

Blast from the Past Sampler: Block 13

From *Keys to My Heart* by designer Susan Ache

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FINISHED BLOCK: 12" square

MATERIALS

Yardages and cutting instructions are based on 42" of usable fabric width.

- 9×21" piece (fat eighth) light print
- 18×21" piece (fat quarter) dark print
- 9×21" piece (fat eighth) medium print

CUT FABRICS

Cut pieces in the following order.

From light print, cut:

- 2-5½" squares
- 4-2¼" squares

From dark print, cut:

- 2-3½×10½" rectangles
- 1-4×4½" rectangle
- 2-2½×3" rectangles
- 2-2½" squares
- 4-1¼" squares

From medium print, cut:

- 2-1½×12½" strips
- 2-1½×10½" strips
- 2-2½×4½" rectangles

ASSEMBLE BLOCK

Measurements include ¼" seam allowances. Sew with right sides together unless otherwise stated.

Press seams in directions indicated by arrows on diagrams. If no direction is specified, press seam toward darker fabric.

1 Mark a diagonal line on wrong side of each light print 5½" and 2¼" square and each dark print 2½" and 1¼" square.

2 Referring to **Diagram 1**, align a marked light print 2¼" square with top right-hand corner of a dark print 2½×3" rectangle. Sew on drawn line; trim excess fabric, leaving ¼" seam allowance. Press attached triangle open to make a top segment. Repeat with remaining dark print 2½×3" rectangle, stitching square to top left-hand corner, to make a mirror-image top segment (**Diagram 2**).

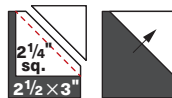


Diagram 1



Diagram 2

3 Referring to **Diagram 3**, join top segments to make a top unit. The unit should be 4½×3" including seam allowances.

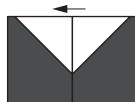


Diagram 3

4 Referring to **Diagram 4** for direction of marked lines, align marked dark print 1¼" squares with top corners of a medium print 2½×4½" rectangle and a marked dark print 2½" square with bottom corners of same rectangle. Stitch, trim, and press squares as before to make a heart segment. Repeat with remaining medium print 2½×4½" rectangle, reversing the seam direction of the 2½" square, to make a mirror-image heart segment (**Diagram 5**).

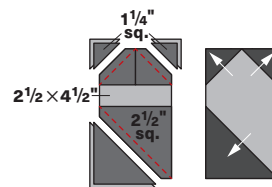


Diagram 4



Diagram 5

5 Referring to **Diagram 6**, join heart segments to make a heart unit. The unit should be 4½" square including seam allowances.

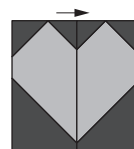


Diagram 6



6 Sew together top unit, heart unit, and dark print $4 \times 4\frac{1}{2}$ " rectangle in a row (**Diagram 7**). The row should be $4\frac{1}{2} \times 10\frac{1}{2}$ " including seam allowances. Add dark print $3\frac{1}{2} \times 10\frac{1}{2}$ " rectangles.

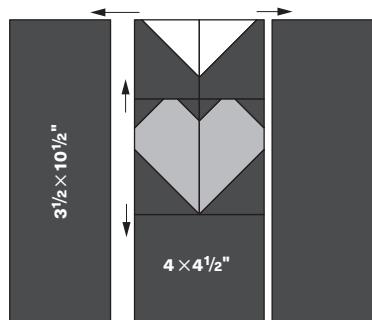


Diagram 7

7 Align remaining marked light print $2\frac{1}{4}$ " squares with top corners of Step 6 unit; stitch, trim, and press as before. In same manner, add marked light print $5\frac{1}{2}$ " squares to bottom corners to make block center (**Diagram 8**). The block center should be $10\frac{1}{2}$ " square including seam allowances.

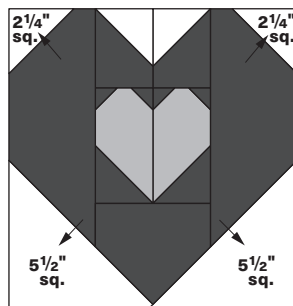


Diagram 8

8 Referring to **Diagram 9**, join medium print $1\frac{1}{2} \times 10\frac{1}{2}$ " strips to opposite edges of block center. Add medium print $1\frac{1}{2} \times 12\frac{1}{2}$ " strips to remaining edges to make block. The block should be $12\frac{1}{2}$ " square including seam allowances.

