

Project: Merry and Bright Napkins

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Whether you want to whip up a last-minute gift or adorn your own kitchen for the holidays, it's hard to choose a favorite to stitch from among these versatile embroidery designs. These motifs would look equally at home embellishing tea towels or stockings. For an even faster finish, trace the stitches with a marker to decorate holiday note cards or place cards.

Project: Merry and Bright Napkins

Materials for One Napkin

- 12"-square linen napkin
- Embroidery floss: red
- Embroidery needle
- Red fine-tip permanent marking pen

Finished embroidery designs: 3" square to 4½" square

Trace Design

Embroidery patterns are on pages 3-4.

1. Choose an embroidery pattern and decide where on the napkin you want to position it. Consider placing designs in one corner, all four corners, or centered along a napkin edge.
2. Tape chosen embroidery pattern to a light box or sunny window. Position a napkin right side up over the pattern; tape in place. Trace the pattern onto napkin with a red fine-tip marking pen.

Embroider Napkin

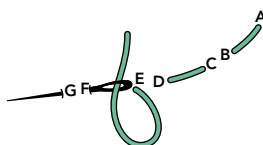
Use two strands of embroidery floss for all stitches.

1. Embroider the outline of the design with a backstitch. To backstitch, pull needle up at A (see diagram below). Insert it back into fabric at B, and bring it up at C. Continue in same manner.



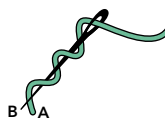
BACKSTITCH DIAGRAM

2. If desired, add a border of running stitches just inside the hem. To make a running stitch, pull needle up at A and insert back into fabric at B. Continue in same manner, loading several stitches on needle at a time. Leave about a stitch width between each stitch.



RUNNING STITCH DIAGRAM

3. Add French knots to the snowman and "Believe" designs. To make a French knot, bring the needle up at A. Wrap the floss around the needle twice without twisting it. Insert the needle into the fabric at B, ¼" away from A. Gently push the wraps down the needle to meet the fabric, then pull the needle and floss through the fabric slowly and smoothly.



FRENCH KNOT DIAGRAM

4. Press the napkin from the wrong side when the embroidery is complete.

Dear
Santa—



Eat,
Drink &
Be Merry

HO HO HO
HO HO HO

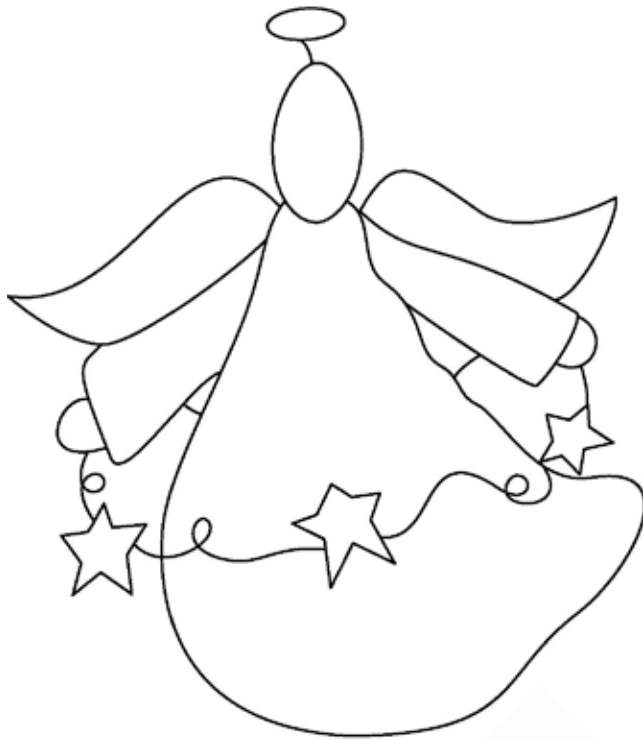
Merry
Christmas

This box should
measure 1".

← 1" →

*** NOTE:**

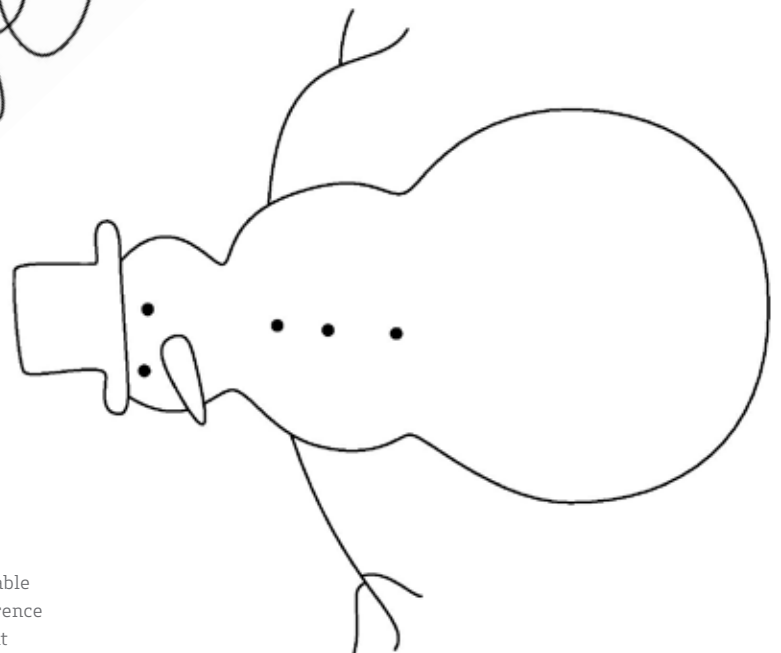
When printing a downloadable pdf, set Page Scaling preference to NONE to print patterns at 100%. Do NOT "Shrink to Fit" or "Fit to Printable Area."



Jingle
Bells

Comfort
& Joy

Believe



This box should
measure 1".

← 1" →

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