

1 of Pattern D

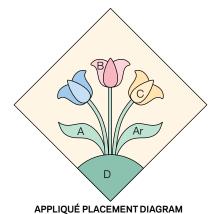
From solid green, cut:

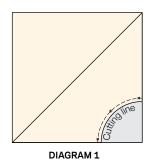
- 1—10" square, cutting it into enough %"-wide bias strips for three 5½"-long strips for stems
- 1 each of patterns A and A reversed

Assemble the Block

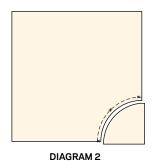
- Prepare and position the appliqué pieces on the solid cream 10½" square (Appliqué Placement Diagram).
- 2. Using your chosen appliqué method and threads that match the fabrics, appliqué the pieces in place, starting with the stems.

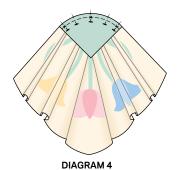
- Trim the appliqué foundation to 9½" square, including the seam allowances
- 4. Place the Corner Cutting
 Template on the wrong side of
 the appliqued square, aligned in
 the corner where the stems end
 (Diagram 1). Trace around the
 template, transferring reference
 marks. Carefully cut on the
 marked edge (Diagram 2).
- 5. With right sides together, pin the appliquéd block to the green print D block corner. Place the first pin precisely at the center of the sewing line. Next, place a pin at each end of the sewing line (Diagram 3). Then pin the remainder of the seam until all reference marks are matched and the pieces fit together smoothly (Diagram 4). Join to complete an appliqué block.





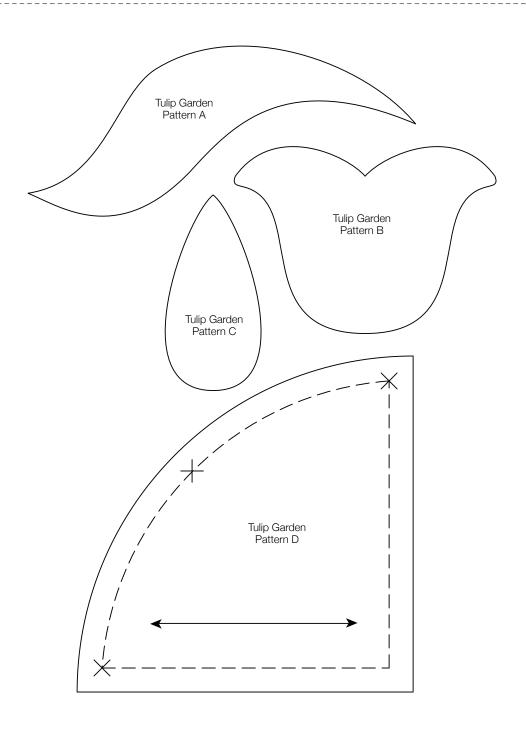










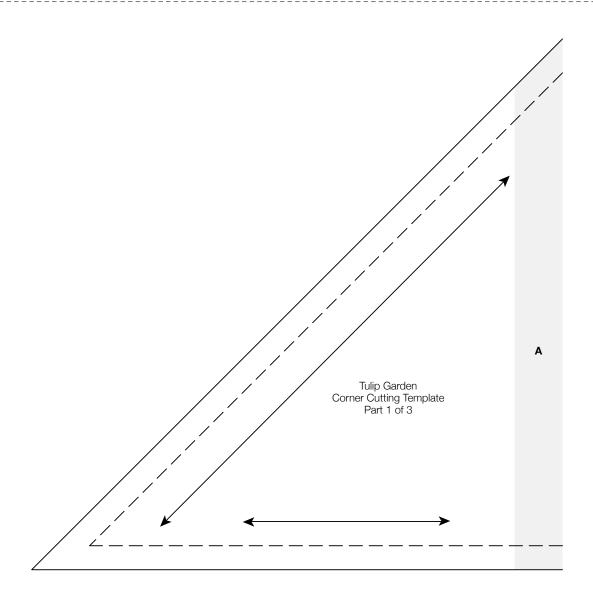


To make an entire pattern, cut out partial patterns on outside lines and tape together, overlapping shaded areas.

