

THE PREP

November 24th - 25th, 2022 Shopping List

Pantry Staples

- Extra-virgin olive oil
- Canola oil
- Canola or olive oil cooking spray
- Salt
- Kosher salt
- Ground pepper
- Whole black peppercorns
- Dried thyme
- Ground cinnamon
- Cider vinegar
- Worcestershire sauce
- Dry sherry
- Cornstarch
- All-purpose flour
- Whole-wheat flour
- Light brown sugar

Grocery

- 2 (32-oz.) containers low-sodium chicken broth
- 1 (8-oz.) package instant wild rice
- 1 pound rustic multigrain bread
- 1 (16-oz.) package rolled oats
- 1 (12-oz.) package dried cranberries
- 1 (6-oz.) package chopped walnuts
- 1 (750-mL) bottle red wine

Produce

- 2 ½ pounds green beans
- 16 ounces sliced mushrooms
- 6 medium stalks celery
- 5 large carrots
- 1 small shallot
- 3 medium white onions
- 4 large yellow onions
- 1 head garlic
- 1 bunch fresh parsley
- 1 bunch fresh rosemary
- 1 bunch fresh thyme
- 1 bunch fresh sage
- 2 lemons
- 10 medium red apples
- 2 pounds Yukon Gold potatoes

Dairy, Milk & Eggs

- 1 pint reduced-fat sour cream
- ½ pint buttermilk
- 1 stick unsalted butter

Meat, Poultry & Seafood

- 12 ounces shredded cooked chicken or turkey (or use Thanksgiving leftovers)
- 1 (10- to 12-lb.) turkey
- 5 pounds turkey pieces, such as necks, wings, bone-in drumsticks and/or thighs