

**PROJECT: Peppermint Pillow**  
Piece a sweet pillow to display during the holidays.

**INSPIRED BY:** *Peppermint Party* from designer Heather Briggs of  
My Sew Quilty Life ([mysewquiltylife.com](http://mysewquiltylife.com))

**PROJECT TESTER:** Diane Tomlinson



**FABRICS** are from the Winter Wonder collection by Heather Peterson for Riley Blake Designs ([rileyblakedesigns.com](http://rileyblakedesigns.com)).

## PILLOW

Finished size: 16" square  
Finished block: 12" square

## MATERIALS

Yardages and cutting instructions are based on 42" of usable fabric width.

- 9×21" piece (fat eighth) each red print and white print (block)
- 2/3 yards brown print (block, border, pillow back)
- 16 1/2"-square batting
- 16 1/2"-square muslin
- 16"-square pillow form

## CUT FABRICS

Cut pieces in the following order.

### From red print, cut:

- 2—5" squares
- 4—1 1/2×2 1/2" rectangles
- 4—1 1/2" squares

### From brown print, cut:

- 2—10 3/4×16 1/2" rectangles
- 2—2 1/2×16 1/2" rectangles
- 2—2 1/2×12 1/2" rectangles
- 2—2 1/2×9 1/2" rectangles
- 2—2 1/2×7 1/2" rectangles
- 4—2 1/2" squares
- 2—1 1/2×2 1/2" rectangles
- 6—1 1/2" squares

### From white print, cut:

- 2—5" squares

## ASSEMBLE PILLOW TOP

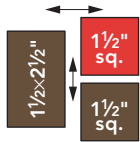
- 1) Sew together a red print 1 1/2" square and a brown print 1 1/2" square (**Diagram 1**). Add a brown print 1 1/2×2 1/2" rectangle to left-hand edge to make Unit A. The unit should be 2 1/2" square including seam allowances. Repeat to make two A units total.

- 2) Use a pencil to mark a diagonal line on wrong side of each white print 5" square, remaining brown print 1 1/2" squares, and remaining red print 1 1/2" squares.
- 3) Referring to **Diagram 2**, layer a marked white print 5" square atop a red print 5" square. Sew together with two seams, stitching 1/4" on each side of drawn line. Cut pair apart on drawn line. Press open to make two triangle-squares. Trim each triangle-square to 4 1/2" square including seam allowances. Repeat to make four triangle-squares total.
- 4) Sew together triangle-squares in pairs (**Diagram 3**). Join pairs to make a Pinwheel Unit. The unit should be 8 1/2" square including seam allowances.
- 5) Referring to **Diagram 4**, align brown print 2 1/2" squares in top left-hand and bottom right-hand corners of Pinwheel Unit. Noting orientation of red print squares, align A units in remaining Pinwheel Unit corners. Mark a diagonal line on each brown print square and A unit. Sew on drawn lines. Trim seam allowances to 1/4". Press open attached corners to make a Peppermint Unit. The unit still should be 8 1/2" square including seam allowances.
- 6) Align a marked brown print 1 1/2" square with one end of a red print 1 1/2×2 1/2" rectangle (**Diagram 5**; note direction of drawn line). Stitch, trim, and press as before to make Unit B. The unit still should be 1 1/2×2 1/2" including seam allowances. Repeat to make a second B unit.
- 7) Reversing direction of drawn line, repeat Step 6 to make two C units (**Diagram 5**).
- 8) Align a marked red print 1 1/2" square with one corner of a remaining brown print 2 1/2" square (**Diagram 6**). Stitch, trim, and press to make Unit D. Repeat to make a second D unit.
- 9) Sew together one Unit B and one brown print 2 1/2×7 1/2" rectangle to make a Side Unit (**Diagram 7**). The unit should be 2 1/2×8 1/2" including seam allowances. Repeat to make a second Side Unit.
- 10) Sew together one brown print 2 1/2×9 1/2" rectangle, one Unit C, and one Unit D to make a Top/Bottom Unit (**Diagram 8**). The unit should be 2 1/2×12 1/2" including seam allowances. Repeat to make a second Top/Bottom Unit.
- 11) Lay out Side Units, Top/Bottom Units, and Peppermint Unit in three rows (**Diagram 9**). Sew together pieces in middle row. Join rows to make a block. The block should be 12 1/2" square including seam allowances.
- 12) Referring to **Pillow Top Assembly Diagram**, sew brown print 2 1/2×12 1/2" rectangles to opposite edges of block. Sew brown print 2 1/2×16 1/2" rectangles to remaining edges to make pillow top. The pillow top should be 16 1/2" square including seam allowances.

## FINISH PILLOW

- 1) Place pillow top right side up; top with batting and muslin squares. Quilt as desired.
- 2) Turn one long edge of each brown print 10 3/4×16 1/2" rectangle under 1/4"; press. Turn same edges under 1/4" again; stitch in place to hem. Each hemmed rectangle should be 10 1/4×16 1/2" including seam allowances.

