

Project: Stars at Dusk Table Runner

INSPIRED BY "MIX IT UP" FROM DESIGNER PAM BUDA OF HEARTSPUN QUILTS
QUILTMAKER: LAURA BOEHNKE



For this table runner, begin with a monochromatic palette of browns from the Serenity collection by Daiwabo for Maywood Studio. Then add cool blues and a touch of pale green to give the quilt a serene feel.

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Materials

- ½ yard total assorted dark brown prints (blocks, outer border)
- ¾ yard total assorted light to medium prints in brown, tan, rust, and green (blocks, outer border)
- ½ yard total assorted blue prints (blocks, outer border)
- ¾ yard dark brown tone-on-tone (inner and outer borders, binding)
- 1⅝ yards backing fabric
- 31×56" batting

Finished table runner: 25×49½"

Finished block: 6" square

Quantities are for 44/45"-wide, 100% cotton fabrics.

Measurements include ¼" seam allowances. Sew with right sides together unless otherwise stated.

Cut Fabrics

Cut pieces in the following order.

From assorted dark brown prints, cut:

- 12—3⅞" squares
- 24—2⅝" squares, cutting each in half diagonally for 48 triangles total (12 sets of 4 matching triangles)

From assorted light and medium prints, cut:

- 16—4" squares
- 12 sets of one 2×9" strip and one matching 3⅞" square
- 36—1¾" squares

From assorted blue prints, cut:

- 4—4" squares
- 12—2×9" strips
- 36—1¾" squares

From dark brown tone-on-tone, cut:

- 4—2½×42" binding strips
- 2—3½×18" inner border strips
- 2—3¼×36½" inner border strips
- 12—2⅝" squares, cutting each in half diagonally for 24 triangles total

Assemble Blocks

1. Use a pencil to mark a diagonal line on wrong side of each assorted dark brown print 3⅞" square.
2. For one Jacob's Ladder block, gather a marked dark brown print square, a 3⅞" square and 2×9" strip from one light or medium print, and a blue print 2×9" strip.
3. Layer marked dark brown print square atop light or medium print 3⅞" square. Sew together with two seams, stitching ¼" on each side of drawn line (Diagram 1).
4. Cut pair apart on drawn line to make two triangle units (Diagram 1). Open triangle units and press seams toward dark brown print to make two triangle-squares. Each triangle-square should be 3½" square including seam allowances.
5. Sew together light or medium print 2×9" strip and blue print 2×9" strip to make a strip set (Diagram 2). Press seam toward darker print. Cut strip set into four 2"-wide segments.
6. Join two 2"-wide segments to make a large Four-Patch unit (Diagram 3). Press seam open. The unit should be 3½" square including seam allowances. Repeat to make a second large Four-Patch unit.

7. Referring to Diagram 4, sew together triangle-squares and large Four-Patch units in pairs. Press seams open. Join pairs to make a Jacob's Ladder block; press seam open. The block should be 6½" square including seam allowances.

8. Repeat steps 2-7 to make 12 Jacob's Ladder blocks total.

Assemble Quilt Center

1. Referring to Quilt Assembly Diagram, lay out blocks in six rows, rotating every other block a quarter turn. Sew together blocks in each row. Press seams in one direction, alternating direction with each row.
2. Join rows to make quilt center. Press seams in one direction. The quilt center should be 12½×36½" including seam allowances.

Assemble and Add Borders

1. Sew long brown tone-on-tone inner border strips to long edges of quilt center. Add short brown tone-on-tone inner border strips to remaining edges. Press all seams toward inner border.
2. Referring to Diagram 5, sew together two assorted light or medium print 1¾" squares and two assorted blue print 1¾" squares in pairs. Press seams in opposite directions. Join pairs to make a small Four-Patch unit. Press seam in one direction. The small Four-Patch unit should be 3" square including seam allowances. Repeat to make 18 small Four-Patch units total.

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3. Sew matching dark brown print or dark brown tone-on-tone triangles to opposite edges of a small Four-Patch unit (Diagram 6). Add matching dark brown print or dark brown tone-on-tone triangles to remaining edges to make a Square-in-a-Square unit. Press all seams toward triangles. The unit should be 4" square including seam allowances. Repeat to make 18 Square-in-a-Square units total.

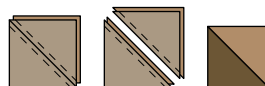


DIAGRAM 1

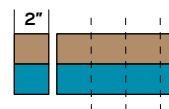


DIAGRAM 2



DIAGRAM 3

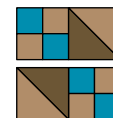


DIAGRAM 4

4. Referring to Quilt Assembly Diagram, join six assorted light or medium print 4" squares and six Square-in-a-Square units in a row to make a long outer border strip. Press seams toward squares. The long outer border strip should be $4 \times 42\frac{1}{2}$ " including seam allowances. Repeat to make a second long outer border strip. Sew long outer border strips to long edges of quilt center.



DIAGRAM 5

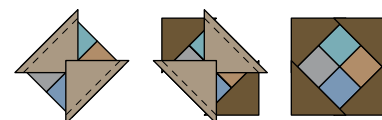
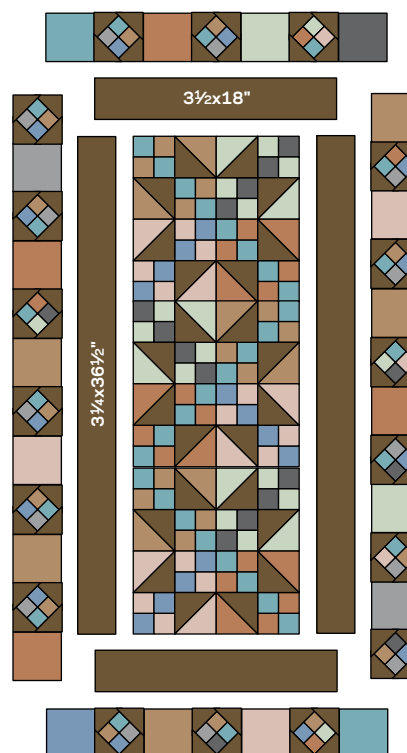


DIAGRAM 6

5. Referring to Quilt Assembly Diagram, join two assorted blue print 4" squares, two assorted light or medium print 4" squares, and three Square-in-a-Square units in a row to make a short outer border strip. Press seams toward squares. The strip should be 4×25 " including seam allowances. Repeat to make a second short outer border strip. Add short outer border strips to remaining edges of quilt center to complete table runner top. Press all seams toward inner border.



QUILT ASSEMBLY DIAGRAM

Finish Table Runner

1. Layer table runner top, batting, and backing; baste. Quilt as desired.
2. Bind with brown tone-on-tone binding strips.