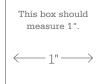


* NOTE:



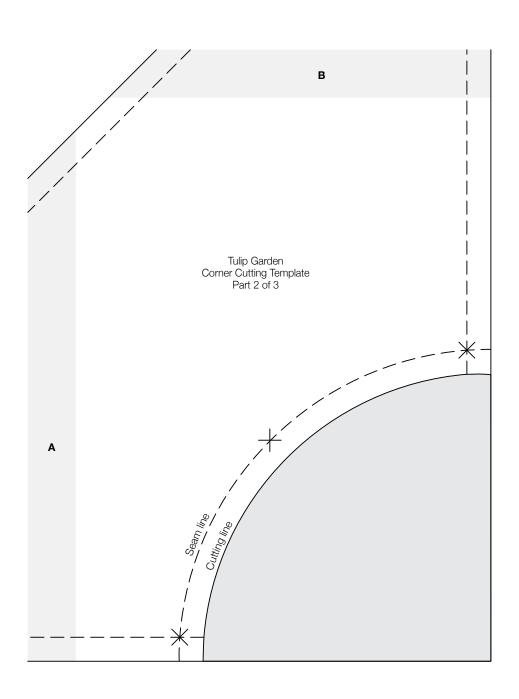


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* NOTE:



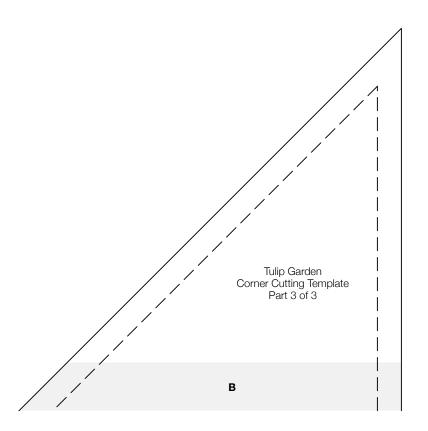


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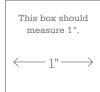


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* NOTE:



Make and Use Templates

Make Templates

A template is a pattern made from extra-sturdy material so you can trace around it many times without wearing away the edges. Acrylic templates for many common shapes are available at quilt shops. Or you can make your own by duplicating printed patterns on template plastic.

To make permanent templates, purchase easy-to-cut template plastic, available at quilt shops and crafts supply stores. Lay the plastic over a printed pattern. Trace the pattern onto the plastic using a ruler and a permanent marker to ensure straight lines, accurate corners, and permanency.

For hand piecing and appliqué, make templates the exact size finished pieces will be (without seam allowances). For piecing, this means tracing the patterns' dashed lines.

For machine piecing, make templates that include seam allowances by tracing the patterns' solid and dashed lines onto the template plastic.

For easy reference, mark each template with its letter designation, grain line (if noted on the pattern), and block name. Cut out the traced shapes on their outside lines. Verify each template's shape and size by placing it over its printed pattern. Templates must be accurate; errors, however small, will compound many times as you assemble a quilt. To check templates' accuracy, make a test block before cutting the fabric pieces for an entire quilt.

Use Templates

To mark on fabric, use a pencil, white dressmaker's pencil, chalk, or a special fabric marker that makes a thin, accurate line. Do not use a ballpoint or ink pen; it may bleed if washed. Test all marking tools on a fabric scrap before using them.

To make pieces for hand piecing or appliqué, place a template facedown on the wrong side of the fabric and trace. Then reposition the template at least ½" away from the previous tracing (Diagram 1), trace again, and repeat. The lines you trace on the fabric are sewing lines. Mark cutting lines ¼" away from the sewing lines, or estimate the distance by eye when cutting out the pieces with scissors. For hand piecing, add a ¼" seam allowance; for hand appliqué, add a ¾16" seam allowance.

Because templates used to make pieces for machine piecing have seam allowances included, you can use common tracing lines for efficient cutting. Place a template facedown on the wrong side of the fabric and trace. Then reposition the template without a space between it and the previous tracing (Diagram 2); trace again and repeat. Using a rotary cutter and ruler, cut pieces out, cutting precisely on the drawn lines.

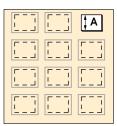


DIAGRAM 1

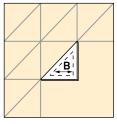


DIAGRAM 2



All About Appliqué

The beauty of appliquéd quilts attracts the attention of quilters. But to many, appliquéing sounds too difficult or time-consuming to attempt. We've offered three appliqué techniques that are sure to meet your every appliqué need.

