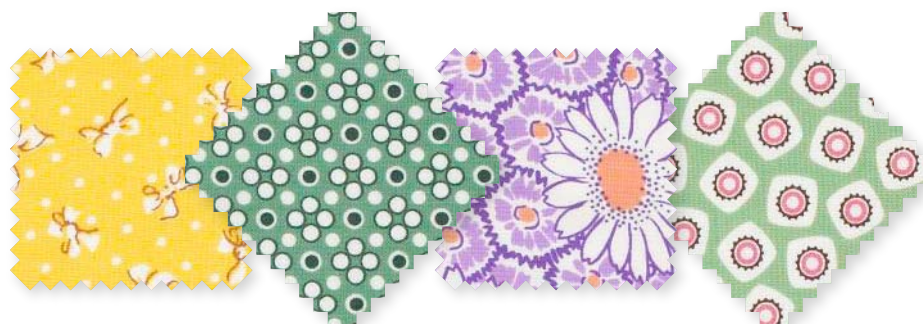


Project: Curved Appliqué Table Runner

INSPIRED BY "LOVES ME, LOVES ME KNOT" FROM DESIGNER PENNY HAREN
QUILTMAKER: LAURA BOEHNKE



What looks like intricate curved piecing on this table runner isn't actually piecing, but rather curved appliques layered atop an easy-to-make foundation block. Each block features a print and coordinating solid from Granny's Treasures collection by Nancy Mahoney for P&B Textiles.

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Materials

- 5—18×22" pieces (fat quarters) assorted solids in yellow, orange, green, white, and lavender (blocks)
- 15—10" squares assorted 1930s prints
- $\frac{3}{4}$ yard blue print (inner border)
- 1 yard red floral (outer border, binding)
- $1\frac{1}{3}$ yards backing fabric
- 35×47" batting
- Lightweight fusible web

Finished quilt: 28 $\frac{1}{2}$ ×40 $\frac{1}{2}$ "

Finished block: 6" square

Quantities are for 44/45"-wide, 100% cotton fabrics.

Measurements include $\frac{1}{4}$ " seam allowances. Sew with right sides together unless otherwise stated.

Cut Fabrics

Cut pieces in the following order.

From assorted solids, cut:

- 60—4 $\frac{1}{2}$ " squares (15 sets of 4 matching squares)

From assorted 1930s prints, cut:

- 60—4 $\frac{1}{2}$ " squares (15 sets of 4 matching squares)

From blue print, cut:

- 2—1 $\frac{1}{2}$ ×30 $\frac{1}{2}$ " inner border strips
- 2—1 $\frac{1}{2}$ ×20 $\frac{1}{2}$ " inner border strips

From red floral, cut:

- 2—4 $\frac{1}{2}$ ×32 $\frac{1}{2}$ " outer border strips
- 2—4 $\frac{1}{2}$ ×28 $\frac{1}{2}$ " outer border strips
- 4—2 $\frac{1}{2}$ ×42" binding strips

Assemble Four-Patch Units

1. Referring to **Diagram 1**, sew together two solid 4 $\frac{1}{2}$ " squares and two print 4 $\frac{1}{2}$ " squares in pairs. Press seams open. Join pairs to make a large Four-Patch unit. Press seams open.

The large Four-Patch unit should be 8 $\frac{1}{2}$ " square including seam allowances. Repeat to make a matching large Four-Patch unit.

2. Repeat Step 1 to make 30 large Four-Patch units total (15 sets of two matching units).
3. Centering the seam lines, trim a large Four-Patch unit to 6 $\frac{1}{2}$ " square, including seam allowances, to make a small Four-Patch unit. Repeat with one Four-Patch unit from each set to make 15 total small Four-Patch units.