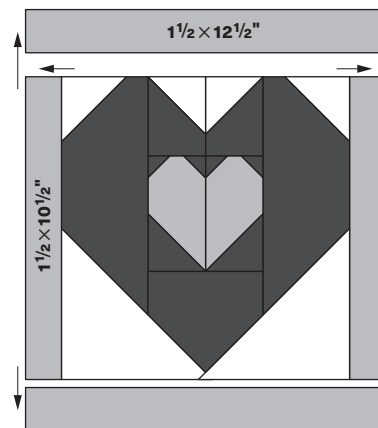
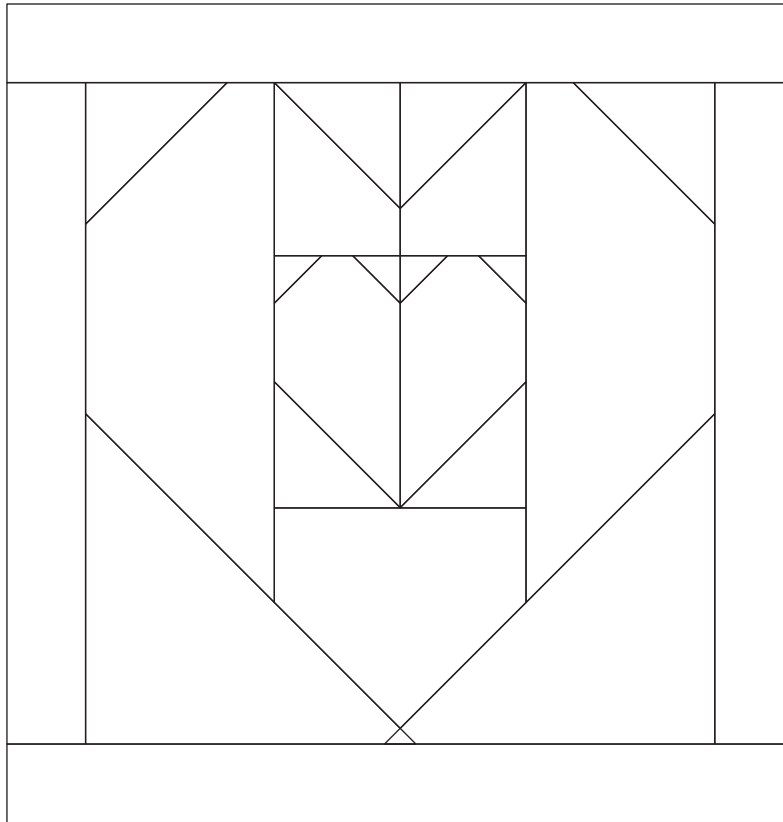
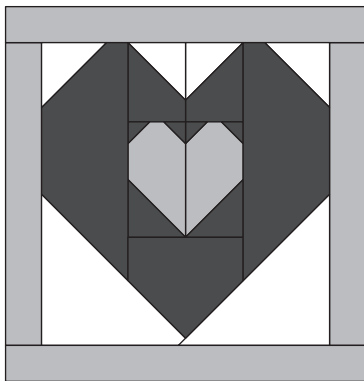


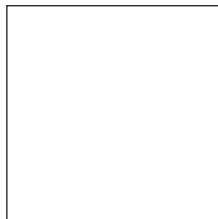
Diagram 9



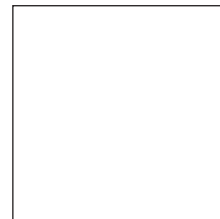
Coloring Diagram



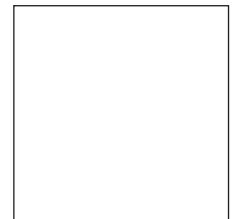
Use the Coloring Diagram, *top*, to plan your version of the original block, *above*. Audition fabric swatches using the squares, *right*.



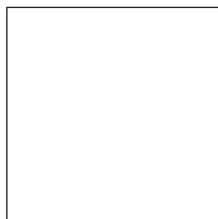
Swatch



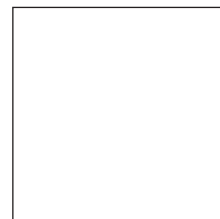
Swatch



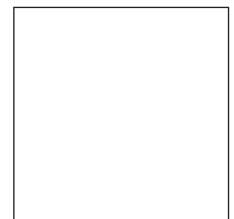
Swatch



Swatch



Swatch



Swatch