

Project: Twist and Turn



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## Materials

- ▶ 15—18×22" pieces (fat quarters) assorted light prints (block backgrounds)
- ▶ 7—18×22" pieces (fat quarters) assorted medium prints (blocks)
- ▶ 8—18×22" pieces (fat quarters) assorted dark prints (blocks)
- ▶ ¼ yard purple floral (sashing squares)
- ▶ 3 yards red polka dot (sashing, binding)
- ▶ 5½ yards backing fabric
- ▶ 63×99" batting

Finished Quilt: 56½×92½"

Finished Block: 16" square

Quantities are for 44/45" wide, 100% cotton fabrics. All measurements include a ¼" seam allowance. Sew with right sides together unless otherwise stated.

## Cut Fabrics

To make the best use of your fabrics, cut pieces in the following order.

## From each light print, cut:

- ▶ 4—4½×8½" rectangles
- ▶ 8—3½" squares

## From each medium and dark print, cut:

- ▶ 8—4½" squares
- ▶ 8—3½" squares

## From purple floral, cut:

- ▶ 24—2½" sashing squares

## From red polka dot, cut:

- ▶ 8—2½×42" binding strips
- ▶ 38—2½×16½" sashing strips

## Plan Quilt Top

For ease in sewing, choose three prints for each block and store cut pieces in plastic bags. Make 15 piles, each with four 4½" squares and eight 3½" squares from one medium or dark print (print A). To each pile, add four 4½" squares

from a contrasting medium or dark print (print B), and four 4½×8½" rectangles and eight 3½" squares from one light print.

## Assemble Blocks

These assembly instructions make one Columbian Puzzle block. Repeat with each set of pieces chosen above to make 15 blocks total.

1. Mark a diagonal line on wrong side of light print and A print 3½" squares. (To prevent fabric from stretching as you draw lines, place 220-grit sandpaper under squares.)
2. Align a marked light print 3½" square with one corner of an A print 4½" square (Diagram 1; note placement of marked line). Stitch on marked line; trim excess fabric, leaving ¼" seam allowance. Press attached triangle open, pressing seam toward darker print, to make a pieced square A. The pieced square still should be 4½" square including seam allowances. Repeat to make four total of pieced square A. For a head start on coordinating decor, sew the cutoff triangles from the pieced squares into triangle-squares save and use for the pillows.
3. Repeat Step 2 using B print 4½" squares and remaining light print 3½" squares to make four total of pieced square B.
4. Referring to Diagram 2, sew together the B pieced squares in pairs; press seams in opposite directions. Join pairs to make block center; press seam in one direction.

5. Align two marked A print 3½" squares with corners of a light print 8½×4½" rectangle (Diagram 3; note placement of marked lines). Stitch on marked lines; trim and press as before to make a side unit. The unit still should be 8½×4½" including seam allowances. Repeat to make four side units total.
6. Referring to Diagram 4, lay out A pieced squares, side units, and block center in rows. Sew together pieces in each row. Press seams toward pieced squares and block center. Join rows to make a Columbian Puzzle block. Press seams toward center. The block should be 16½" square including seam allowances.

## Assemble Quilt Top

1. Referring to Quilt Assembly Diagram, lay out Columbian Puzzle blocks, red polka dot 2½×16½" sashing strips, and purple floral 2½" squares in 11 horizontal rows.
2. Sew together pieces in each row. Press seams toward sashing strips.
3. Join rows to complete quilt top. Press seams in one direction.

## Finish Quilt

1. Layer quilt top, batting, and backing; baste.
2. Quilt as desired. Machine-quilter Patti Trygg used an allover swirl pattern.
3. Bind with red polka dot binding strips.

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**Materials for Pillows**  
*Star pillow:*

- ▶ Scraps of green, red, and purple prints
- ▶ Scraps of four assorted light prints
- ▶  $\frac{1}{8}$  yard solid purple (inner border)
- ▶  $\frac{3}{4}$  yard red polka dot (pillow back, outer border)
- ▶ 22" square each of muslin and batting
- ▶ 5— $\frac{3}{4}$ " diameter buttons to cover
- ▶ 18" square pillow form

*Zigzag pillow:*

- ▶ Scraps of orange, purple, and blue prints
- ▶ Scraps of three assorted light prints
- ▶ 18'22" piece (fat quarter) each of red, purple, and cream florals (pillowcase back, band, liner)
- ▶ 5— $\frac{5}{8}$ " diameter buttons to cover 12x16" pillow form

**Cut and Assemble Star Pillow****From green print scraps, cut:**

- ▶ 10— $2\frac{7}{8}$ " squares, cutting each in half diagonally for 20 triangles total

**From red print scraps, cut:**

- ▶ 4— $2\frac{7}{8}$ " squares, cutting each in half diagonally for 8 triangles total