Choose An Appliqué Method

Appliqué can be done by hand or machine. What follows are three methods. Needle-turn appliqué is the traditional hand-stitched method. Fusible web offers the quiltmaker speed and ease in tracing and securing the shapes to a foundation. The edges of the appliqué can be finished by hand and or machine. Freezer-paper appliqué is a method that uses a specific product to prepare your appliqué pieces. Once the pieces are prepared, they can be appliquéd by hand or machine.

How to Use Freezer-Paper Templates

A template is a pattern used to trace the appliqué shape onto fabric. Freezer paper works well for appliqué templates because it is inexpensive and is available at grocery stores or some quilt shops. Freezer paper has a shiny coating on one side that temporarily adheres to fabric when pressed with a warm iron.

- 1. To make a template, lay the freezer paper, shiny side down, over a printed pattern and trace the pattern using a permanent marker (Photo 1). Mark each template with its letter designation; cut out the shape on the drawn lines.
- Place freezer-paper template dull side up on the right side of the fabric. While holding the freezer paper in place, cut the shape from fabric, adding a ¾1e" seam allowance to all edges (Photo 2).
- 3. Turn the freezer-paper template shiny side up and place on the wrong side of the appliqué shape. Clip the inside curves or points on the shapes (Photo 3). When clipping inside curves, clip halfway through the seam allowances. Make clips on the bias grain of the seam allowance. Some clips will be on the diagonal, rather than perpendicular to the seam line. Diagonal clipping prevents fabric from raveling while you're working on the edges.
- 4. Use the tip of a hot, dry iron to push the seam allowance over the edge of the freezer paper (Photo 4). The seam allowance will adhere to the shiny side of the paper. Make sure the appliqué fabric is pressed taut against the template. After

- all the edges are pressed, let the appliqué shape cool, then remove the freezer-paper template. Or, if desired, you can remove the freezer paper after sewing the appliqué to the foundation.
- **5.** Appliqué the shape to the foundation, using hand or machine stitching.

How to Do Needle-turn Appliqué

For needle-turn appliqué, we recommend making templates from template plastic, which is available at quilting and crafts supply stores. Because it is sturdy and durable, template plastic is a good choice if you want to make permanent templates of a design you expect to use over and over again.

- 1. To make templates, lay the plastic over a printed pattern. Trace the pattern onto the plastic using a permanent marker. Make the template the exact size that finished pieces will be (without seam allowances). Cut out shapes on the drawn lines.
- Place your templates faceup on the right side of the fabric, positioning them at least \(\frac{1}{2}\)" apart; trace.

USING FREEZER-PAPER TEMPLATES











All About Appliqué

- 3. Cut out the appliqué shapes with scissors, adding a 3/16" seam allowance to all edges.
- 4. Use pins, large hand stitches, or washable appliqué glue to baste shapes in place on the foundation. Appliqué the shapes to the foundation, using your needle to turn under the seam allowances as you work. Use the needle tip to turn under the fabric just ahead of the section being stitched.

How to Use Fusible Web

Use lightweight fusible web with appliqué pieces that will be handor machine-stitched to the foundation fabric.

If you're not using an appliqué pattern designed for fusible web, you will need to create a mirror image of the pattern before tracing it. If you don't, your appliqués will be reversed once you cut them from fabric. To create a reverse image, tape the pattern facedown on a light box or sunny window and trace. Be sure to mark the name and the word "reversed" on the pattern to remind you that you've already reversed the image.

- 1. Position fusible web, paper side up, over appliqué patterns and place on a light box or sunny window. Use a pencil to trace each pattern the specified number of times. If you are tracing multiple pieces at one time, leave at least ½" between tracings.
- 2. To reduce the stiffness of the finished project, consider cutting away the center of your fusible-web shapes. Cut ¼" inside the traced lines and discard the centers
- 3. Place the fusible-web shapes, paper side up, on the back of the designated appliqué fabrics. Press in place following manufacturer's instructions. Do not slide the iron, but pick it up to move it from one area to the next. Let the shapes cool.
- **4.** Cut out the fabric shapes on the drawn lines. Peel off the paper backings.
- Follow manufacturer's instructions to fuse the appliqués in place on the foundation. Hand- or machinestitch around the appliqué edges.

USING FUSIBLE WEB







