

Project: Bold Sunburst Runner

INSPIRED BY: "SUNBURST TRIO" FROM EDYTA SITAR OF LAUNDRY BASKET QUILTS  
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Use a 3-D fabric-folding technique to make stunning Sunburst blocks with ease—and with perfect points. This table runner features the Fiesta collection from Blank Quilting.

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## Materials

- $\frac{2}{3}$  yard green print (petals in blocks)
- 3— $\frac{1}{8}$ -yard pieces assorted orange and red prints (points in blocks)
- $\frac{1}{2}$  yard black print (circle appliqués, binding)
- $\frac{3}{8}$  yard gold plaid (appliqué foundations)
- $\frac{5}{8}$  yard multicolor print (setting triangles)
- 1 $\frac{5}{8}$  yards backing fabric
- 24×58" batting
- Freezer paper
- Fabric glue stick

Finished table runner: 17 $\frac{1}{2}$ ×51 $\frac{1}{2}$ "

Finished block: 12" square

Quantities are for 44/45"-wide, 100% cotton fabrics.

Measurements include  $\frac{1}{4}$ " seam allowances. Sew with right sides together unless otherwise stated.

## Cut Fabrics

Cut pieces in the following order. Patterns are on page 5. Make templates of patterns A and B.

To use freezer paper for cutting Pattern C, complete the following steps.

1. Lay freezer paper, shiny side down, over Pattern C. Use a pencil to trace pattern three times. Cut out each freezer-paper circle on drawn line.
2. Place a dab of fabric glue on dull side of each freezer-paper circle, then place glue side down on wrong side of black print. Cut out fabric pieces, adding a scant  $\frac{1}{4}$ " seam allowance to all edges.
3. Using tip of a hot, dry iron, turn fabric seam allowance over edge of each freezer-paper circle and press taut against template. Clip seam allowance if necessary.

## From green print, cut:

- 96 of Pattern A

## From each orange or red print, cut:

- 16 of Pattern B

## From black print, cut:

- 4—2 $\frac{1}{2}$ ×42" binding strips
- 3 of Pattern C

## From gold plaid, cut:

- 3—12 $\frac{1}{2}$ " squares

## From multicolor print, cut:

- 1—18 $\frac{1}{4}$ " square, cutting it diagonally twice in an X for 4 setting triangles total

## Assemble Appliqués

1. To indicate the seam line on top arcs of A pieces, cut off seam allowance from top arc of Pattern A template, then use this to mark stitching line on half of the green print A pieces (Photo A).
2. Sew together a marked and an unmarked A piece around top arcs only, stitching on marked line. Trim seam allowances of arcs to  $\frac{1}{8}$ " (Photo B).
3. Turn joined A pieces right side out to make a petal (Photo C). Press, then trim the back A piece  $\frac{1}{4}$ " from bottom edge of arc (Photo D).
4. Repeat steps 1 through 3 to make 48 petals total.
5. Fold tip of each orange or red print B triangle  $\frac{1}{4}$ " to wrong side (Photo E). Fold each triangle in half lengthwise with wrong side inside; finger-press (Photo F).
6. Aligning raw right-hand edges, place a folded B triangle on right side of a petal. Bottom points of pieces should meet and B triangle tip will extend beyond top edge. Lay a second petal on top of first petal, sandwiching orange print piece inside (Photo G). Sew along edge through all layers to make a petal pair. From wrong side, finger-press seam open (Photo H).
7. With right side up, place a petal pair on ironing board. Align pressed center line of B triangle with center seam of petal pair (Photo I). (Don't worry that B triangle's lower edge will be more than  $\frac{1}{4}$ " from bottom edge of petals when pressed open—this will all be covered by a C circle appliqué.) Press with tip of iron, starting at open end of B triangle and stopping about 1" from tip. Finish pressing from wrong side to prevent B triangle from being flattened.
8. Repeat steps 6 and 7 to make and press 24 petal pairs total.
9. Lay out eight matching petal pairs in a circle. Join petal pairs to make quarter circles, adding a folded B triangle into seam as before. Sew together quarter circles into half circles, and join half circles to make a sunburst appliqué, adding a folded B triangle into each seam. Repeat to make three sunburst appliqués total.

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## Appliqué Blocks

1. With a glue stick, dab a small amount of glue on each petal tip of a sunburst appliqué. Position appliqué in center of a gold plaid  $12\frac{1}{2}$ " square and finger-press.
2. Center a black print C circle atop sunburst appliqué; glue or baste in place. Machine- or hand-stitch sunburst appliqué in place, starting with C circle.
3. Carefully cut a slit in gold plaid under C circle and remove freezer paper to complete a block. Lightly press from wrong side.
4. Repeat steps 1 through 3 to make three blocks total.

## Finish Table Runner

1. Sew together blocks and multicolor print setting triangles in diagonal rows (**Table Runner Assembly Diagram**). Press seams toward setting triangles.
2. Join rows to make table runner top; press seams in one direction.
3. Layer table runner top, batting, and backing; baste. Quilt as desired.
4. Bind with dark purple batik binding strips.