**From purple print scraps, cut:**

- ▶ 4— $2\frac{7}{8}$ " squares, cutting each in half diagonally for 8 triangles total

**From each of three light prints, cut:**

- ▶ 4— $2\frac{7}{8}$ " squares, cutting each in half diagonally for 8 triangles total

**From fourth light print, cut:**

- ▶ 6— $2\frac{7}{8}$ " squares, cutting each in half diagonally for 12 triangles total

**From solid purple, cut:**

- ▶ 2— $1\frac{1}{2}$ × $14\frac{1}{2}$ " inner border strips
- ▶ 2— $1\frac{1}{2}$ × $12\frac{1}{2}$ " inner border strips

**From red polka dot, cut:**

- ▶ 1— $18\frac{1}{2}$ " square
- ▶ 2— $2\frac{1}{2}$ × $18\frac{1}{2}$ " outer border strips
- ▶ 2— $2\frac{1}{2}$ × $14\frac{1}{2}$ " outer border strips

1. Sew together a green print triangle and a light print No. 1 triangle to make a triangle-square (**Diagram 5**). Press seam toward darker triangle. The triangle-square should be  $2\frac{1}{2}$ " square including seam allowances.
2. Repeat Step 1 using appropriate triangles to make the following triangle-squares total:
  - ▶ 8 green-and-light print No. 1
  - ▶ 8 green-and-light print No. 2
  - ▶ 8 red-and-light print No. 3
  - ▶ 8 purple-and-light print No. 4
  - ▶ 4 green-and-light print No. 4
3. Referring to **Diagram 6**, lay out triangle-squares in six rows. Sew together pieces in each row. Press seams in one direction, alternating direction with each row. Join rows to make pillow center. Press seams in one direction.
4. Sew short solid purple inner border strips to opposite edges of pillow center. Add long solid purple inner border strips to remaining edges. Press all seams toward border.

5. Sew short red polka dot outer border strips to opposite edges of pillow center. Add long red polka dot outer border strips to remaining edges to complete pillow top. Press all seams toward outer border.
6. Layer pillow top with batting and muslin 22" squares; baste. Quilt as desired. Trim batting and backing even with pillow top edges.
7. Layer quilted pillow top and red polka dot  $18\frac{1}{2}$ " square. Sew together along all edges, leaving an opening along one side. Turn right side out. Insert pillow form through opening; handstitch opening closed.
8. Following manufacturer's directions, cover five buttons with purple print scraps. Position buttons in pillow center and center of pinwheels; handstitch in place to complete star pillow.

**Cut and Assemble Zigzag Pillow****From scraps of light print No. 1, cut:**

- ▶ 6— $2\frac{7}{8}$ " squares, cutting each in half diagonally for 12 triangles total
- ▶ 4— $2\frac{1}{2}$ " squares

**From scraps of light print No. 2, cut:**

- ▶ 6— $2\frac{7}{8}$ " squares, cutting each in half diagonally for 12 triangles total

**From scraps of light print No. 3, cut:**

- ▶ 6— $2\frac{7}{8}$ " squares, cutting each in half diagonally for 12 triangles total
- ▶ 2— $2\frac{1}{2}$ " squares

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### From each of orange, purple, and blue prints, cut:

- ▶ 6— $2\frac{7}{8}$ " squares, cutting each in half diagonally for 12 triangles total

### From red floral, cut:

- ▶ 1— $12\frac{1}{2}\times 14\frac{1}{2}$ " rectangle

### From purple floral, cut:

- ▶ 2— $5\frac{1}{2}\times 12\frac{1}{2}$ " rectangles

### From cream floral, cut:

- ▶ 1— $12\frac{1}{2}\times 20$ " rectangle

- Referring to Step 1 of **Cut and Assemble Star Pillow**, join appropriate triangles to make the following triangle-squares:
  - ▶ 12 orange-and-light print No. 1
  - ▶ 12 purple-and-light print No. 2
  - ▶ 12 blue-and-light print No. 3

- Lay out triangle-squares and assorted light print  $2\frac{1}{2}$ " squares in six rows (**Diagram 7**). Sew together pieces in each row. Press seams in one direction, alternating direction with each row. Join rows to make pillowcase top. Press seams in one direction. The pillowcase top should be  $12\frac{1}{2}\times 14\frac{1}{2}$ " including seam allowances.

- Sew together pillowcase top and red floral  $12\frac{1}{2}\times 14\frac{1}{2}$ " rectangle along both long edges and the orange print short end to make pillowcase. Turn right side out; press.

- Join short ends of purple floral  $5\frac{1}{2}\times 12\frac{1}{2}$ " rectangles; press seams open. With wrong side inside, press in half lengthwise to make the band. Slip band over pillowcase, aligning raw edges; sew together. Press band away from pillowcase.