Prepare Appliqués

1. Lay fusible web, paper side up, over Appliqué Pattern. Use a pencil to trace pattern, including centerline, 60 times, leaving $\frac{1}{2}$ " between tracings.
2. Cut out each fusible-web shape roughly $\frac{1}{4}$ " outside traced lines. To reduce bulk, cut $\frac{1}{4}$ " away from traced lines on inside of each shape.
3. Referring to **Diagram 2**, position four fusible-web shapes on wrong side of a large Four-Patch unit; align centerline of each template with a seam line on Four-Patch unit. Following manufacturer's instructions, press fusible web shapes onto unit; let cool. Cut out fabric shapes on drawn lines. Peel off paper backings. Repeat with remaining large Four-Patch units for 15 sets of four appliqués total.

Appliqué Blocks

1. Position four appliqués atop a matching small Four-Patch unit, matching seam lines and raw edges. Fuse in place.
2. Using clear, monofilament thread in the needle, neutral thread in the bobbin, and a narrow zigzag stitch, machine-applique along curved edges and short, straight edges of each appliqué to make a Lover's Knot block (**Diagram 3**). The block should be 6 $\frac{1}{2}$ " square including seam allowances.
3. Repeat steps 1 and 2 to make 15 Lover's Knot blocks total.

Assemble Quilt Top

1. Referring to photo, sew together blocks in five horizontal rows. Press seams in one direction, alternating direction with each row.
2. Join rows to make quilt center. Press seams in one direction. The quilt center should be 18 $\frac{1}{2}$ ×30 $\frac{1}{2}$ " including seam allowances.
3. Sew long inner border strips to long edges of quilt center. Add short inner border strips to remaining edges. Press all seams toward inner border.
4. Sew long outer border strips to long edges of quilt center. Add short outer border strips to remaining edges to complete quilt top. Press all seams toward outer border.

Finish Quilt

1. Layer quilt top, batting, and backing; baste. Quilt as desired.
2. Bind with red floral binding strips.

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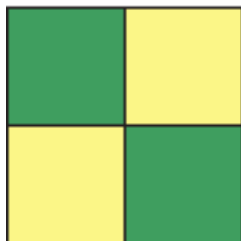


DIAGRAM 1

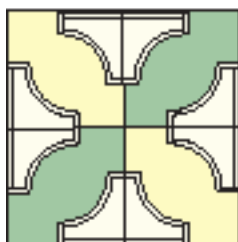
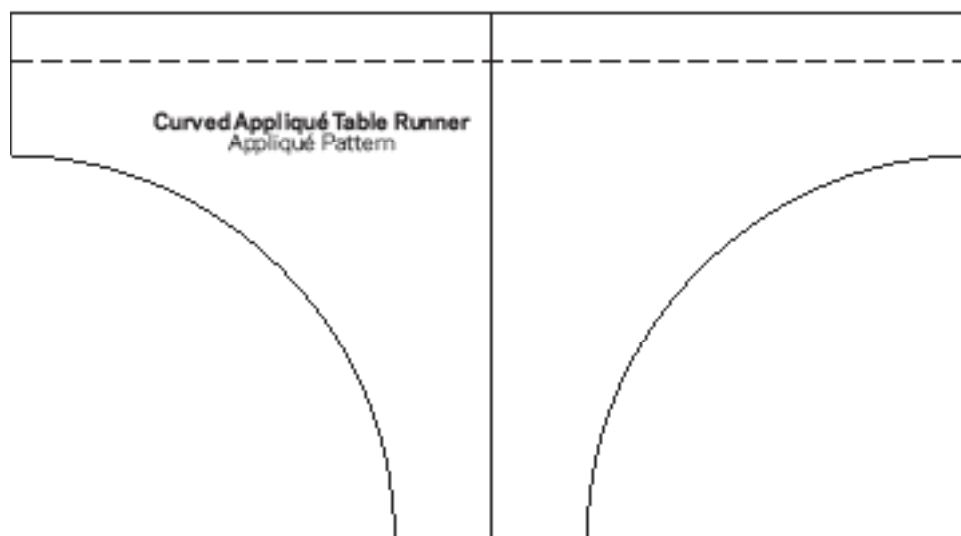


DIAGRAM 2

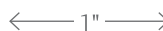


DIAGRAM 3

Project: Curved Appliqué Table Runner



This box should measure 1".



*** NOTE:**

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