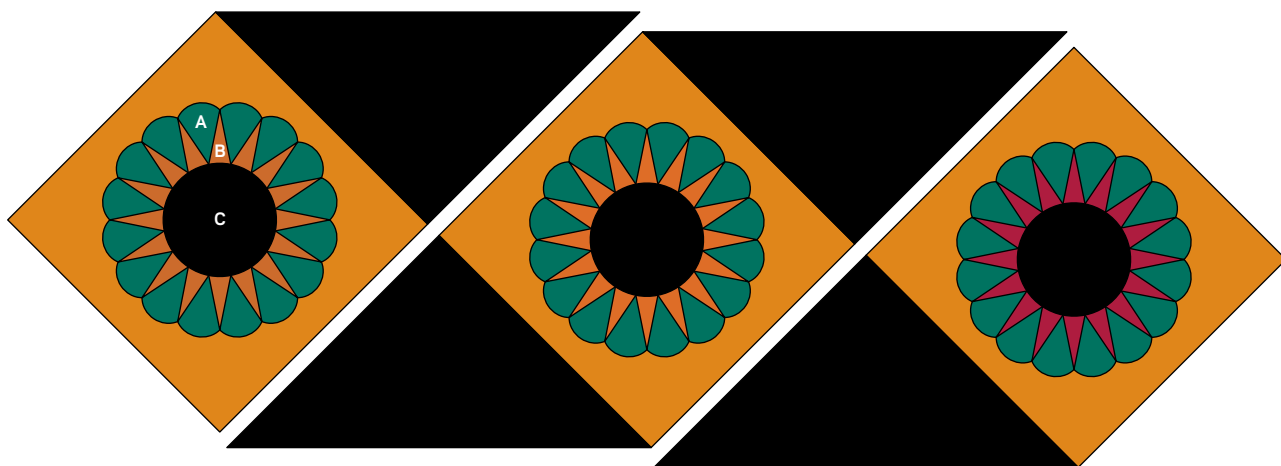


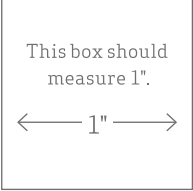
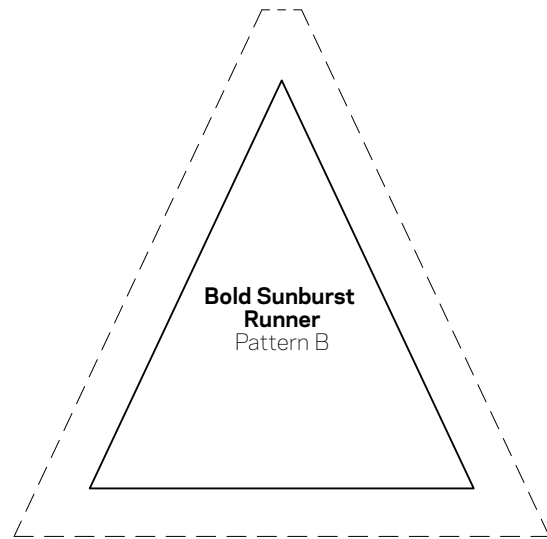
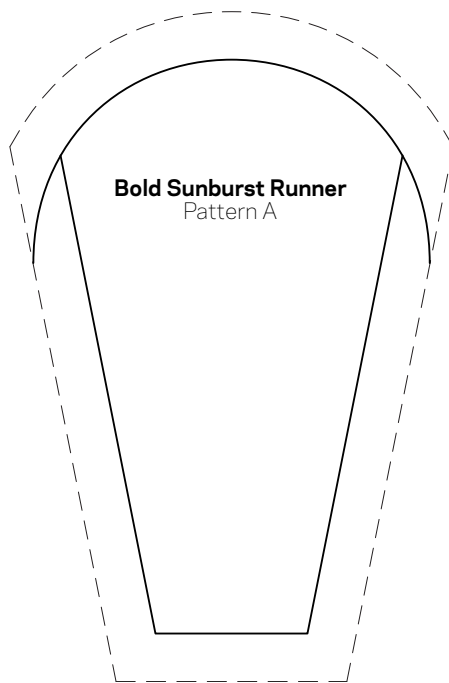
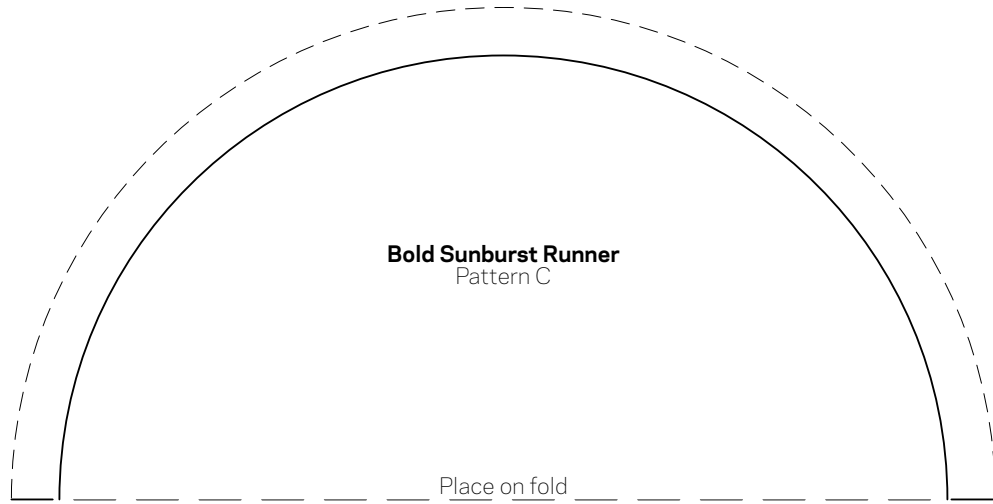
TABLE RUNNER ASSEMBLY DIAGRAM



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**\* NOTE:**

When printing downloadable pdf, set Page Scaling preference to NONE to print patterns at 100%. Do NOT "Shrink to Fit" or "Fit to Printable Area."