- 3) Referring to **Pillow Back Assembly Diagram**, overlap hemmed rectangle edges by 4" to make a 16½" square. Stitch across overlapped edges to make pillow back.
- 4) Layer pillow top and pillow back with right sides together. Stitch ¼" from edges to make pillow cover. Turn right side out through opening in pillow back; press.
- 5) Insert pillow form through opening to complete pillow.



Unit A

DIAGRAM 1

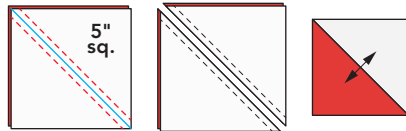


DIAGRAM 2

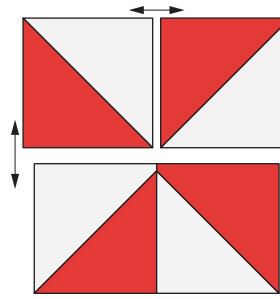


DIAGRAM 3

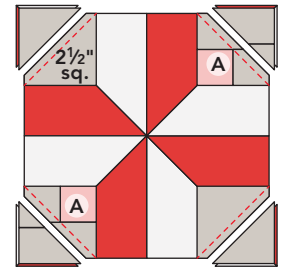
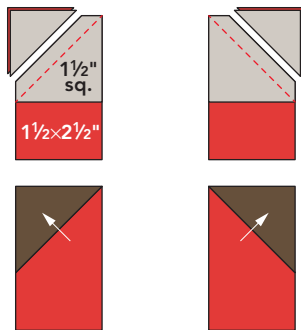


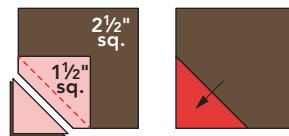
DIAGRAM 4



Unit B

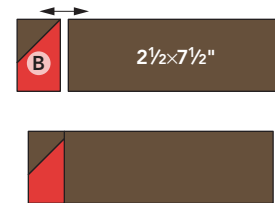
Unit C

DIAGRAM 5



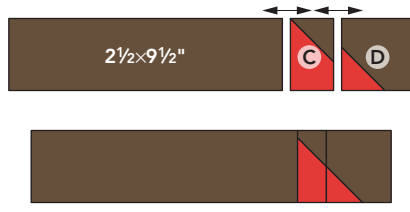
Unit D

DIAGRAM 6



Side Unit

DIAGRAM 7



Top/Bottom Unit

DIAGRAM 8

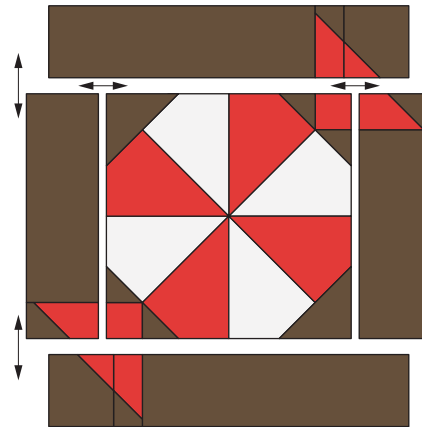
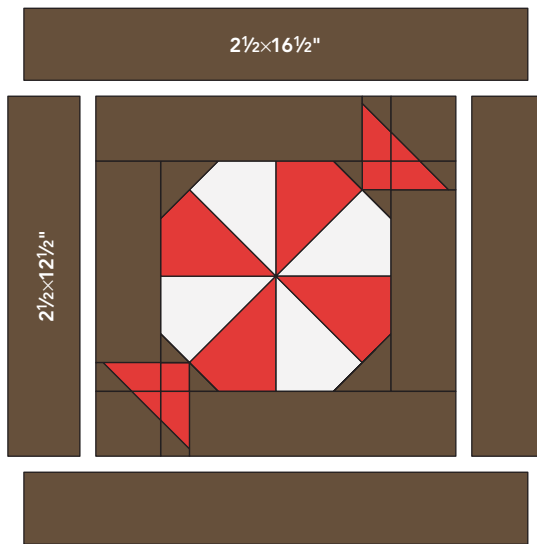
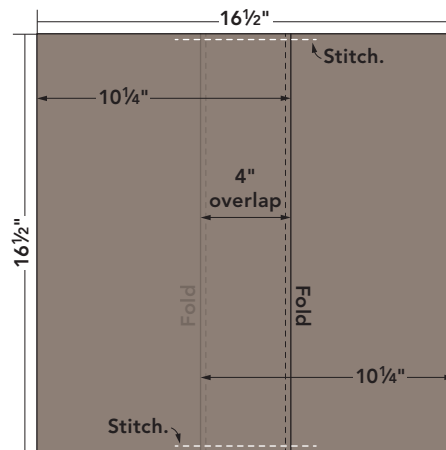


DIAGRAM 9



PILLOW TOP ASSEMBLY DIAGRAM



PILLOW BACK ASSEMBLY DIAGRAM