

# THE PREP

## Christmas Day, 2022 Shopping List

### Pantry Staples

- Salt
- Black pepper
- Vegetable oil
- Extra-virgin olive oil
- Canola oil
- White balsamic vinegar
- Horseradish
- Dijon mustard
- Brown sugar
- Ground cinnamon
- Ground ginger

### Grocery

- 1 (15-oz.) can low-sodium chicken broth
- 1 (10-oz.) package raisins
- 1 (15-oz.) can pumpkin puree
- 1 (16-oz.) package gingersnap cookies
- 1 (1.8-oz.) container whole nutmeg

### Produce

- 2 large shallots
- 1 bunch fresh rosemary
- 1 bunch fresh thyme
- 1 head garlic
- 1 lemon
- 2 pounds Yukon Gold potatoes
- 1 pound Brussels sprouts
- 1 pomegranate or 1 (4-oz.) container pomegranate arils (seeds)

### Dairy, Milk & Eggs

- 1 stick unsalted butter
- 1 (8-oz.) container non-fat plain Greek yogurt
- 1 (4-oz.) container crumbled goat cheese
- 2 pints low-fat vanilla ice cream

### Meat, Poultry & Seafood

- 3 pounds boneless beef eye of round roast