- Cover five buttons with orange print scraps. Evenly space along seam between pillowcase top and band; handstitch in place.

- With the right side inside, fold the cream floral  $12\frac{1}{2}\times 20$ " rectangle in half widthwise to make a  $10\times 12\frac{1}{2}$ " rectangle. Sew along short edges to make the pillowcase liner. Turn right side out and press. Zig-zag-stitch along raw edge to prevent fraying.
- Slide pillowcase liner over one end of pillow form, then slide pillowcase over other end.

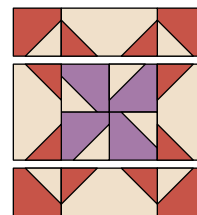


DIAGRAM 4



DIAGRAM 5

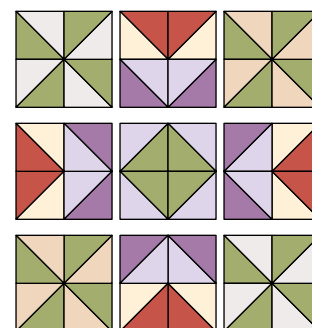


DIAGRAM 6

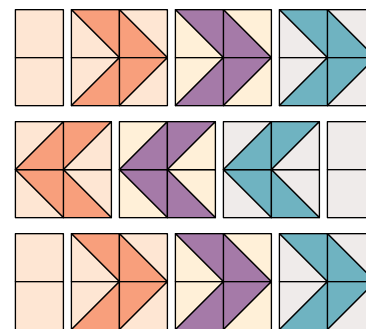


DIAGRAM 7



DIAGRAM 1

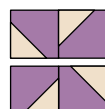
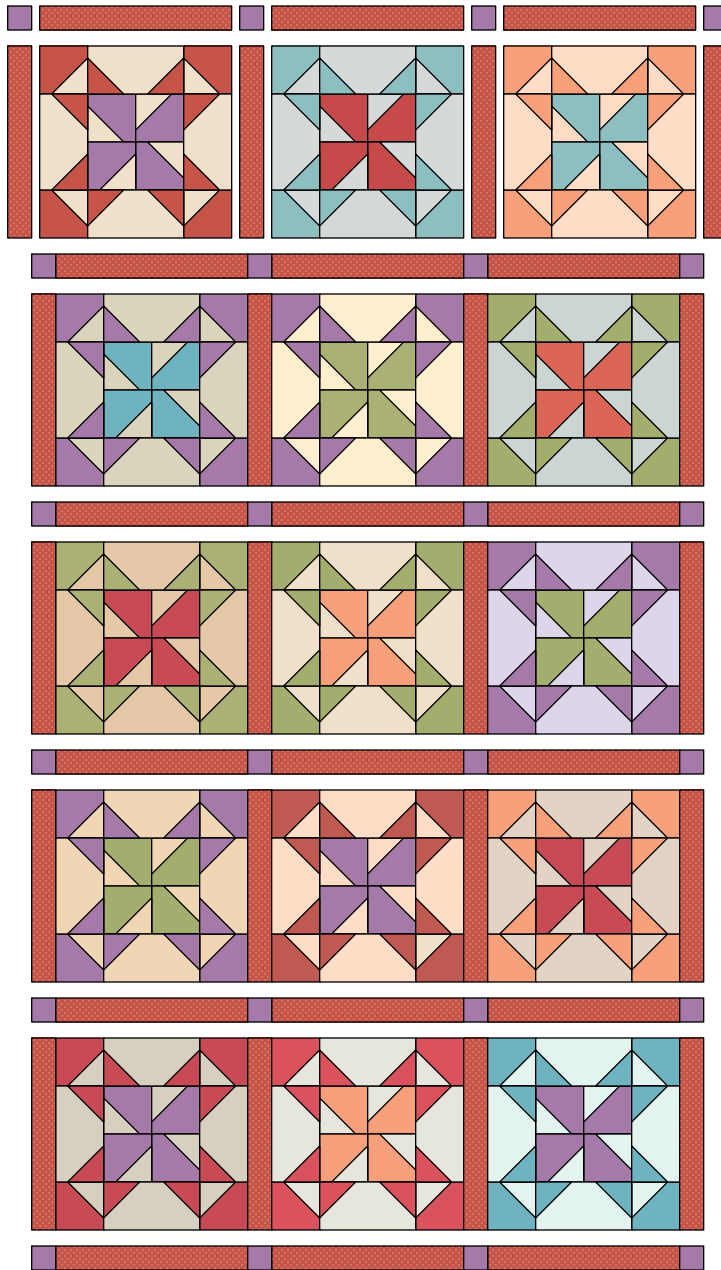


DIAGRAM 2



DIAGRAM 3

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QUILT ASSEMBLY DIAGRAM