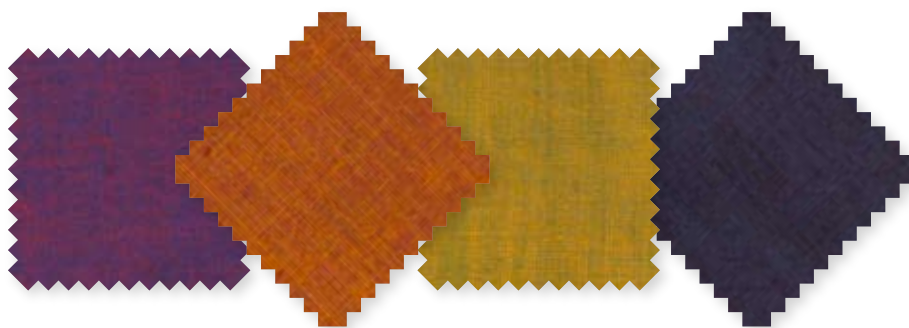


Project: Simple Squares & Bars

INSPIRED BY "ZEN" FROM DESIGNER AMY WALSH OF BLUE UNDERGROUND STUDIOS
QUILTMAKER: JILL ABELOE MEAD



Editor Jill Abeloe Mead made her version of Zen using Kaffe Fassett's shot cottons for Westminster Fabrics. "The warp and weft threads of these solids are different colors, giving the fabrics greater depth than you might expect," Jill says.

Project: Simple Squares & Bars

Materials

- $\frac{7}{8}$ yard each of solid rust and solid fuchsia (blocks, setting rectangles)
- $\frac{5}{8}$ yard each of solid olive green, solid periwinkle, solid plum, solid yellow, solid orange, and solid navy blue (blocks, setting rectangles)
- $\frac{5}{8}$ yard binding fabric)
- $3\frac{5}{8}$ yards backing fabric)
- 65x77" batting

Finished quilt: 59x70 $\frac{1}{2}$ "
Finished block: 6 $\frac{1}{2}$ x10"

Quantities are for 44/45"-wide, 100% cotton fabrics.

Measurements include $\frac{1}{4}$ " seam allowances. Sew with right sides together unless otherwise stated.

Cut Fabrics

Cut pieces in the following order.

From each of solid rust and solid fuchsia, cut:

- 3—7x10 $\frac{1}{2}$ " setting rectangles
- 12—3x10 $\frac{1}{2}$ " rectangles
- 12—2x2 $\frac{1}{2}$ " rectangles
- 12—2x1 $\frac{1}{4}$ " rectangles

From each solid in olive green, periwinkle, plum, and orange, cut:

- 4—7x10 $\frac{1}{2}$ " setting rectangles
- 6—3x10 $\frac{1}{2}$ " rectangles
- 6—2x2 $\frac{1}{2}$ " rectangles
- 6—2x1 $\frac{1}{4}$ " rectangles

From solid yellow, cut:

- 4—7x10 $\frac{1}{2}$ " setting rectangles
- 8—3x10 $\frac{1}{2}$ " rectangles
- 8—2x2 $\frac{1}{2}$ " rectangles
- 8—2x1 $\frac{1}{4}$ " rectangles

From solid navy blue, cut:

- 5—7x10 $\frac{1}{2}$ " setting rectangles
- 8—3x10 $\frac{1}{2}$ " rectangles
- 8—2x2 $\frac{1}{2}$ " rectangles
- 8—2x1 $\frac{1}{4}$ " rectangles

From scraps of assorted solids, cut:

- 96—2" squares (32 sets of 3 matching squares)

From binding fabric, cut:

- 7—2 $\frac{1}{2}$ x42" binding strips

Assemble Blocks

These instructions result in one block. Repeat assembly instructions to make 32 blocks total: six each of rust and fuchsia; four each of navy blue and yellow; and three each of olive green, periwinkle, plum, and orange.

1. For each block you will need a set of two 3x10 $\frac{1}{2}$ " rectangles, two 2x2 $\frac{1}{2}$ " rectangles, and two 2x1 $\frac{1}{4}$ " rectangles from one solid and a set of three 2" squares from another solid.

2. Referring to **Diagram 1**, sew together solid 2x2 $\frac{1}{2}$ " and 2x1 $\frac{1}{4}$ " rectangles and solid contrasting squares to make a pieced row. Press seams in one direction. The pieced row should be 2x10 $\frac{1}{2}$ " including seam allowances.

3. Referring to **Diagram 2**, add solid 3x10 $\frac{1}{2}$ " rectangles to long edges of pieced row to make a block. Press seams away from pieced row. The block should be 7x10 $\frac{1}{2}$ " including seam allowances.

Assemble Quilt Top

1. Referring to photo, lay out blocks and solid 7x10 $\frac{1}{2}$ " setting rectangles in seven horizontal rows, alternating blocks and setting rectangles.
2. Sew together pieces in each row. Press seams toward setting rectangles.
3. Join rows to complete quilt top; press seams in one direction.

Finish Quilt

1. Layer quilt top, batting, and backing; baste. Quilt as desired.
2. Bind with desired binding strips.

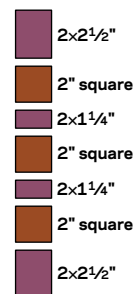


DIAGRAM 1

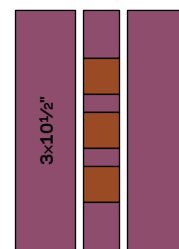


DIAGRAM 2